



President's Message

From Janese Lowe

Apologies for being a little late with our Newsletter this month as there has been a lot happening.

Seniors Month is over for another year. Thank you to member Paul Oates for presenting an informative and thought-provoking 3-week lecture series to our Life Matters Group members and friends. Although we had hoped for larger audiences, Paul's talks were always entertaining and thoroughly enjoyed by all attendees.

Thank you to member Rand Story for once again conducting the annual Seniors Month Golf Tournament – see page 4 for results.

By now, all should have received an email notice that members attending our 'Special General Meeting' agreed unanimously (together with proxy votes) to **increase our 2024 membership fees to \$40 Singles and \$75 Couples. Associate membership** (for those already a member of another U3A), was also **increased from \$5 to \$15** from 2024.

It has been 5 years since our last increase, and all agreed that we could not continue to wear operating losses for another year.

Thank you, members.

PLEASE NOTE: Membership Renewal opened on 1 November. Tell your friends what U3AR has to offer, and if they join now their membership will be current until December 2024.

Many of you have already noticed that there is action at our build site in Delancey Street Cleveland. An official Groundbreaking ceremony will be held on Wednesday, 8 November 2023. We are expecting U3A members and invited representatives from all levels of government, plus the Gambling Benefit Community Committee, RDCOTA, Cleveland Rotary, and CDSHS Principal and Registrar. Photos will be posted on Facebook and in the next newsletter.



Building Project Update

Early on in Planning and Design (Stage 1), we were given an estimate of \$265k for the project.

As planning progressed and a lengthy quote process followed, we realised that this was grossly under-estimated. In answer to queries after the last newsletter, we confirm that prices have increased, and the building project target has increased to \$400k.

SANTA IS COMING EARLY!

Reputable local builder Cameron Marcon from Liona Constructions is the new Santa. He has promised to construct '**slab, frame, and roof**' (Stage 2) **by mid-December** and then 'To Lock-up' (Stage 3) by March 2024.

So, yes things are really happening and there is some **urgency now** to seek assistance **to fund our roof.**

PLEASE HELP US FUND OUR ROOF

On top of a \$50k co-contribution, U3AR agreed to fund the \$20,000 roof to complete Stage 2. Thanks to member Francis Gosling's generous donation of \$5,000 we have 25% of a roof. **Please help us raise the remaining \$15,000 to 'raise our roof' by December 2023.**

We are so grateful to donors like Francis and to the multiple ongoing donations from U3A members and groups. Donations of any size are gratefully received. Every dollar donated will bring us closer to creating a better future for our U3AR community.

How You Can Donate:

By Direct Deposit:

Bank of Qld BSB 124025

Account 23387501

Ref: Surname, Roof Donation

By Credit Card: <https://u3aredlands.com.au>

Click Building Project at top right

Click Donate Here; Follow the prompts.

Or Phone Julie at the Office 3821 3888.

Donations to U3A Redlands Building Fund are tax deductible,

per Sub 30-B 2.1.10 Tax Act.

We appreciate your ongoing support.



Betty Bowdler

English Country Dancing Tutor

By Liz Sanderson

I had the pleasure of meeting Betty and Chris Bowdler this week to learn more about their time with U3A Redlands. But their story is so much more than the last twenty-six years. They have been a partnership for over sixty-five years, in marriage, in their love of dancing, in their raising five children, and in their adventure of coming to a new country with their young family to continue their chosen careers. They met in their home country, England, Betty newly graduated from teachers training college and Chris from his forestry studies. Chris had enjoyed Scottish dancing at high school and was looking to make new acquaintances after losing touch with school friends. Betty, fresh from college had also lost touch with many of her previous school group and by chance they both went along to an English Country Dance. They were introduced by the Director of the English Folk Dance and Song Society, a man well-known in England and the USA, Nibs Matthews. Over time Betty undertook workshops to further her skills in English Country Dancing and has continued to share her enjoyment with this dance style for these past many years.

