



President's Report

Welcome to July – our first really cold month for winter in the normally sunny Redlands. I hope everyone is enjoying a break for the mid-year and perhaps some are lucky enough to be travelling somewhere that is a little warmer.

We have had some very generous donations in these past few weeks – one member has donated enough to enable us to order the blinds and curtains that will hopefully soften the look and sound in our cottage. We are very grateful for this lady's generosity who chooses to remain anonymous – but we thank you and hope you get to see the results of your kindness soon.

Some months ago, when I was quite new to this role, we were given a lovely print of fairy wrens on a farm gate, painted by the late brother of one of our members. When this lady gave me the piece she offered it as a prize at any time we are running a raffle. Sadly, I did not take this lady's name, and I really wanted to make contact to find out more about the artist. Currently the print is hanging in our larger training room along with two beautiful pieces of quilting done by our members. So, if you are the generous soul who gave me that print could you please make contact and I can get some more information on the artist.



We have had more gallery hanging rails installed so there are some spaces if any of our artists would like to display their work we would love to add to the décor of the cottage. You are free to put prices on your work if you want to sell or simply display for the joy of it, and anyone displaying is welcome to change out their work whenever they want.

Thank you to everyone who volunteered to help at our Bunnings fundraiser barbecue in early June. I know it is often physically a big job for the cooks and the servers, the setting up and the cleaning up. Yvonne Medhurst who organizes these events works very hard to ensure they are successful and run in accordance with Bunnings requirements – we are very happy to be raising funds this way a few times each year. We had one member who doesn't love Sausage Sizzles but was happy to make a donation in lieu of volunteering. She pointed out that when her children were at school it was her habit to donate rather than attend as often the donation was more than the profit her participation might yield! So, another thank you!

Please don't forget **Bendigo Bank Tokens of Appreciation Program** in the Community Bank Victoria Point branch of Bendigo Bank – 127 Colburn Avenue, Victoria Point. Every person entering the branch until Monday 31 August can take a 'token' that is on the shelf. near the token jars and place it in the U3A Redlands jar to help us claim a share of the \$10,000 on offer to be shared amongst five volunteer organisations.

I mentioned in the June Newsletter a membership program called Member Wizard that U3A Redlands is investigating. We will need to move from our current MyU3A system as we know it will not be available beyond next year.

Office closed for school holidays. Re-opens on Monday, 13 July.

A membership system is a very important tool that keeps records of members and their history with U3A Redlands, of the classes we run, and the information it can feed into our website for current and prospective members. We will continue to investigate this product and over the coming months we will be sending more information to Tutors and Coordinators and Office Volunteers who are the main users of the system.

A final thanks to those kind people who have donated some lovely big pots to put plants on the deck under the shade sails. Hopefully we can buy some garden furniture in the near future, and we can all enjoy some time in this outdoor space.

Liz Sanderson

Writing for Pleasure



The Pen is mightier than the Sword...

Well, we are in the clutches of winter now. Pat Cleminson shares a memoir from a bygone winter. Don't try this at home.....

Stuart lights a fire.

On a cold winter's day, there's nothing like a wood-burning, slow combustion room heater for comfort: the faint smell of burning eucalyptus-wood and the all-embracing warmth... Aahh!

Loretta took the hot tureen of fragrant soup from the kitchen into the living room and placed it on the table.

Stuart said, "Cold in here. I'll light the fire."

They turned to the combustion heater: empty but for traces of last year's ash. Loretta said nothing but she fretted about the cooling soup. Getting some heat would take half an hour, fussing with paper and kindling. She looked about for fire starters.

Imagine her surprise as Stuart piled brick-thick chunks of log into the firebox, then disappeared to the garage.

He was soon back, carrying a BBQ gas cylinder and a blowtorch.

Click Click whoomph.

In no time he had those logs glowing with a fine heat and the room warming nicely.

Now, that's a firestarter!





