The Third Act



AUGUST 2025

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President's Message

From Janese Lowe

As expected, 2025 has been a whirlwind of activity, and

since returning from the holiday break, it has been full steam ahead!

Adding to the excitement is the development of our new facility, which is on track for completion soon.

We're thrilled at the prospect of moving into our new premises in early 2026—a milestone that will mark the beginning of an exciting new chapter in our already vibrant history.

If you'd like to be part of this history-making year, why not consider becoming more involved by joining the **U3A Redlands Management Committee for 2026**? We are recruiting now for 2026.

(See Page 2 for more information)

Fundraising Update

Donations since June News

Thank you to the following groups:

For their regular ongoing donations:
U3AR Thurs Mahjong/Pat Simmons \$145
U3AR Friday Mahjong/Heather B \$200

U3AR Ramblers Group (Term 2) \$134

CONTAINERS FOR CHANGE

During June/July \$85.70 has been deposited into our Building Fund account from returned containers.

Quote **ID:C11396365 U3A Redlands** when returning containers.



Building Project Update

\$250,000 Funding Received



We are thrilled to announce that \$250,000 in funding is now in our bank account, thanks to the LNP State Government and the outstanding support of Amanda Stoker, Member for Oodgeroo.

Construction Restarted!

This has allowed construction to restart on the final stage of our U3A Redlands District building at Delancey Street, Cleveland. After 27 years of enriching the lives of local seniors, we are one step closer to a permanent home, ensuring we can continue delivering affordable, engaging programs for years to come.



Our aim is to have the building completed by the end of November/early December. The builder's team will be finished quite quickly but progress on the internal fit-out will depend on the availability of the various trades.

We want to be ready to open for business in January 2026!

Help Shape the Future of U3A Redlands

Are you passionate about lifelong learning and connecting with like-minded people?

Are you well organised, have good interpersonal and computer skills?

Please, consider joining the U3A Redlands Management Committee to play a key role in guiding our organisation into an exciting 2026, especially as we prepare to move into our new facility.

At the **AGM on 8 December 2025**, the following roles will become vacant:

- Secretary Maintains records, prepares agendas and records minutes of Committee meetings.
- Treasurer Manages finances, prepares budgets and reports, and advises on financial strategy.
- Committee Member Special Projects – Supports tasks and initiatives as delegated by the President.

The Committee consists of 10 volunteer members that oversee the management of U3A Redlands affairs, property and finances.

MEETINGS: Second Wednesday of each month at 12.30pm.

For information or to apply, please email: secretary@u3aredlands.com.au

Get involved Be part of the future Help shape 2026



CORRECTION

Correction to U3A July Newsletter:

Marjorie Wallace was not just among the 21 nominations. She was one of the five actual winners of Redlands Volunteer of the Year Award for her services with the Redland Community Centre Emergency Relief Program.



<u>L to R</u>: Redlands Coast Museum Volunteer, DSC current Chairman accepting on behalf of Tony Christinson, **Marj Wallace**, Macleay Island Volunteer and Birkdale Scout Leader.

INTRODUCING OUR NEW NEWSLETTER EDITOR

After four and a half years the current Newsletter Editor, Denise Lee, is handing over to Lurline Slater, and your Newsletter will remain in good hands.

Lurline has been a member of U3A for six years as the Tutor of iPhoneography. Prior to that she acquired her skills as a teacher and purchasing her first custom computer in 1993.

On retirement she became a volunteer for Brisbane Seniors Online, eventually becoming the hub co-ordinator. Lurline also produced a club newsletter for 10 years. As photography became an interest, she retired from the BSOL position and the newsletter to dedicate her time to that hobby.

Technology has guided her along the path to where she is now with skills to share. Lurline will endeavour to provide a smooth transition.



High Tea at Parliament House

Tuesday, 21 October

(Seniors Month Outing)



PLACES ARE STILL AVAILABLE to join us for a bus trip to Parliament House to enjoy High Tea and a tour of the grounds. It's a great chance to relax, learn a bit, and share some laughs in an amazing setting.

High Tea in style at Parliament House is a treat! You'll enjoy freshly brewed tea/coffee, finger sandwiches, pastries and those classic scones with jam and cream.

We'll travel in a comfy, air-conditioned bus, so you can kick back and enjoy the ride. Seats are limited, so book early to secure your spot.

Bookings and payment can be made through the U3A Office - 3821 3888.

Cost: \$90.00 members

\$95.00 non-members

9:30am Bus will depart the U3A Office10:30am Arrive at Parliament House11:00am Check-in for seating at 11:30am

2:00pm The tour bus will depart

Parliament House

3:00pm Returning to Office

Please advise the U3A Redlands Office if you have any dietary requirements.



EXPRESSIONS of INTEREST

Second chance to join the Aria Sunset Cruise Thursday, 23 October



The first Aria Sunset Cruise is now fully-booked, however, you have an opportunity to join a second sunset cruise on our beautiful Bay.

Before this cruise can be arranged, we need firm numbers of 30 passengers.

To avoid disappointment, please phone the **office 3821 3888** to added your name to the list, and we will contact you once the cruise is confirmed.



https://ariacruises.com/activity/sunset-cruise/



CPR AWARENESS TRAINING

There are still places available to join either of these CPR sessions.

Date: Wednesday, 6 August
Date: Tuesday, 2 September
(you only need to attend one session)

Time: 4:00 - 5:30pm

Venue: Cleveland State High School

Cost: \$7.00

For \$7 (paid prior to attending the session) U3A Redlands Members can learn the life saving techniques of CPR. This fee can be paid online after enrolment or via EFT to BSB:124025 ACC:10545277 Reference: Your surname and "CPR". Alternatively, contact the office on 3821 3888 to pay via credit card. Please do not hesitate to contact **Robyn Tennant on 0432 829 947** if you have any questions or would like to enrol.



VALE NEVILLE KNOTT

Neville was born on 28 March 1937 and educated in Graceville.

He married Eve in 1971

at St Matthew's Anglican Church, Sherwood. He held a Bachelor of Commerce from the University of Queensland and an Honours degree in Theology from Newcastle, later completing postgraduate studies in Jerusalem and an ecumenical course in Hong Kong.

Ordained in 1966 at St John's Cathedral, Brisbane, Neville served as Vicar in Moranbah, Rector at Cleveland, and Canon at St John's, becoming Canon Emeritus upon retirement. He also chaired the Queensland Ecumenical Council.

A passionate educator, Neville was U3A's *Religions of the World* Tutor for six years and regularly spoke at the Life Matters Group — most recently just 11 days before his passing on 27 June 2025.

His funeral at St Paul's Anglican Church, Cleveland, was filled with clergy and friends. Neville's wisdom, kindness and service touched many. He will be deeply missed and fondly remembered.

Excerpt from Speech by Brian Hedges Presented at Life Matters Group



Neville and Eve Knott on a 2018 Life Matters U3A Redlands outing.



VALE MIKE HUBERT

I first met Mike some fourteen years ago when he enrolled in my French Conversation class.

We instantly became firm friends and found

that we had similar memories of our youth spent during World War II experiencing the bombing. Mike was from Sidcup, East End, and I a Lutonian.

In class he was a keen student and always fronted with his homework (les devoirs) et beaucoup des questions. He soon became au fait with the French language and because he was a giver, decided to run his own French class from his home, with assistance from his wife Doreen. This he accomplished with great flair and vigour.

Mike fought a long battle with cancer over the years. Sadly on 3 July he succumbed to the terrible disease.

I'm sure many U3A Redlands members will remember Mike with fondness, particularly those who attended his French language class. *John Tranter*



Mike on the left, holding his French Class at the Redland Museum during U3A Dynamic Display in July 2023 as part of our 25 Year Anniversary Exhibition.