The Bowdler family came to Australia in the late 1950's with their five small children. Chris took up a role as a Forestry Engineer in Tumut, the gateway to the Snowy in New South Wales. Chris was employed by CSR Pyneboard who sourced its timber from the surrounding forests of Batlow and Tumbarumba. Betty continued her career in primary school teaching in Tumut, and even with all the busyness of their lives, Betty and Chris continued to enjoy their dancing. Betty contributed to workshops and demonstrations in Canberra and Wagga Wagga and many other regional centres with her constant enthusiasm for this lively dance form.

Forestry work brought Chris and Betty to Gympie in Queensland where they lived and continued their dancing for another fifteen or more years. They retired to the Redlands in the 1990's where Betty started tutoring in English Country Dance twenty-six years ago, initially for U3A Brisbane, and then the English Country Dance group became part of the newly formed U3A Redlands at its very beginning twenty-five years ago. Chris has been by her side organising the dance music for the group with Betty passing on all she knows of the dances that she has always loved.

The history of this dance form is quite different to the staid ballroom dancing of the last few centuries where orchestras played, and Lords and Ladies wore their finest attire in a very formal atmosphere. Country dances originated with farm workers and village maids, dancing with jaunty steps to the sounds of the accordion and a rhythm stick, in barns and on village greens. It is an expression of simple people enjoying their small moments of leisure with sets of dance moves passed on by demonstration and word of mouth, when farm workers moved from one English county to the next. Much of the dancing in the early days was to the accompaniment of Irish and Scottish folk songs. When country dancing popularity surged again in post-war England in the nineteen-fifties much of the music came from that period. And now, even in the twenty-first century, there are still dances and music being written for those who love this style of dance.

Like many of our leisure courses in U3A Redlands, this English Country Dancing class has promoted friendship and learning, using the mind, while encouraging a wonderful form of physical activity. Sadly, the numbers of class attendees for this course have decreased, and for Betty and Chris it seems the right time to put away the music and hang up their dancing shoes and really retire.

They have passed on their enthusiasm for this dancing for more than six decades and in doing so they have inspired many others to share the joy – *for this we thank them.*





University of the Third Age Redlands District Inc.

25th Annual General Meeting

Financial members are invited to the U3A Redlands AGM to be held at **9:30am on Monday, 4 December 2023** at the Donald Simpson Centre, Bloomfield Street, Cleveland

If you have never been to an AGM, please come along to this cost-free morning, experience the meeting, followed by morning tea. A celebratory cake will be cut to mark the last official event in our 25th Anniversary year.

For catering purposes please **RSVP by MONDAY, 27 NOVEMBER 2023** to admin@u3aredlands.com.au or phone the office on 3821 3888.



U3A Redlands Christmas Party for Tutors and Volunteers

Please join us for the annual "Thank You" Tutors and Volunteers Christmas Party.

DATE: Friday 24th November
TIME: 3:30 - 6:00pm
PLACE: Redlands Memorial Hall
28-42 Smith Street, Cleveland

Come along and celebrate another great U3A Redlands year. We would like to thank you for your on-going commitment and assistance.

Drinks and Christmas eats will be provided.

For catering purposes **PLEASE RSVP BY MONDAY, 20 NOVEMBER** to admin@u3aredlands.com.au or phone the office on 3821 3888.

DISPLAY OF WATERCOLOUR ART by U3A Redlands Watercolour and Drawing Group

This U3AR Art group meets every Wednesday afternoon at the Lions Club in Shore Street East, Cleveland. When possible, two professional artists contribute their time to assist us in learning and improving our art skills. We are very grateful for – not only the skills – but the fun and laughter enjoyed by all.



Our October Watercolour Art display is up and ready for viewing at the Birkdale Multi Sports Club, Judy Holt Park (off Randall Road), Birkdale. A big thank you to the Club Manager.

This display shows a total of 15 works, which includes the work of two artists whose work has not been shown before. The subjects chosen depend on the choices made by individual artists.



Displays are changed every four months, so the next change-over will be sometime in January 2024.



We invite you and friends to make time to visit and view the display of our work at Birkdale Multi Sports Club.



U3A Redlands off to Japan in 2024

In the year before COVID reared its ugly head, U3A Redlands reached out to the senior's group (Kenyukai) in Kani City, Gifu Prefecture, Japan. Why Kani City? It is one of three sister cities to Redland City and the one with which Redland City has the most interaction. Letters and gifts were exchanged and a zoom meeting was held with Kani City officials but then lockdown put a stop to furthering our relationship.

Last year U3A Redlands was excited to offer a Japanese language class for the first time. Kathryn Tominaga, a very experienced teacher of Japanese who has spent many years living in Japan, stepped forward to take the class. An enthusiastic group meets on a Monday afternoon at Cleveland District State High School.

About eighteen months ago the idea of taking a U3A Redlands group to visit Kani City took root. A travel agent with expertise in Japan was found and contact with Kani City re-established. Itineraries and costs were prepared in draft form and information was sent out to members. The response was very positive and there is a group of twenty U3A members and their partners, the maximum that Kani City can receive, off to Japan in April next year.

While a central theme of the trip is meeting with members of Kenyukai in Kani City, the U3A Redlands group will also visit Takayama, Kanazawa and Osaka on their ten day journey. An added highlight is expected to be viewing the famous cherry blossoms.

John & Debra Barker



PROPOSED NEW CLASS 2024 FINANCIAL LITERACY FOR SENIORS **EXPRESSIONS of INTEREST**

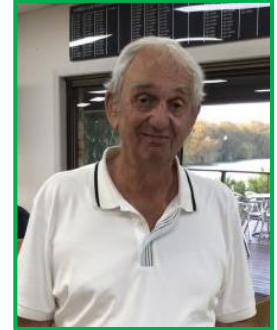
Class to run once a month on a Tuesday 9:00am – 12:00, and cover topics including: Dealing with Centrelink (Including Residential Care), Budgeting, Superannuation, Downsizing (Home Care Packages, Strata, Over50's and Retirement Villages). Financial Fraud (Hacking Protection and Reporting)

Contact: **Tutor, Carol Roberts**
0403 015 555



Winners of the October Seniors Month Golf Day

First Place: **Keith Dunford**
Runner up: **Steve Williamson**
Third Place: **Gerry Harrington**
Placed: Mike Fitter
Gavin Becker



A good day was had by all participants.

Greater Redlands Ukulele Band - GRUBS



- Interested in learning the Uke?
- Interested in meeting new people?
- Interested in having fun?

Come and join our U3A Redlands 2024 'GRUBS Beginners' Basic Skills Program.

No previous experience is necessary.

WHEN: Tuesday, 23 Jan 2024
(4 weeks – **FREE** Tuition)

TIME: 10.30am

WHERE: Multi Sports Club at Birkdale

CONTACT: Ray Roth - 0429 916 109

Email: rayroth@gmail.com



Writing for Pleasure

The pen is mightier than the sword.



It isn't quite the Silly Season yet, but sometimes our writers just want to write about Nothing. After all, Shakespeare wrote much ado about it.

Much Ado About Nothing.

by: Helen Goleby

Nothing is a busy little word.

"Nothing to do", well that's "Nothing to cry about", but I really think you're "Up to Nothing".

And most unfortunately, "I have Nothing", because "Nothing works", and "Nothing helps" therefore "Nothing matters".

So really, there's "Nothing more to add".



Monday 9.00 for 9.30am
Donald Simpson Centre
172 Bloomfield St, Cleveland

November 13: WE WILL REMEMBER THEM



Col SUTCLIFFE OAM

As a special Remembrance Day commemoration, Col will share the depressing conditions that thousands suffered and gave their lives for on the Death Railway, Thailand/Myanmar in World War 2.

November 20: QANTAS – ITS ORIGINS AND CONNECTIONS TO WINTON

Brian HEDGES Retired educator.

QANTAS is the oldest airline in the English-speaking world. It was founded in 1920. Hudson FYSH said that QANTAS was conceived in Cloncurry, born in Winton, grew up in Longreach, came of age in Brisbane, and became an international airline in Sydney.