Life Matters

always interesting - always worthwhile

PROGRAM FOR TERM 3, 2026

Mondays 9.00 for 9.30 am

- Jul 13 ***Snippets From A Baby Boomer's Diary*** Dr Jim LERGESSNER
Introduced by Col SUTCLIFFE OAM
This is a romp down memory lane for everyone: aspects of the presentation are hilarious, educational of our senior generations, and, with signposts of mirth and interest in our various lives.
- Jul 20 ***Telepathy – Our Lost Sense*** Dr Dianne Cartwright
Introduced by Gail SCHURER
Ever wondered about how some of us seem to be able to communicate with others by sending or receiving a 'thought message'?
Many people have telepathic abilities but there has been great misunderstanding in the past of this form of extra sensory perception, leading to the loss of this sense from our human repertoire.
Come along and hear about Dr Cartwright's investigations into this fascinating sense and how modern neuroscience is revealing much about it.
- Jul 27 ***STAR Tech*** Darryl McConochie
Introduced by Col SUTCLIFFE OAM
Darryl is the lead tutor of STAR Tech, a technology training program for Seniors, run by STAR Community Services. Darryl will discuss how the program has supported hundreds of Seniors to become confident in using basic digital skills for improved independence, and how the program can be accessed by Redlands Seniors. Darryl will also discuss top online safety tips to avoid digital scams.
- Aug 03 ***The Queensland Council for Civil Liberties*** Michael COPE
Introduced by Liz JEFFS
President Michael will tell us about the purpose / mission of the QCCL ... when formed and why it was formed over 60 years ago during anti-Vietnam War protests. He will also share some interesting cases /changes that the QCCL have been involved in and current issues relative to the over 60 age group.
- Aug 10 **Ekka Public Holiday Redlands Coast NO Life Matters**

**U3A Redlands District Life Matters is held in the
Events Room, Redlands Coast Museum, Smith Street,
Cleveland.
Come along and bring your friends, family and neighbours
to be challenged, informed, entertained and enlightened
by a range of Guest Speakers and Presentations.
... cost \$6.00 per session ...**



Armchair Travel And Tourism

Hello again Armchair Travellers!
Welcome to another month of comfortably exploring this wonderful world which we have been journeying for half the year already.

Thank you to Catherine Bishop in June for taking us on the return of her road trip from Alice Springs to Uluru, up to Litchfield National Park, across the Gulf of Carpentaria and down the East Coast of Australia.

In July, Dave Paul continued his presentation of his Swiss trip, with travels to Austria and Germany including Bavaria.

In August I will be showing a Photographic African Safari to Kenya, Tanzania and Zambia.



Thank you Denise Kolcze for filling in for Anne, who is back, to welcome and greet you at the door. Marj and Jamie are there to provide a cuppa and a chat afterwards.

Thanks to all attendees and helpers who participate as we enjoy the travels together and the socialising afterwards.

Where: Uniting Church Hall
Passage St Cleveland

When: First Thursday of the month, commencing at 9:30

Contact: John Kolcze
0427 244 301

Cost: \$5

Bank Details for Making a Donation

BSB 124025

Acc # 23387501

Payments can be made by:-

Direct Deposit to U3A Redlands.

(State your name on payment for our reference.)

Cheque made payable to: U3A Redlands Building Fund

History Through the Ages

DNA, Pillboxes, Cats & Communists

Some classes are jam-packed in History Through the Ages.

The other day we had three presenters speak on three diverse topics.



Jean Smart gave an account of the thousands of 16th century Martello Towers and the 20th century military pillbox installations that survive dotted along the UK coast.

Ian Lynch described the pleasures and perils of family history DNA findings.



Pam Holley spoke about the Amethyst Incident in China in 1949 in which a British Royal Navy gunboat was shelled by Chinese forces in the Yangtze River, disabling it and resulting in it being stranded in the river for three months. The hero of the hour was Simon, the ship's cat, who was awarded the Dickin Medal and the rank of Able Seaman for his bravery (while injured) during the incident. Lively discussion and laughter followed the talks.



