



## President's Message

From Janese Lowe

### Happy Seniors Month

and a big welcome to busy Term Four! That means a ten-week term until the bulk of our activities close for the Christmas/New Year break during week ending 12 December.

**During October**, many fellow U3A members will give freely of their time at the following performances and displays. They would love your support, so why not go with the theme and '**Connect and Celebrate**'.

**Thursday 9 Oct – Lively Seniors at Cleveland Pool. U3AR Petanque, Ukulele and Sea Shanties Groups – FREE event**

**Saturday 11 and Sun 12 Oct – Arts and Craft Show at Donald Simpson Centre. U3AR Watercolour** will be displaying their artwork - **FREE event**

**Sunday 12 Oct – RDCOTA Seniors Walk** – Register for \$5. See Flyer for details.

**Saturday 18 Oct - Seniors Performance Showcase at RPAC – U3AR Jazz and Tap, Scottish Country Dancing and Theatre Groups – FREE event**

### Please save the dates:

**Friday 28 November** - for the U3A Redlands District **Christmas BBQ at the new building.**

**Monday 8 December** - all members are invited to attend our **Annual General Meeting** from 9.30am at the Redlands Research Facility to hear an overview of the year's activities and for the election of a new committee for 2026.



## Building Project Update

Our building construction is on target to be completed by end of November.

During December we hope to start moving our stored furniture and equipment on site and to install new equipment ready for opening in January 2026.



External painting completed—looking tidy



Beautiful shed slab, driveway and piazza



Storage shed delivered, awaiting assembly





# Lively Seniors Celebration

**Free Entry**

Join us for a day of great fun, delicious food and entertainment to celebrate the valuable contribution of Seniors to society. Bring your family and friends along!

- ★ 9 am Mega Aquaerobics Class & Bath Cap competition
- ★ 10 am Morning tea
- ★ 10:30 am U3A Ukulele Band + Petanque Demonstration  
Sea Shanties Group Performance
- ★ 9 - 12 Cancer Council Redlands Branch Stall

Thu, 9<sup>th</sup> Oct 2025 9 - 11:30 am 222 Russell St. Cleveland

Redlands City Council is proud to provide funding for the Lively Seniors Celebration as part of the Redlands Coast Seniors Month Grant Program to assist the Redlands community.



**Saturday 18 October, 10am**

## FREE Event

Join us at RPAC for a **FREE** family-friendly show celebrating our amazing community during Seniors Month.

Enjoy theatre, dance and musical performances as we showcase the talents and creativity of the University of the Third Age, Redlands (U3AR) performance arts classes.

## Venue:

Redland Performing Arts Centre  
2-16 Middle Street, Cleveland QLD

**Although this is a free event, it's necessary to book on line or collect tickets from RPAC box office.**



## OCTOBER SENIORS MONTH

### GOLF DAY Monday, 20 October

Seniors Month Golf Day will be held at Carbrook Golf Course, 653 Beenleigh Redland Bay Road, Carbrook.

Meet at 11.30am for hamburger lunch with tee off at 12.00 noon for 18 holes in carts. A trophy for best player plus lots of other prizes.

**Costs:** \$35 for Carbrook club members  
\$60 for Non-members  
(Limit of 50 people)

Please RSVP to Randolph Story 38212498 or 0437 237 348.

Email: [rand.story@outlook.com](mailto:rand.story@outlook.com)




**RDCOTA**  
Redland District Committee on the Ageing Inc.

# Seniors Walk 2025

**Promoting Physical activity amongst seniors and family**

Join us for a fun morning getting our steps in while staying social. We will be starting and finishing our walk at the RDCOTA Office in the Donald Simpson Park 57 Wynyard St Cleveland. This is for seniors and family with warm up activity run by Cr Peter Mitchell prior to the walk.

Marshals will be located along the route and a Star Community Service emergency vehicle will be available for anyone who may exceed their stamina and need assistance to be collected and transported to the start location.

- Walk at your own pace and turn around at any time
- 10km route with 3.5, 5, and 7.5 km turn around points as mapped
- A light breakfast provided and multi prize raffle
- Register at RDCOTA Office or email [seniors@rdcota.org.au](mailto:seniors@rdcota.org.au)

**Register FOR ONLY \$5 NOW!**

**Sunday 12th OCTOBER Starting 7am**

**Sponsored By STAR Community Services**

**Registrations at the RDCOTA Office 57 Wynyard St Cleveland or email [seniors@rdcota.org.au](mailto:seniors@rdcota.org.au) Ph 07 3488 0680 for further details**

**Group registrations available Contact office to receive forms**



## NEWS FLASH 2026

### New Members

Please tell your friends about our **special offer for New Members - 15 months for the price of 12 months!**

U3A Redlands Membership for 2026 opened on 1 October 2025 and the annual fee remains at \$40 Single and \$75 couple.