November 27: CHRISTMAS SINGALONG



Cheryl CHRISTIE and the Singers U3A (Redlands)

As a grand finale to end 2023 U3A Redlands District Life Matters, the Singers U3A (Redlands), under the direction of Tutor, Cheryl Christie, will present a special Christmas event. Come along and bring your U3A Redlands District mates to spread the Christmas cheer.

Stay for a cuppa afterwards

English and Australian Country Dance 2024



This class will start again next year with a new Tutor. We would love new members to join us on Thursday mornings, to enjoy this wonderful form of exercise and cognitive stimulation. You'll be so busy enjoying the camaraderie, music and interesting formations that you won't realise you're exercising. Both men and women are welcome and encouraged to get in touch. Everyone dances with everyone in this wonderful social activity, so no need to worry about not having a partner. If you can walk in time to music, we would love to have you join us. Absolute beginners are most welcome.

Enquiries to Isobella on 0421 823 089 or email claraisobel9@gmail.com.

Save our Water Aerobics class!



The 1.15pm class on a Friday will finish this year - not because of lack of interest but because it needs a Tutor/Co-ordinator.

Can you help?



Requirements:

- Attend the one hour class most Fridays
- Look after the attendance
- Lead the participants through the routines (with help from others)
- Communicate relevant U3A messages to members.

CONTACT: Tutor Liaison Leisure, Mary Smith
0404 460 251

Can you Help

FRONT OF HOUSE VOLUNTEERS

We need helpers for a couple of hours at our Theatre Show on Thursday, 30 November.

- Door helpers to mark off names of attendees (*2 needed each session*)
- Tea/Coffee helpers (*need 2 each session*)

Please contact the office at admin@u3aredlands.com.au with your preference.



"It's All an Act"

A light-hearted look at life in the Theatre.
by Carl L Williams

Thorneside Community Hall

Thursday, 30th November 2023

Showtimes: 10.00am and 2.00pm

Doors open at 9.30am and 1.30pm for tea & coffee

Tickets \$10

To book call the Office: 3821 3888

Come and Enjoy the Show



Armchair Travel

Cleveland Uniting Church – Large Hall, Passage St, Cleveland
9:30 – 11:00am

December 7: Rambling in Scotland

For our last meeting in 2023, Deidre Hargreaves will share her travels around the Scottish countryside.

We will be back in 2024 with more adventures as John Kolcze has kindly offered to keep this group running.

Thursday, 1st February will be our first Armchair Travel for 2024. Jennifer will be presenting the second part of her motorhome travel adventure as she and Peter travel through Europe.

U3AR Management Committee



Front: Trevor, Janese, and Charles

Back: Elizabeth, Mary, Edwina, Liz, Brenda and Debra.

Absent: Julie Porteous

*Are you Passionate about
Lifelong Learning
and socialising with like-
minded people?*

THEN U3A REDLANDS DISTRICT COMMITTEE NEEDS YOU!

U3A Redlands Committee is recruiting for Committee Members for the following:
Vice President; Events/Catering Co-ordinator; Publicity; Tutor Liaison.

The mandate of this committee is to oversee the administration of the affairs, property, and funds of the association.

The committee consists of 10 volunteer U3AR members. This committee meets at 12.30pm the second Wednesday of each month.

Apply today to

secretary@u3aredlands.com.au

for more information and to view role descriptions.

Remembrance Day – 11 November

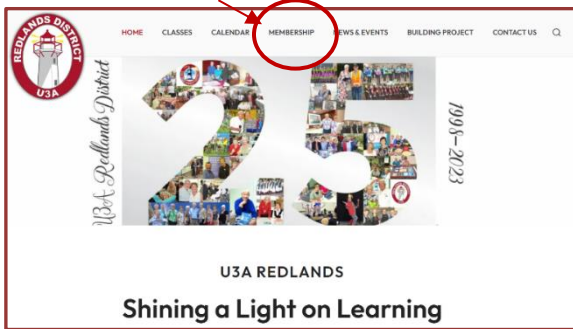
We will remember them.