Mike's wife Doreen is first on the right.

Mike Hubert resigned at the end of 2024 and our December Newsletter congratulated Mike for completing 10 Years Service as U3A Redlands French Tutor.

KEN BUSFIELD – 90th BIRTHDAY



Ken has been heavily involved in U3A since moving to Cleveland in 1999. Much of the effort was supporting June through her 12 years as Tutor Liaison Officer/President during the heavy growth period.

His main input was as a Tutor of Pedal for Pleasure/Social Cycling which lasted over 20 years and included local rides all over Brisbane and several cycle tours in Victoria, NSW and New Zealand. He was also a long-term active member of Footlites Theatre group. Ken was also a key figure in the efforts to start the U3A Choir where he was an active member and tenor soloist, and in the Community Garden Centre where he was known as the Compost King.

In 2019, June was author of the very successful 20th year U3A Anniversary book. Ken did all the computer work in compiling the manuscript, including many photographs and submitting it to the publishers.

In order to celebrate Ken's 90th birthday, his family organised a large party and included many friends from U3A days.



Ken at 2015 U3AR Open Day

LEARNING

FOR

PLEASURE

Celebrating 20 Years of

U3A Redlands

1998 to 2018

PAT COMER - 90th BIRTHDAY

Member number 92, Pat Comer turned 90 in June. Pat was a Committee Member in 2015-2016 in the role of Publicity Officer. In the early years she was a Co-ordinator of a Book Discussion Group and in later years was the Library Monitor for the Life in Australia/Life Matters group.

Pat always kept herself busy attending several different U3A Redlands classes per year. More



recently she has moved into an Aged Care Facility and attends Life Matters when transport is made available.



U3A Singers

During the last month the U3A Singers have had the opportunity to experience the joy of singing Love Songs at the wedding of one of our singers, Gillian and her partner Cliff.

This was a once-in-a-lifetime opportunity and was thoroughly enjoyed by all the singers. We sang 'Love is in the Air', 'Can you Feel the Love Tonight' and several other love songs while Gillian and Cliff walked down the garden bridal-path. We continued singing following the wedding ceremony.

How special that we could all enjoy and participate in our friend's wedding – memories for us and them for many years.







PLANT LOVERS GROUP

The group has formed quite quickly, and members are already swapping plants and sharing their knowledge.

At our last meeting we discussed how we used water in our gardens, and the capacity of the Redlands water supply. Did you know that for the same cost as your favourite barista coffee you could water your garden for three hours, and do it without the need to feel any guilt at all? To read the full story click on this link

Redlands Water Supply Document

DATES: 1st Wednesday of the month

TIME: 10:00am - 11:30am

VENUE: Alexandra Hills Community Hall

Access via Windermere Road

Alexandra Hills

CONTACT: Bruce Gilbert 0417 704 212

or email bruceg.hawk@gmail.com



History and the Bible

The next series will deal with Pain, Suffering and Death. It will cover the various cultural and religious views about pain, death and the afterlife.

The arguments, which use suffering as proof that the Christian God of love does not exist, will be examined. The Biblical explanations for pain and death will be considered. In addition, we will examine any clinical evidence concerning after death experiences.

Tutor: Rob Kitzelman

DAY & TIME: Tuesdays at 1:30pm

Course Dates: 26 August

2 September9 September16 September

LOCATION: Capalaba Library

Enrolments can be made by phoning the Office on 3821 3888.



Monday 9.00 for 9.30am
Donald Simpson Centre
172 Bloomfield St, Cleveland
COST: \$5.00 Includes

Morning Tea

AUGUST 11: EXHIBITION PUBLIC HOLIDAY AUGUST 18: SHORE BIRDS

- OUR INTERNATIONAL FREQUENT FLYERS

PRESENTED BY: Sheryl and Arthur KEATES

AUGUST 25: AFTER HIROSHIMA

PRESENTED BY: Annette BROWNLIE and

Dr. Ross GWYTHER

Dr Gwyther is a retired research geophysicist and is active in community, peace and environmental politics.