Although operating costs continue to rise, we strive to keep our membership fees and class costs affordable for members.

### Fundraising Update

Members have been asking **why U3A Redlands District is continuing to fundraise** when we have received generous donations and been granted funds sufficient to complete our building project.

Without the funds that we had accumulated over the years, we would never have been able to embark on a building project and achieved a home of our own. U3AR needs to once again rebuild our reserves which will allow us to continue to provide lifelong learning for seniors into the future.

We are so thankful to community organisations like Rotary Wellington Point and the Bendigo Victoria Point Community Bank that assist Not for Profit organisations with ongoing fundraising.

Rotary and Bendigo source the prizes, print and distribute the tickets to community groups to make their own sales. Once costs are covered, the raffle proceeds are distributed to the participating NFP organisations based on their individual sales.

Please support one or more of these wonderful fundraisers both of which have great prizes and with proceeds to U3A Redlands District.

**Tickets for each raffle are available at the office (Ph 3821 3888) and/or at our upcoming events.**

### Raffle 1 - 2025 Rotary Raffle

Rotary Wellington Point District annual raffle helps raise funds to support several community groups, including U3A Redlands.

**Just \$2 per ticket**

**1<sup>st</sup> Prize: STRADBROKE ISLAND HOLIDAY** Value \$1500

**2<sup>nd</sup> Prize: JEWELLERY** Value \$1200

**3<sup>rd</sup> Prize BUNNINGS VOUCHERS** Value \$500

**4<sup>th</sup> Prize: BIRKDALE OPTICAL SUNGLASSES** Value \$250

Proceeds go to support **U3A Redlands District Inc.**

**Raffle Closes** Wednesday 19 November. **Drawn** at the Redlands Sporting Club. *Winners notified on 26 November 2025.*

### Raffle 2 – 2025 Bendigo Raffle

Bendigo Community Bank Victoria Point helps raise funds to support several community groups, including U3A Redlands.



1st Prize: **\$15,000** Cash from Bendigo Bank

2nd Prize: **\$3,000** Cash from Bendigo Bank

3rd Prize: **\$2,000** Cash from Bendigo Bank

Prizes 4-13: **\$1,000** Cash from Bendigo Bank



Scan to purchase tickets  
for your chance to win  
and support  
**U3A Redlands**

**Raffle closes Friday 31 October. Drawn Monday 17 November 2025**

Winners will be contacted by phone, email or visit to address and results will be displayed on the Bayside Community Fund website. Licence Number: 257343. Full Term & Conditions can be viewed at: [www.baysidecommunityfund.org.au/bayside-community-raft](http://www.baysidecommunityfund.org.au/bayside-community-raft)



*Winners notified by phone or view results Bayside Community Fund website. [www.baysidecommunityfund.org.au/bayside-community-affle](http://www.baysidecommunityfund.org.au/bayside-community-affle)*





## Christmas BBQ at U3A Building

**Fri 28 November 2025**

We will be stringing  
up the lights for a  
Christmas BBQ  
at our new building  
at

**Delancey Street, Cleveland**

**All Members are welcome**

To join us  
At our new home

**To Celebrate**

another successful year  
and to thank our

**Tutors and Volunteers**

For Catering purposes  
**Please RSVP** by Mon 24 November  
[admin@u3aredands.com.au](mailto:admin@u3aredands.com.au)  
or Ph 3821 3888

More details will be provided soon.



**University of the Third Age  
Redlands District Inc**

**27th Annual General  
Meeting**

Members are invited to the U3A Redlands  
AGM on **Monday 8 December 2025 at  
9.30am**

Conference Room,  
**Redlands Research Facility,**  
26-40 Delancey Street, Cleveland.  
(A short walk to our new building)

Please come along to show your appreciation for retiring and incoming committee members. Listen to the 2025 Review and the 2026 Plans.

**U3A Redlands District  
needs you!**

Calling for enthusiastic volunteers to fill our Committee vacancies for 2026. We are looking for members who are positive, well organised and with good interpersonal and computer skills.

Detailed role descriptions for any of the following are available on request.

**Secretary** is responsible for maintaining and ensuring effective management of U3A Redlands District records.

**Committee Member** is responsible for undertaking such tasks as nominated by the U3A Redlands District Inc Committee.

**Catering Coordinator** is responsible for organising and managing any function as decided by the U3A Committee.



## Community Day

Redlands Uniting Church Trinity, Wellington Point, held their inaugural Community Day on Saturday 6 September. U3A Redlands was delighted to accept their invitation to take part in a day of Information Sharing and connecting with the community.



