



### President's Message

From Janese Lowe



Welcome to Term Four and October Seniors Month.

**Are you interested in Current Affairs in Australia?** Don't miss Life Matters' special guest lecturer Paul Oates during Seniors Month. Enjoy the following Australian themed presentations at the DSC:

- Mon 9 Oct – Aust. as a Trading Partner
- Mon 16 Oct – Dwindling Water Supply
- Mon 23 Oct – Food Resources

**Open to the Public, so please bring a friend - \$5 for Entry, incl. tea & biscuits.**

**Special Meeting Reminder – Wednesday, 11 October, 9.30am Conference room, Redlands Research Facility, Delancey Sreet, Cleveland.** Members have been given 14 days' notice of the proposed Motion to Increase U3A Redlands annual membership fees. Financial members are encouraged to attend the meeting. Those members unable to attend in person can lodge a proxy vote which must be delivered to the U3A office, or given to your nominated person, or by emailing [secretary@u3aredlands.com.au](mailto:secretary@u3aredlands.com.au) by 10 October. Thank you to those members who have already emailed their proxy vote.



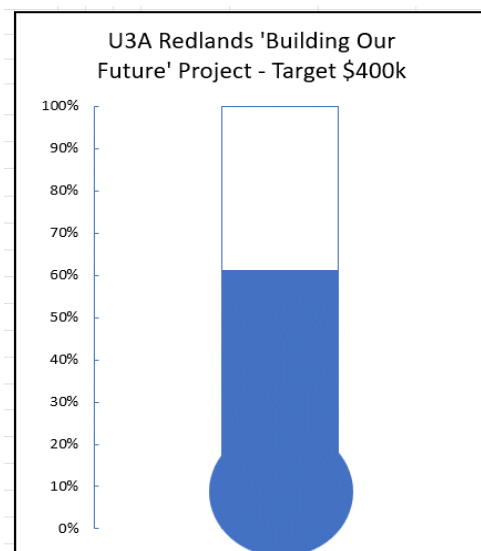
### Building Project Update

**GREAT NEWS,** we have certified plans and a signed Builder contract and hope to start work late October (Date TBC). Check your emails, Facebook and/or website for the upcoming official sod-turning ceremony.

Stage 2 of our project includes, site preparation, concrete slab, conduit and plumbing to the edge, frame and roof.

Our Council grant will partly finance Stage 2, however, **U3A Redlands needs to raise \$20,000 for the roof to complete Stage 2.**

The Gambling Community Benefit Fund (GCBF) grant of \$100,000 was received into our bank account during September and has boosted our fundraising total to around 60%. Looking good, but the target is a way off yet.



### HELP US PURCHASE A ROOF FOR STAGE 2

For Direct Deposits:

Bank of Qld BSB: 124025

Account: 23387501

Ref: *Surname* **Roof Donation**

*Donations to U3A Redlands Building Fund are tax deductible per Sub 30-B 2.1.10 Tax Act.*

### Fundraising Update:

*Thank you for the following donations in Term 3*

#### Donations - Members

*Dawn Montgomery* **\$500.00**

#### Donations - U3AR Groups

*Mahjong (Rose Reidlinger)* **\$204.00**

*Camera Group* **\$ 78.40**

*Syvia Bridge Patchwork* **\$ 32.55**

*E.&OE. We appreciate your ongoing support.*

# PROPOSED U3A Redlands TRIP TO JAPAN - April 2024

We are planning a tour to Japan in April 2024 which is Cherry Blossom time.