SEPTEMBER 1: WONDERFUL AND WISE

PRESENTED BY: Adrian CANERIS

Adrian has extensive experience and expertise in ecological consultancy, specifically vertebrate fauna and habitat assessment.

SEPTEMBER 8: VETERANS

PRESENTED BY: Peter HOWARD AM



ARMCHAIR TRAVEL

First Thursday of Month 9:30-11:00am Cost: \$5.00 Uniting Church Hall, Cleveland

DATE: 7 August

TOPIC: PART 1. CHIANG MAI AND

PHUKET. THAILAND

PRESENTER: John Kolcze

DATE: 4 September

TOPIC: PART 2. CHIANG MAI AND

PHUKET. THAILAND

PRESENTER: John Kolcze



MATHEMATICS

The new Mathematics class will run again in October, for four weeks. It is ideal for people

who did Maths in school and enjoyed it, but never "got it" properly. It will be a very hands-on type of Maths and anyone is welcome. There will be new topics but the previous ones will be touched on where needed. The only qualification is that you are handy (and happy) with numbers. Bring paper and pencil.

The classes will be held at the Cleveland Library from 9.30-11.00am.

<u>Tuesday:</u> 7 October (6th is a public holiday)

Mondays: 13, 20 and 27 October.

For more information, contact **Peter Brigg on**

0448 850 876.



Writing for Pleasure

The pen is mightier than the sword



Who can ignore Winter? It comes every year to wake our senses The writers could not ignore its splendour.

Winter by Anita Lazic
Winter is here
Gone is the smothering indulgent heat of summer.

Winter has arrived. Nights and days of coldness penetrating our bones. Paralysing at its worst, we bundle against the elements. We remember and draw on those heat-filled summer days that we stored in our bones to combat the extreme cold.

Yet winter days can be crisp, fresh, and warm once the winter chill lessens, leaving a clear, cool freshness that is a near perfect temperature.

The starry night sky is breathtaking in its vivid display
Winter is here...

Piano Groups Relocate



U3A Tutor Olga Osypiv and her students at the Cleveland Scout Hall, Ormiston.

Unfortunately, the venue that has housed our Piano classes for the last eight years, closed at the end of July. Thanks to Tutor Liaison Mary Smith, another venue was sourced that could also store the keyboards.

It was quite an exercise for Piano Tutor Olga Osypiv, her students and their partners to pack up seven small and two large keyboards, plus shelving, and then transport all this equipment to the new venue ready for this week's classes. Well done everyone!

Hopefully, the group will soon settle into their new location, and they can manage the set-up and pack-down that will be required each week. We will trial the location and review as needed.



Bunnings BBQ - TBC

We are planning another Bunnings Sausage Sizzle Fundraiser.

Before we can lock in a date, we need to confirm our teams.

HOW YOU CAN HELP:

We need people for 3 shifts between 8:00am-4:00pm on the day. Each shift consists of a cook, a server and a cashier, for each of the 3 x 3 hour rosters.

Please phone the office on 3821 3888, with your time and job preferences, to be part of a team or as a stand-by.

Each team needs a BBQ Captain, so if you have done the Bunnings BBQ training and would be available, please email Yvonne Medhurst - yvonnemedhurst@gmail.com

We would really appreciate your help.

CYTOGENETICS EXPRESSIONS OF INTEREST

For people who are curious about DNA, chromosomes and where in the body they are located. Cytogenetics is the branch of genetics that focuses on the study of chromosomes.