## High Tea at Parliament House

Unfortunately the planned event - High Tea at Parliament House scheduled for 21 October had to be cancelled due to lack of numbers.

This was a social event and not a fundraiser, but the additional cost of the bus transport obviously pushed the price up too high for most members.



## PLANT LOVERS GROUP

The topic of discussion at our September meeting was 'Organics'. There was quite a bit of confusion about the lack of a formal definition, and that Australia is one of the few developed nations without a mandatory domestic standard for 'organic' produce.

In Australia it is not illegal to call a product 'organic' without providing the consumer with any proof that it was actually produced 'organically'. The word 'organic' can, and is, used and abused with impunity, and in ignorance.

**DATES:** 2nd Wednesday of the month  
**TIME:** 10:00am – 11:30am  
**VENUE:** Contact **Bruce** on **0417 704 212**  
 or email [bruceg.hawk@gmail.com](mailto:bruceg.hawk@gmail.com)



## Writing for Pleasure

*The pen is mightier  
than the sword.*



*You can create atmosphere in very few words, as  
Kathy shows us this month. Read it if you dare.*

### The Red Door

Kathy Manning

It is 11pm. The black clouds overhead bludgeon our senses, and fear weakens our knees.

The loud thunder is buffeting the skies simultaneously with flashes of lightning.

We must find shelter before the storm breaks. The camping overnight for St Valentine's Day was a disastrous idea. We spy a ramshackle house in the distance and approach it with caution.

A flash of lightning reveals a timber door, red blood smearing its surface; deep growls can be heard behind it.

A decision to be made -- the fear we recognise, or the imagination filled travesty we may confront.



## WOULD YOU LIKE TO LEARN TO MAKE COILED POTS?

This craft will be taught in Term 4 at the Capalaba Library on Friday mornings from 9.30 to 11.30am, beginning **10 October**.

Materials will be provided at a cost of \$20, or bring your own for no charge.  
 For more information, contact Brenda on 0481 342 448.



Last month Rose Reidlinger celebrated her eightieth birthday with her Mahjong Group. To show appreciation for her efforts in running a happy group, she was presented with a beautiful bunch of yellow roses, a delicious cake and a gift. Rose has been at the helm of the group for eleven years, shopping for delicious nibbles and making sandwiches for her most inviting morning teas.





## New Class 2026

### Australia – Privileged and Lucky but Vulnerable ..... The Future?

In considering the future of Australia, some existing trends can be projected and these will be considered together with events (which tend to be sudden or unexpected).

This course will examine factors and trends that could shape Australia's future and is not designed to predict Australia's future.

The course focuses on identifying influences like climate, population, economy and finance, overseas trade, foreign policy, national security, and political issues, considering both strengths and vulnerabilities. The approach is broad, non-partisan and discussion is encouraged.

**Start Date:** Wednesday, 28 January  
(for 6 weeks)

**Time:** 9:30 – 11:30

**Venue:** Wellington Point  
Community Hall

**Enquiries: Text** Doug Murphy  
0402 845 925



## Anyone for Badminton?

Would you like to play Badminton?  
Or learn how to play?

You would be welcome at the PCYC Capalaba, (Cnr Degen and Mt Cotton Rds) on a Monday or Thursday morning from 9:15 to 11:15.

A fee is charged to cover hall hire and equipment use.

For more information contact:

**Judith 3343 3141 or [ilesjb@bigpond.net.au](mailto:ilesjb@bigpond.net.au)**  
(If you would like to form a U3A group, contact the Tutor Liaison Officer.)

It's a very social and fun activity.



## ARMCHAIR TRAVEL

Thanks for joining another comfortable adventure. I hope you enjoyed my photographic journey in Chiang Mai, Thailand.

**Our October meeting will feature Stuart Barker sharing his China trip, offering insights into its rich history.**



We need volunteers to assist with morning tea and door duties if our regulars are unavailable. Instructions will be provided.

Special thanks to Jamie, Marg, and Ann for handling morning tea and greetings. They may share their own trips next year as we plan the calendar.

Please consider presenting a journey you've taken. We have plenty of spots for next year and can help prepare your presentation.

**When:** First Thursday of month

**Time:** 9:30

**Venue:** Uniting Church Hall

Passage St, Cleveland

John Kolcze—0427 244 301



**'Tis the  
Season**

### Did you know?

Jacarandas, also known as jacaranda mimosifolia, have been steadily growing in Australia for over 150 years, but despite this, are not native to Australia. Originally from parts of Central and South America, jacaranda seeds were thought to be brought along with sea captains sailing from South America, with Sir James Martin possibly planting the first jacaranda tree.