If you are keen to join other U3A members, then please contact John and Debra Barker by email: [barkerjd77@gmail.com](mailto:barkerjd77@gmail.com)

The Travel Agent is Sonia Jones  
Mobile: 0450 154 478  
Email: [sonia@soniajonestravel.com](mailto:sonia@soniajonestravel.com)



Sonia Jones  
Sonia Jones Travel  
0450154478  
[sonia@soniajonestravel.com](mailto:sonia@soniajonestravel.com)

### Japan in Spring - U3A - April 2024




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**Trip Summary**  
Thursday · April 4th, 2024 - Sunday · April 14th, 2024

Thursday · April 4th	Tokyo
Friday · April 5th	Tokyo-Kani
Saturday · April 6th	Kani
Sunday · April 7th	Kani
Monday · April 8th	Kani-Takayama
Tuesday · April 9th	Takayama
Wednesday · April 10th	Takayama-Shirakawago-Kanazawa
Thursday · April 11th	Kanazawa
Friday · April 12th	Kanazawa-Osaka
Saturday · April 13th	Osaka
Sunday · April 14th	Tour ends today - Sayonara.


## U3A Redlands

### Japan in Spring - April 2024

Sonia Jones  
Sonia Jones Travel  
0450154478  
[sonia@soniajonestravel.com](mailto:sonia@soniajonestravel.com)

### Expression of Interest Form



I wish to express my interest in the Japan in Spring trip next year.

Name & Surname: \_\_\_\_\_

Email address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Passport: \_\_\_\_\_ (nationality)  
 \_\_\_\_\_ (number)

I understand that the \$500 deposit to be paid to U3A Redlands is fully refundable.  
 BSB: 124025  
 Account no: 10545277  
 Reference: Surname, Japan

I understand that the cost of \$3900 is an approximate one at this stage. When participant numbers have been settled an accurate costing will be communicated and I will then be asked to commit to the trip. Cancellation fees may apply after that.

\_\_\_\_\_  
Signature



# 'Another Day in Paradise'



Our combined **Variety Show** was held on Thursday 14 September and Saturday 16 September to packed houses at the Thorneside Community Hall.

Audiences thoroughly enjoyed the lively program which included performances from our Ukulele, Jazz and Tap, Scottish Country Dancing, Theatre and Singers' groups.

Each act was expertly introduced by Master of Ceremonies, Liz Sanderson who also performed with the Theatre Group.

A big thank you to Tutors Nicole West, Cheryl Christie, Sue Willingham, Heather Heron and Jan Fraser for taking part again this year.

A lot of work goes into a combined concert, so thank you to everyone involved – Tutors, performers, sound, front of house and more.

All appreciated the efforts of our catering volunteers who delivered tea, coffee and treats, all included in the cost of the ticket.

***Well done everyone!***





## English and Australian Country Dance Group

It is with much sadness that, after 26 years of keeping the tradition alive, we will not be continuing next year.

Many have come and gone during this time, all contributing to the comradeship and laughter of our happy group.

We thank every one of you most sincerely for the pleasure of your company, and remember special times from our past:

- Canberra Folk Festival
- A weekend at the Hollow Log Llama Farm
- Christmas in July at Indigiscapes
- Celebrating our own Golden Wedding Anniversary.

Then there was the hospitality of Aged Care Homes and our participation in demonstrations. Of more recent times, our dancing has been merely for our pleasure.

To those who dance it with such enthusiasm and skill, listen to any Royal occasion on television and you will hear the strains of "Queen of Sheba". *Happy Memories Love you all, Betty and Chris*



**Armchair Travel**  
**Cleveland Uniting Church – Large Hall.**  
**Passage St, Cleveland**  
**1<sup>st</sup> Thursday of the month 9:30–11:00am**

**November 2: UK by Motorhome**  
Come along with Jennifer Brew as she and Peter take a 6 month motorhome tour through England, Wales, Ireland & Scotland.

**December 7: Rambling in Scotland**  
This month, Deidre Hargreaves tells us about her adventures rambling around the Scottish countryside.



## Writing for Pleasure

*The pen is mightier than the sword.*

*As part of the U3A Redlands 25<sup>th</sup> anniversary, the writers wrote stories 25 words long to be part of the Redlands Museum display. The following contribution was by Helen Goleby.*

**A Book Calls.** Helen Goleby

"Coffee poured? Feet up? Are you feeling relaxed?"

Well, come in, meet my characters, enjoy my story,  
and say goodbye to Time."



**Monday 9.00 for 9.30am**  
**Donald Simpson Community Centre**

**November 6: Basis for Belief**

**Rob KITZELMAN** is a retired Ancient and Modern History Teacher.

In his presentation to Life Matters he will pose questions to address.