Ed



Keyboard Player Wanted



The **Redlands U3A Singers** are looking for a keyboard player to join their group of happy singers.

They meet at the U3A Cottage on Saturdays from 9.30 to 11.30am, and will occasionally perform at other venues.

Please call Russell on **0435 266 309**.

Note:- The only requirement is to play the keyboard as an accompaniment, not as an instructor.



Drawing for Beginners

Jorgen de Voss is a multiskilled artisan with fifty years of experience in the creative sphere, especially as a talented silversmith.

Jorgen believes that drawing skills form a sound basis for any visual art medium, and that the basis for drawing is seeing.

We're fortunate to have Jorgen offer a 10-week beginner level drawing class in Term 3. It will be held at the U3A building on Tuesday afternoons from 1 pm to 3pm, commencing on 14 July. The class is open to 10 members.

Enquiries can be directed to Jorgen at Silversmith13@gmail.com

Enroll Now



Enroll Now

History and the Bible Series

This series: **"Political and Religious Ideologies and the Bible"**

When: Tuesdays, 21 July to 8 September (8 lessons), 1.00-2.00pm

Venue: Capalaba Library (Art Space Meeting Room)

Enquiries: Rob Kitzelman (Tutor),
0499 114 291



John and Pam Tranter, long-standing U3A members and tutors, celebrated their 90th and 80th Birthday respectively, in April, 2026, with family.



Milestone Birthdays

In U3A, we encourage members to stay active and engaged in their senior years. We'd like to celebrate all those who have continued to engage and learn into their 10th decade. If you or someone in your group is celebrating a birthday in the 90s, we'd love to acknowledge them. Send in a photo with the group and a few words.

Staying Connected Across Distance

Help us explore how to stay connected with your grandchildren

(Ethics approved from QUT: 11017)



-Who can take part?

We are looking for **grandparents** (60 +) with grandchildren (aged 3 to 8) who live in **different time zones** from their grandchildren

-What's involved?

- A **three-week online diary study**, during which you need to **spend 5-10 minutes a day** filling out our diary form
- A **short online interview** lasting **10-20 minutes** once a week

-What's in it for you?

As a thank you, participants will receive a **Visa gift card valued at AUD \$30**

-Our research team:

From QUT:

Prof. Alethea Blackler
A/Prof. Bernd Ploderer
Dr. Jane Turner
Dr. Nicole Vickery
Dr. Yuehao Wang
Mr. Zhengjun Zhou
Miss. Sajini Lankadari
Mrs. Beheshteh Atrian
Miss. Zoe Jiang

From RMIT:

Prof. Linda Knight

From YU:

A/Prof. Shital Desai



Scan to visit our project website
and to know more information

-What are the risk:

Participation involves minimal risk. All data will be anonymised.

-How to take part:

Please contact us by email at:
zhengjun.zhou@hdr.qut.edu.au



Spotlight

on

Petanque is a bowling game played with metal balls (boules) and a jack (coche).

The beauty of petanque is that it can be played almost anywhere you have a flat soft surface such as grass, gravel or sand.

The name Pétanque comes from the French words "la petanca" for "feet together". The jack and balls are tossed with both feet kept firmly inside a throwing circle with a diameter of 50cm.

The game of Petanque is played between two teams of 1-3 players. Each player uses three boules: in triples two boules only per player. The game begins by tossing a coin to decide who should have the right to place the small ball, the "but" or "jack". When all the boules have been played, points are scored by the team who has the boules nearest to the "jack". The game continues until one team has reached 13 points.

If you are looking for a mild form of exercise in the outdoors, then this group is for you. Being a sociable group they will make you feel very welcome upon joining.

Where: Mooroondu Rd, Thorneside (behind the Community Hall)

When: 2nd and 4th Tuesday of month 9:30 to 11:30.

Contact: Karilyn Beiers 0402 016 331



U3A Redlands District Inc. 2026 Management Committee

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