



## President's Message

*From Janese Lowe*

Let's celebrate the return to warm weather, and all things **SPRING!** **Join the fun and bring your friends to our Spring Soiree**, social and fundraising event on **Saturday, 10 September**.

Enjoy cheese, wine, beer and punch, while being treated to live and silent auctions with great prizes. This is your last chance to get tickets-just \$25 per person. Full details Page 3.

The next event after the Spring Soiree, will be the rescheduled Variety Show, **'Let Us Entertain You'** on **Thursday, 13 October**. I attended the July Dress Rehearsal and can **highly recommend** this show. All groups are keen to perform. Full details are on Page 4.

More busy times ahead with October being packed with Seniors Month events, which are detailed on Page 5.

Ian and I fitted in our holidays, just before U3A Redlands' last and busiest quarter. We returned with stories of good times, but also of delayed luggage and isolating with Covid. These are considered the 'norm' when you travel in the current times. As my Vice President Julie Porteous was travelling overseas at the same time, I asked Past President Debra Barker to act as President in our absence, to deal with any unforeseen circumstances. I was quite shocked when she contacted me with the sad news of the passing of U3A Redlands' inaugural President, John Butters. Thank you Debra for offering to attend the next 'Life Matters' meeting to pass on the news, and comments from myself and Glenice Palmer, to John's friends and regular attendees.

Unfortunately, Debra, Julie and I were unable to attend the funeral, so Neville Knott agreed to represent U3A Redlands. I am told that when Neville Knott became too unwell to attend, the Life Matters Group did a ring around, and with Merle's permission it was agreed that June Busfield would speak on behalf of the U3A community.

It is heart-warming when the U3A Redlands Community rallies together in times of need. I believe the funeral was well attended and as June Busfield knew John well, it was fitting that she spoke on behalf of the U3A Redlands Community.

To Debra Barker, June Busfield and to the friends from the Life Matters Group, please accept my extreme gratitude.



## Building Project Update

We are currently fine-tuning our preliminary drawings. Then, with funds received from our RCC Project Support Grant, we will be able to have detailed construction drawings prepared, in readiness to tender for builders.

Unfortunately, the grant application submitted end of June for the purchase and installation of a septic tank was unsuccessful. You win some, you lose some!

For the next stage of the project, we will be applying for a Redland City Council Large Capital Infrastructure Grant, due to be submitted by mid-September. Then we wait.

It will be a long time before we are 'shovel ready'! In the meantime, we would welcome donations from all levels of government, corporates, and our members. Talk to me or any of the Committee Members, if you think you can help or have interesting ideas.

*Birthday Wishes to all  
U3A Redlands members*



*celebrating a  
Birthday in  
September*

## Contemplative Meditation Group

In August the group enjoyed a lunch at the Grand View Hotel to celebrate the Birthday for two founding members of the Contemplative Meditation Group.

*Olga Harris: 80 years on 22 August.  
Richard Philip: 95 years on 12 August*



Olga and Richard are long standing members and supporters of U3A Redlands, and both participate in a wide variety of U3A and community activities. What is their secret? Meditation, engagement and always finding the positive in each day.

**This Group has already generously donated \$500 towards the 'Building our Future' fund. What a great effort from these generous members.**

*Gail Schurer, Tutor for Contemplative Meditation.*



## Writing for Pleasure

*The pen is mightier than the sword.  
With Spring in the air, the stimulus for our writing this month was dancing balloons framed by blue skies, and from it Barb Walsh, one of our enthusiastic and creative writers had a multi-coloured daydream.*

### My Multi-coloured Daydream - Barb Walsh



I stare intently at the numerous brightly coloured blobs, firstly seeing these as a mass of balloons released into

the sky. But wait a minute, there are no tails! Where are the tails? If they are balloons surely the tails would be visible as they float skywards. I can even see a hint of a cloud down at the bottom of the blue "canvass" Ah! Is this a canvass then? Perhaps an abstract painting of balloons heading skywards. The painter has just omitted the tails.

Now I see that some spots are larger and ahead of the pack, some are less distinct, others left behind. There are spots overlapping, perhaps hitching a ride, others bunched together or off to the side.

Then I think about humanity. Is this representing the mix of humankind? The larger dots signifying the trailblazers pushing ahead of the pack. The stragglers are those left behind in the rush for success. Others in the mix willing to climb over whomever gets in their way. Or is it the ethnic mix of society we see across our world today?

What does it really mean? Does anyone know? Do we all see something different in this, our own "Multi-coloured daydream"?

*Get your table together for the Spring Soiree*



**Come and join the fun – bring your friends!**

The Memorial Hall, 28 Smith Street Cleveland.

Saturday 10th September - 3pm to 5:30pm.

**\$25 per person** – cheese, wine, beer and punch included

Our Festive Spring Soiree Auction includes:

- \* A weekend at a 2-bedroom Beachfront Unit at Kirra
- \* A numbered print by David Hart
- \* A complete set of cutlery by Stanley Rogers
- \* Two return tickets to Stradbroke from Sealink
- \* Other prizes, including mystery items!

Many other sensational open auction items have been generously donated by local businesses

**RSVP** Friday 2<sup>nd</sup> September 3821 3888 / [admin@u3aredlands.com.au](mailto:admin@u3aredlands.com.au)

**Bank Details: U3A Redlands**, BSB:124025 Account: 10545277 Ref: Your last name and initial. Proceeds towards "Building our Future" project



**"To brie or not to brie" – that is your question**

# U3A REDLANDS SHOWCASE CONCERT

## RESCHEDULED TO:

Thursday, 13 October

A Showcase of Theatre, Music, Song and Dance.

Two Shows: 10am and 2pm

Thorneside Community Hall

Tickets - \$10.00



We regret that an outbreak of Covid amongst performers and helpers forced the cancellation of our 21 July Variety Shows.

Members were advised by bulk email, with a request to 'spread the word to members and non-U3A members who had purchased seats'.

**Please accept our apologies, if for some reason you did not receive this advice.**

As they say in the theatre, "The Show Must Go On!" and our dancers, singers, musicians and theatre group have regrouped and are ready to entertain you at the rescheduled date and times:

## PAID CUSTOMERS - PLEASE NOTE

- Customers on the July ticket list will be on the October ticket list (*to be marked off at the door*).
- Paid Customers will have the following options:
  - ❖ Attend the same show on the new date
  - ❖ Swap to the other time (*must contact the office*)
  - ❖ Get a refund if you cannot attend (*must contact the office*)

## NEW CUSTOMERS ARE ALSO WELCOME

- Pre-Purchase Your Ticket through the **Office 3821 3888**.
- Or Purchase at the door.



Monday at 9.00 for 9.30 am

**Donald Simpson Community Centre  
172 Bloomfield St, Cleveland**

**MASKS are mandatory in the DSC**

**12 September:** Mark Gallagher  
Brisbane/Redlands Legacy  
*TOPIC: Compensation & Wellbeing Advocate*  
**10 October:** Janese Lowe and Team  
U3A Redlands President

*TOPIC: Building our Future*  
Janese and others will share the vision for the future including plans to develop a home of its own. Where will it be sited? How will it be funded? