



President's Report



University of the Third Age is all about learning new skills, making new friends, and keeping in touch with old friends, in activities we enjoy. Having a class to attend on a regular schedule gives us purpose and has well-recognized positive health benefits. Of course, none of this happens without the efforts of volunteers, our tutors who give their time and experience so classes can be held, and those people in our cohort who come into the Cottage office just to ensure that memberships are up to date, that phone enquiries are answered, and that the many other tasks of running our U3A organisation are attended to – these are our office volunteers. So, a big cheer for our tutors and office volunteers!

Another avenue of volunteering for U3A Redlands is assisting in one of our fundraising ventures – and fundraising helps to pay the bills. The aim is to keep our membership fees as low as we can for as long as we can and remain financially healthy. So, imagine if 1000 of our members gave just two or three hours per year to help at an event, how many fundraising events we could hold – the calculation is way too complicated for me, but I can see we could be having a lot of events to raise lots of bill paying dollars. The point of all this of course is to beg for more volunteers to give those two to three hours in 2026!

Yvonne Medhurst, our U3A Committee's Events Coordinator, needs volunteers for upcoming events. Some events are planned and dated (see below) and there are more in the pipeline for later in the year. If you can spare two to three hours at any event, it would be a great help – and you might have fun along the way.

Contact Yvonne on yvonnemedhust@gmail.com to help with these:

EVENT	DATE	TIME	VENUE	ROLES
U3A Redlands Performance Groups Variety Concert	Thursday May 21	9.00am to 1.00pm	Thorneside Community Hall	Door /entry tickets X 2 Raffle tickets sales X 2 Tea service and wash up X 4
Bunnings Sausage Sizzle	Saturday June 6	3 teams of volunteers needed for 3 hours each – 7.00 to 10.00 10.00 to 1.00 1.00 to 4.00	Bunnings Victoria Point	Sausage cook X 3 Customer service X 6

Each year it is a Cleveland District High School tradition to invite a U3A member as a guest to their Anzac Day Service. We have had more than two decades of generous support from the school and as a small token of our appreciation we donate a book to their library. Elaine Tilson, our new Office Administrator, was U3A Redlands representative at the Service where she donated a book on Anzac Engineers to their library. The added bonus for her was that her daughter was singing at the school as part of the service.

A few more new features will soon become obvious at the Cottage and thanks go to Tony Maher who organizes the range of ongoing tasks that need to be completed. We will have security screens installed in the coming weeks and we hope there is money left to put up the window coverings that might soften the noise in our lovely new rooms and add a little warmth to the atmosphere. I think our summer is over so we look forward to those crisp mornings and cooler days with some sun on the deck of our Cottage which might just be a nice place to gather for a social morning tea!

Liz Sanderson

U3A Redlands Performance Group

Variety Show

Thorneside Community Hall
Thursday May 21st
Tickets - \$15 includes morning tea.

Bookings Phone U3A Redlands Office on 3821 3888

Join us for a fabulous morning of entertainment!



Raffles drawn at the concert!

Bookings:
Phone U3A Redlands Office on 3821 3888

You are invited to our U3A Variety Show on 21st May!

Join us for a fabulous morning of entertainment, starting at 10am with a scrumptious morning tea followed by a variety of musical performances!

Act 1 - The Starlight Dancers (Jazz and Tap): Sea Shanty Singers (Three Sheets in the Wind) and U3A Redlands Singers.

Act 2 - The Redlands Theatre Group presents "Woodenbong Café" set in the sleepy town of Woodenbong in the 70s during a race for Mayor!

WIN A PRIZE – Raffles will be drawn during the concert!

Venue: Thorneside Community Hall - Thursday May 21st from 10am -12:30pm

Tickets: \$15 which includes morning tea.

Bookings: Phone U3A Redlands Office on 3821 3888



Sea Shanty Singers



Welcome Elaine

Following several interviews of applicants for the position of Office Administrator, Elaine Tilson will be the new face of Redlands U3A Office situated in The Cottage, Delancey Street, Cleveland.

Elaine has worked in Australia and the UK, with project experience in Tanzania, Zanzibar, and the Philippines. She has owned her own communication consultancy in both Australia and the UK, and recently moved permanently back to Australia.