In a world of numerous philosophical and religious beliefs, how do we determine the value and validity of any belief system? (eg. the Christian faith).

Is it important to evaluate or discriminate among the diversity of ideologies?

How is a knowledge of history helpful for such decisions?



**Managing your Power Bills**

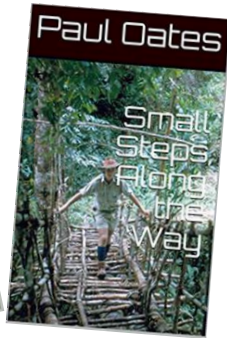
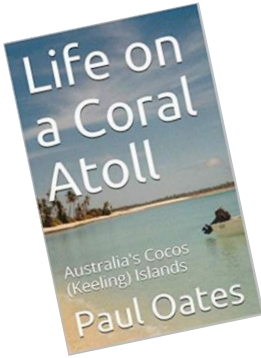
This Seniors Month Event has been **CANCELLED**, however, it will be made available at a suitable time during 2024.



# U3A Redlands District

## *Life Matters Special Interest Topics*

**During Seniors Month, October 2023**, U3A Redlands District brings you a program of special interest topics in their regular **Life Matters** presentations at the Donald Simpson Centre, Cleveland on four consecutive Mondays commencing 9<sup>th</sup> October.



**Paul Oates**, author, government administrator, primary producer, baby boomer and public affairs commentator will facilitate the first three thought-provoking current affairs presentations.

**Monday 9<sup>th</sup> October – *Australia as a Trading Partner*** explores issues of overseas trade, control, surplus and our potential future.

**Monday 16<sup>th</sup> October – *Australia's Dwindling Water Supply*** examines droughts and floods and responsible management of the resource.

**Monday 23<sup>rd</sup> October – *Australia's Food Resources*** discusses how and where our food is produced now and into the future.

**Monday 30<sup>th</sup> October – *My Care, My Choice*** provides practical steps to empower seniors to plan their future health care



**Shae Millar**, Clinical Nurse Consultant, will discuss planning for important health care issues for seniors on the final Monday in this program.

**Session details:** # U3A Redlands District Members and **non-members WELCOME**  
# Doors open **9.00am** # Presentation **9.30am to 10.30am**  
# Tea and coffee **10.30am to 11.00am**  
# Cost is **\$5.00** per session

**Venue:** Donald Simpson Centre, 172 Bloomfield Street, Cleveland.



# U3A Redlands Presents

## *"It's All an Act"*

A light-hearted look at life in the Theatre

by Carl L Williams

*Join us for musical  
theatre, dance and fun.*

Thorneside Community Hall

**Thursday, 30<sup>th</sup> November 2023**

**Showtimes: 10.00am and 2.00pm**

Doors open at 9.30am and 1.30pm for tea & coffee

Book NOW: Limited Seating - **Tickets \$10**

Book at: U3A Redlands Office - Cleveland High School

Call: 3821 3888 weekdays 9.00am to 12.00 midday



## SHARE YOUR ENTHUSIASM

We are seeking volunteers to fill these Committee Vacancies. We are looking for positive and enthusiastic candidates, who are well organised and have good interpersonal and computer skills. An overview of the role descriptions are as follows:

**Tutor Liaison Officer** is responsible for liaising with prospective new tutors and as a contact for existing tutors. You will be involved in Tutor events including Open Day and Tutor Forum.

**Events Co-ordinator** is responsible for organising functions including co-ordinating volunteers, venue set up and catering for functions agreed by the U3A Committee.

**Management Committee Member** is responsible for undertaking such tasks as nominated by the President. On an as needs basis, they could assist other committee members at busy times or when on leave; attend and take notes at Redlands Senior Network or Seniors Month meetings etc; or partake in small one-off projects.

If you want to know more, the current committee members would be happy to answer any questions and their email addresses are listed on the last page of the newsletter. Nominations must be in the hand of our Secretary before Monday, 20 November 2023.