**Monday 9.00 for 9.30am**  
**Donald Simpson Centre**  
**172 Bloomfield St,**  
**Cleveland**  
**COST: \$7.00 Includes**  
**Morning Tea**



### ARE YOU INTO CRYPTIC CROSSWORDS?

If you, or someone you know, would like to lead this group in 2026, we would love to hear from you. This class has operated for many years and our current tutor is taking a well-earned break. We don't want to disappoint our continuing members, so if you can help, please contact:

**The current Tutor** (0438 532 366) or the **Tutor Liaison Officer** (0404 460 251).

The class currently meets once a month on the third Thursday of the month.

**October 6: Public Holiday**

**October 13: Radioactivity - in your backyard and beyond.**

Presented by: *Ross Kleinschmidt PhD*

**Two week program**

**Week 1: What is ionizing radiation?**

We explore how and where it occurs and measure it in some everyday items.

**October 20:**

**Week 2: Nuclear applications – power, medicine, industry, resources.**

**October 27: Cobb and Co, the Staging Post and the Thomson Belle.**

Presented by: *Richard Kinnon*

Founder of Outback Pioneers, winner of multiple awards for holidays, accommodation and experiences. A sharing of yarns from sheep and cattle country.

**November 3: Birding around the World.**

Presented by: *Dr George Chapman*

Always informative and entertaining, liberally illustrated with colourful photos, George is very much in demand. You won't be disappointed.



*Ed*

### Aria Sunset Cruise



Aria Cruises delivered good weather and a most enjoyable evening cruise for around thirty enthusiastic U3AR members on 2 October. Thank you to Events Coordinator Yvonne Medhurst pictured below with husband John for suggesting and organising the trip. For more photos, check our U3A Redlands District Facebook.



## Call for Tutor Newsletter Articles

A big thank you to all our wonderful Tutors and Co-ordinators who provide such a wide range of engaging activities for our members throughout the year.



We'd love to feature stories from your classes in our upcoming newsletters! Please consider sending in a short article about your group, along with one or two photos. Our members really enjoy hearing about what's happening across U3A and may even be inspired to try something new.



## Call for 2026 Tutors/Co-ordinators

Do you have a skill, passion, or area of knowledge you'd like to share? Volunteering as a Tutor or Co-ordinator is a fantastic way to contribute to our program of lifelong learning.

Many of our current Tutors tell us that sharing their knowledge and experiences has been both rewarding and enjoyable — and that their classes have sparked great interest among fellow members.

You might like to run a one-off session or offer a short series of classes — the choice is yours!

If you're interested in joining our 2026 program as a Tutor or Co-ordinator, our Tutor Liaison, Mary, would love to hear from you. Phone Mary on 0404 460 251 or email [maryj99@bigpond.com](mailto:maryj99@bigpond.com)

U3A Redlands District Inc. 2025 Management Committee		
President	Janese Lowe	<a href="mailto:president@u3aredlands.com.au">president@u3aredlands.com.au</a>
Vice President	Liz Sanderson	<a href="mailto:vicepresident@u3aredlands.com.au">vicepresident@u3aredlands.com.au</a>
Secretary	Trevor Simmons	<a href="mailto:secretary@u3aredlands.com.au">secretary@u3aredlands.com.au</a>
Treasurer	Charles De Wet	<a href="mailto:treasurer@u3aredlands.com.au">treasurer@u3aredlands.com.au</a>
Tutor Liaison Officer	Mary Smith	<a href="mailto:tutorliaisonleisure@u3aredlands.com.au">tutorliaisonleisure@u3aredlands.com.au</a>
Office Co-ordinator	Debra Mitchell	<a href="mailto:coordinator@u3aredlands.com.au">coordinator@u3aredlands.com.au</a>
Events Co-ordinator	Yvonne Medhurst	<a href="mailto:events@u3aredlands.com.au">events@u3aredlands.com.au</a>
Publicity Officer	Nicole West	
Committee Member	Lorraine Coutts	
Committee Member	Tauba Naftal	
Committee Member	Trish Winter	
Newsletter Editor	Lurline Slater	<a href="mailto:newsletter@u3aredlands.com.au">newsletter@u3aredlands.com.au</a>
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☎ 3821 3888 Julie-Anne Morris		✉ PO Box 1231, Cleveland QLD 4163
@ <a href="mailto:admin@u3aredlands.com.au">admin@u3aredlands.com.au</a>		🌐 <a href="http://www.u3aredlands.com.au">www.u3aredlands.com.au</a>
🏠 Redlands Research Facility, Delancey Street, Cleveland		📘 U3A Redlands District