Elaine's qualifications include a Business Degree, a Diploma in Geoscience, and a Master's degree in Childhood and Youth Studies. She taught at UQ and QUT in Australia, and the University of Chester in the UK, and volunteered extensively in many organisations.

Now settled in Australia, she is looking forward to supporting and working with all the members and volunteers who participate in U3A Redlands.

You will find Elaine to be a very approachable Office Administrator and we wish her every success.

Remember office hours are from 9:00am to 12 noon during school terms.



It would be greatly appreciated if all articles for the Redlands U3A Newsletter are sent to lurline.s13@gmail.com.

Ed



Plant Lovers' Group

It was a perfect autumn day for an excursion to the Sherwood Arboretum. A small group of Plant Lovers travelled by car to explore the heritage gardens which has over 1100 specimen trees, some of which are rare and endangered.

A stroll with discussion through the open eucalypt forest, wet and dry rainforests, and other areas was relaxing, enjoyable and a great learning opportunity.

For more information contact:

bruceg.hawk@gmail.com

Bruce and Caroline

Rainforest Walk

Sherwood Arboretum



Mother's Day

in Australia is celebrated annually on the **second Sunday of May** to honour mothers,

grandmothers, and

maternal figures. In 2026, it falls on Sunday, May 10th. It is a widely celebrated, significant day involving gifts, family gatherings, breakfast in bed, and events like the Mother's Day Classic in Brisbane which raises funds for breast and ovarium cancer research.

The first Australian Mother's Day was held in 1924, initiated by Sydney housewife Janet Heyden to honour mothers and mother figures.

To all mothers, have a wonderful day.



Sport and Talk

Redland City Council invites you to a free and new 4-week low impact walking sports program designed for older adults.

Enjoy a fun and gentle introduction to walking basketball, walking soccer and walking softball. No experience needed - just comfortable shoes and a willingness to give it a go!

Even though the program has started, you can still join by attending one of the sessions listed below. If interest is sufficient, the program could become permanent.

Walking basketball

Each Tuesday from 28 April to 19 May 2026

Time: 9:30 to 10:30am

Location: PCYC Capalaba

Register for walking basketball

Walking softball

Each Wednesday from 29 April to 20 May 2026

Time: 8:00 to 9:00am

Location: Redlands Softball Park

Register for walking softball

Walking Soccer (indoor)

Each Friday from 1 May to 22 May 2026

Time: 9:30 to 10:30am

Location: PCYC Capalaba

Register for walking soccer

Supported by



Supporting our Seniors



CPR Awareness

In Term 2 2026, there are still places available in our Tuesday 12 May training session. The session runs from 4pm until 5.30pm, at the U3A Cottage, 26/40 Delancey Street, Cleveland. You only need to attend one class.

For \$7 (paid prior to attending the session) U3A Redlands Members can learn the life saving techniques of CPR.

This fee can be paid online after enrolment or via EFT to:

BSB:124025

ACC:10545277

Reference: Your surname and "CPR"

Alternatively contact the office on 3821 3888 to pay via credit card.

Please do not hesitate to contact:

Robyn Tennant on 0432 829947 if you have any questions or would like to enrol.

NEW CLASSES IN PHOTOGRAPHY AND PHOTOSHOP

Photography: Monday, 9.00-11.30am

Learn how to make the most of your camera's capabilities, including the camera on your phone.

Photoshop: Tuesday, 9.30-11.30am.

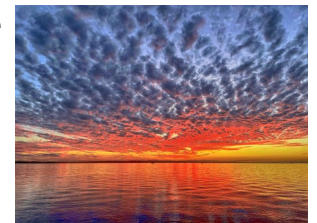
Learn how to edit photographs on your laptop to get the best quality.

Beginners' Class(Photoshop) will start soon, if sufficient interest, on Wednesday or Thursday morning.

Classes held in private home.

Contact Roy

0429 988 684.



SAVE YOUR EMPTY DRINK CONTAINERS – reference: **C11396365**



May 11

Your Safety

Warren DROVER

Warren has been a volunteer in policing for 10 years.

This presentation provides suggestions to improve your safety at home, in the community, in your car, and to help prevent Scams.

A number of brochures will be available.

May 18

Design, Construction, Development, Management of an Independent College

Grahame GINN

Grahame was an aspiring scientist who found his way into education in NSW. His topic deals with the vagaries, surprises, frustrations and delights in establishing a regional independent college.