## Can you help us?



As a Not-for-Profit, U3A Redlands District relies on our amazing volunteers to assist with the day to day running of our programs and events.

Volunteering is a great way to meet new people with similar interests, give you a feeling of community and to help develop a solid support base.

### CURRENT VOLUNTEER OPPORTUNITIES

**We need volunteers to help for a couple of hours at our end of year Theatre Show on Thursday 30 November**

- Can you help on the door to mark off names of attendees?
- Can you help with serving afternoon tea?

**If you are available to help**, please contact the office with your preferred duties.

[admin@u3aredlands.com.au](mailto:admin@u3aredlands.com.au) or 3821 3888.

## HELP REQUIRED IN 2024 ARMCHAIR TRAVEL

We are in **URGENT NEED** of helpers for next year's Armchair Travel Group.

We are looking for help with the following tasks:

- Setting up the Chairs
- Taking Money at the Door
- Help with Morning Tea
- Setting up the presentation equipment when Jennifer is away.

This is a longstanding group that meets only 11 times a year (1<sup>st</sup> Thursday of the month). Sadly, if we don't get support helpers, then Armchair Travel Group may have to close.

**Please contact Jennifer on 0403 835 895 if you can help.**



## U3A Redlands District Inc.

**SAVE the DATE**  
**24 November 2023**

### Tutor and Volunteer Christmas Party

As the year draws to a close, planning is underway to celebrate another exciting U3A Redlands year.

Invitations and details will be provided soon.






## University of the Third Age Redlands District Inc. 25<sup>th</sup> Annual General Meeting

On **Monday 4 December 2023, 9.30am** to be held at the Donald Simpson Community Centre, Bloomfield Street, Cleveland

If you have never been to an AGM before, **please save the date** to come along and experience the meeting and the final celebration of our 25<sup>th</sup> Anniversary year. See November newsletter for more details.



#### U3A Redlands District Inc. 2023 Management Committee

President	Janese Lowe	<a href="mailto:president@u3aredlands.com.au">president@u3aredlands.com.au</a>
Vice President	Julie Porteous	<a href="mailto:vicepresident@u3aredlands.com.au">vicepresident@u3aredlands.com.au</a>
Secretary	Trevor Simmons	<a href="mailto:secretary@u3aredlands.com.au">secretary@u3aredlands.com.au</a>
Treasurer	Charles De Wet	<a href="mailto:treasurer@u3aredlands.com.au">treasurer@u3aredlands.com.au</a>
Tutor Liaison Leisure	Mary Smith	<a href="mailto:tutorliaisonleisure@u3aredlands.com.au">tutorliaisonleisure@u3aredlands.com.au</a>
Tutor Liaison Academic	Elizabeth (Liz) Jeffs	<a href="mailto:tutorliaisonacademic@u3aredlands.com.au">tutorliaisonacademic@u3aredlands.com.au</a>
Office Co-ordinator	Debra Mitchell	<a href="mailto:coordinator@u3aredlands.com.au">coordinator@u3aredlands.com.au</a>
Publicity Officer	Liz Sanderson	<a href="mailto:publicity@u3aredlands.com.au">publicity@u3aredlands.com.au</a>
Events Catering	Edwina Potter	<a href="mailto:events@u3aredlands.com.au">events@u3aredlands.com.au</a>
Committee Member	Brenda Hazelwood	<a href="mailto:specialprojects@u3aredlands.com.au">specialprojects@u3aredlands.com.au</a>
	<b>3821 3888</b>	 <b>PO Box 1231, Cleveland QLD 4163</b>
	<a href="mailto:admin@u3aredlands.com.au">admin@u3aredlands.com.au</a>	 <a href="http://www.u3aredlands.com.au">www.u3aredlands.com.au</a>

Newsletter Contributions	Next Cut off: Friday, 3 November	<a href="mailto:newsletter@u3aredlands.com.au">newsletter@u3aredlands.com.au</a>
Newsletter Editor	Denise Lee	<a href="mailto:newsletter@u3aredlands.com.au">newsletter@u3aredlands.com.au</a>