This presentation will give an overview of basic genetics, showing those present what DNA and chromosomes actually look like. Humans usually have 46 chromosomes. Cytogenetics is used in medicine to look for changes in these chromosomes that cause health problems. These changes impact every area of medicine, prenatal testing, inherited conditions, various syndromes as well as in the area of cancer, to name but a few. These changes can be seen when chromosomes are examined under a microscope. Examples of these changes will be presented.

If there is sufficient interest, the course will run for four weeks in Term 4. If you are interested in attending this course, please phone the office on 3821 3888.

For more information, email Cathy Mathieson at cathmathieson@gmail.com.





Smart Meters in Queensland: An Overview

What is a Smart Meter?

A **smart meter** is a digital device used to measure electricity usage in real-time. Unlike traditional meters, it automatically transmits data to the utility provider, eliminating the need for manual readings. Smart meters track energy consumption, voltage levels, power demand, and outages, offering both the electricity retailer and customer detailed insights into energy usage.

How is the Rollout Happening?

Queensland is rolling out smart meters as part of a broader plan to modernise its electricity network through a phased approach which includes:

- 1. **Meter Replacement:** Electricity retailers are replacing traditional meters with smart meters in homes and businesses, at no cost to the householder or business providing there is no remediation needed. You can request a smart meter from your electricity retailer, for a fee.
- 2. **Upgrades to Communication Infrastructure**: The data from smart meters is transmitted to the utility using technologies like cellular networks, enabling real-time monitoring.
- 3. **Phased Transition**: Your electricity provider is tasked with installing your smart meter by the Australian Energy Market Commission's deadline of **2030** and the roll out program in Queensland has been accelerated.

Benefits to the Electricity Network

Smart meters support a more modern, efficient, and responsive energy grid by enabling:

- 1. **Enhanced Grid Management**: Real-time data helps balance supply and demand, improving efficiency and reducing the risk of outages.
- 2. **Faster Fault Detection**: Smart meters detect issues like power outages and voltage drops, allowing for quicker restoration.
- 3. **Cost Savings**: By reducing manual labour and optimizing the network, utilities can lower operational costs.
- 4. **Better Integration of Renewables**: The system can better manage fluctuations in renewable energy sources like solar and wind.
- 5. **Energy Efficiency**: Utilities can monitor usage patterns and implement targeted programs to improve efficiency.

Advantages to Households

- 1. **Accurate Billing**: Smart meters ensure bills are based on actual consumption, reducing errors from estimated readings.
- 2. **Real-Time Usage Insights**: Households can monitor energy use and identify opportunities to reduce waste, helping manage costs.
- 3. **Potential for Dynamic Pricing**: Time-of-use rates offer lower energy prices during off-peak hours, encouraging smarter consumption.
- 4. **Faster Outage Response**: Outages are detected sooner, reducing downtime for customers.
- 5. **Energy Efficiency Programs**: Detailed data allows consumers to participate in programs that reward reduced usage during peak demand times.
- 6. **Environmental Benefits**: Increased awareness of energy consumption can encourage the adoption of sustainable practices and technologies, like solar panels.

Conclusion

Queensland's smart meter rollout is transforming how electricity is delivered and consumed. For households, it means more control and insight into energy usage. For the network, it means a smarter, more resilient and efficient system—one that's better equipped for the future.



U3A Redlands District Members are invited to Seniors Month Celebrations

FREE ACTIVITIES at The Cleveland Aquatic Centre for Seniors to embrace a happy and healthy lifestyle!

Thursday 9 October - 9.00am to 12.00 noon

Try these Healthy Activities for Seniors - ***FREE ENTRY TO ALL***

- Join the Mega Aqua Aerobics class at 9.00am
- Then enjoy delicious Morning Tea with heart-healthy bites
- Entertainment by U3A Redlands GRUBS Ukulele Band
- U3A Redlands 'Petanque' Group will demonstrate French Bowls
- Cancer Council Queensland, U3A Redlands District and more will provide information tables about their services and volunteering

U3A Members
Come join the fun
Support our performers and
Try something new

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