May 25

A Day in the Life of a Paramedic

Julie CALVERT

A representative from QAS (possibly Julie Calvert) will discuss what's involved in an ordinary day for a paramedic. Hint: there's no such thing as an ordinary day!

June 01

Australian War Correspondents

Philip CASTLE

Phil is a retired journalist who lectured in journalism at QUT. He is now an amateur historian who has been our guest speaker on a range of historical topics.

Some notables – Frank Hurley, Damien Parer, Banjo Paterson, Neil Davis – will highlight our rich War Correspondents' history.

The Pen is mightier than the Sword...

With Anzac Day not long gone, this interpretation of - as sure as winter follows summer follows winter – by writer Ron Howick is powerful in its desperation.

I Beg You My Darling Daughter.

As sure as winter follows summer and summer turns to winter

I will beg you my darling Jacinta

To defy me not: my daughter,

By joining to fight any dubious war.

No matter the season the time is wrong.

Do not sing that regimented army song.

Go save a life and do not forget—

Before it's too late, say no, and never regret.

That medical degree you fought for.

Oh, not war, my darling daughter.

Never on battlefields whether land, shore or water

Remember the oath you took to heal evermore.

You can fight like hell,

In the wards get them to ring that bell

When you've cured their cancer

And joy returns in their spring with their answer.

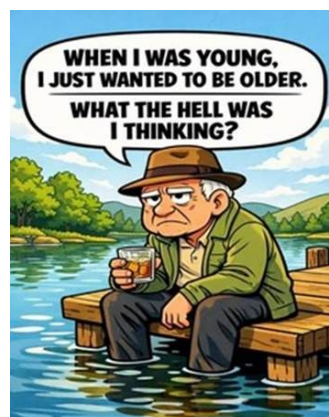
As sure as winter follows autumn, follows spring

The kids in Gaza calling to you will still be there

Their whimper, their yelp, oh daughter,

Is a cry for help, not slaughter.

Ron Howick.



Ed



MORE WINE please waiter...

A rare opportunity exists to join our popular Wine For Fun experience.

This limited edition of four monthly tastings starts soon from 5pm on Wednesdays May 13, June 10, July 15 and August 19.

It's fun, it's educational, spaces limited and bookings essential. Cost \$15 per person/meeting in advance.

Contact: Michele Cozzi 0439 231 923



Armchair Travel

Welcome all to another term of exploring this wonderful world with the ease of not worrying about passports, organising, packing and crowds.

Many thanks to Col Sutcliffe OAM, who in the Anzac month was able to give an interesting presentation regarding his well-researched heritage and history of the many War Memorials around our country and the local people's lives in their communities.



Coming up for Term 2, Catherine Bishop will be taking us on a Two-Part Road Trip she did to Alice Springs, Uluru, Devils Marbles and the Gulf of Carpentaria, for the meetings in May and June.

Then in July Dave Paul will do a presentation on his travels to Austria, Germany and France.

Where: Uniting Church Hall
Passage St Cleveland

When: First Thursday of the month, commencing at 9:30

Contact: John Kolcze
0427 244 301

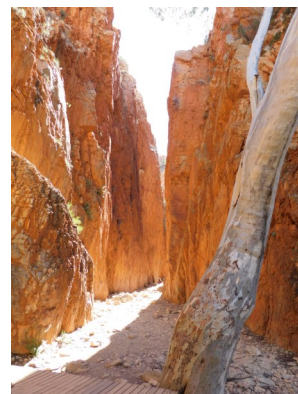


Tom's Help Desk

This is your chance to become more au fait with your computer.

Meets every Monday from 9.30 until 11.30 in the U3A office. No cost

Please phone Tom on **3206 0490**
or
0403 772 723.





Spotlight
On
Craft & Beading



Embroidered Handbag by Brenda

Tucked away in the Pocket Room of the Capalaba library is a group of craft enthusiasts, each one working on her choice of craft.

The class which was originally just Beading is now tutored by Brenda Hazelwood and Elaine Bevis who both have a flair for all things craft.

Crafts such as beading, jewellery, crochet, dried flower arranging and jute rope craft are activities underway within this friendly and sociable group.

Here's your chance to join this creative group by phoning **Brenda** on **0481 342 448**

Tutors: Brenda Hazelwood, Elaine Bevis

Where: Capalaba Library

When: Fridays 9:30 – 11:00am

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