2024 Renew Membership TIPS

<https://u3aredlands.com.au/>



Existing members **DO NOT** need to **JOIN U3A Redlands** again, select **"RENEW MEMBERSHIP"**.

If you have **ever had a U3A Redlands membership number** you will be in our system, **DO NOT** select "Join U3A Redlands".

Although the website has a new appearance, your membership account looks the same.

1. Click on **"MEMBERSHIP"** (located along the top bar of the website).

2. **RENEW MEMBERSHIP**

3. **Member Login**

(If you cannot remember your password, use the "Forgot password" button).

4. Follow the prompts to make a payment by Credit or Debit Card. A receipt will be emailed to you.

Payments can also be accepted via EFT to:
Account Name: **University of the Third Age Redlands District Inc.**

BSB: **124025**

Account: **10545277**

Reference: **Surname, initials and membership number** (if known)

5. Process for **Couples** as either 'New" OR "Renewing memberships".

One member of a couple renews/joins as a "FULL" member. Take note of the membership number provided.

The remaining partner is then able to renew/join as a "COUPLE" then provide the partner member number and pay the reduced membership fee.

6. Once you have renewed/joined, you are able to enrol in classes by following the prompts at the bottom of your account page.

7. **Class Enrolments for 2024 will open on Friday, 17 November.**

NOTE: Your enrolment in class **DOES NOT** roll over each year. If you attended a class in 2023, you must re-enrol again for 2024. Instructions on how to do this are on the website under "Membership".

If you have problems with renewing your membership, you can either phone the office on 3821 3888 or email

enquiries@u3aredlands.com.au



2024 Membership Fees

Annual Membership Single - \$40

Annual Membership Couple- \$75

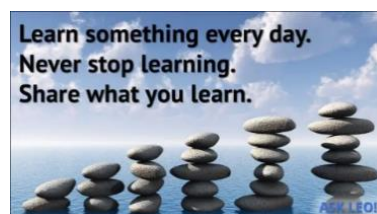
(Partner 1 \$40; Partner 2 \$35)

15 Reasons to Join U3A Redlands

1. Wide range of classes
2. Keeps your body and brain in shape
3. Affordable education
4. Learning for Pleasure
5. No exams or assessments
6. Share your skills/knowledge as a Tutor
7. Leadership Development
8. Fun and Friendship
9. Meet nice people
10. Cultural Awareness
11. Develop Social Skills
12. Part of a Community
13. Entertainment
14. Social Events
15. Australian Wide and International Organisation

What you get for Free

- Ramblers Walking Group
- Petanque (French Bowls)
- Zoom Camera Tutorials
- Botany in the Bush
- Cycling Groups
- U3A Classes held in Libraries
- Be Connected computer classes



In an EMERGENCY
dial TRIPLE ZERO
(000)



For NON-URGENT
Police contact call
POLICELINK
131 444

Crime Prevention Corner

3 Steps to protect yourself from scams

With scams increasingly becoming more complex and harder to identify, the ACCC advises people to follow these three simple steps to protect themselves from scams:

1. **STOP: Don't give money or personal information to anyone if unsure.** Scammers will offer to help you or ask you to verify who you are. They will pretend to be from organisations that you know and trust, like Services Australia, police, a bank, government or fraud service.
2. **THINK: Ask yourself could the message or call be a fake.** Never click on a link in a message. Only contact businesses or government using contact information from their official website or through their secure apps. If you're not sure say NO, hang up or delete.
3. **PROTECT: Act quickly if something feels wrong.** Contact your bank if you notice some unusual activity or if a scammer gets your money or information and seek help from the following organisations:
 - IDCARE (www.idcare.org or 1800 595 160) and report to
 - ReportCyber (www.cyber.gov.au or 1300 292 371) and
 - Scamwatch (www.scamwatch.gov.au and 1800 595 160).

Bayside DCPC – email: DCPC.Wynnum@police.qld.gov.au – blog: www.mypolice.qld.gov.au/bayside

U3A Redlands District Inc. 2023 Management Committee

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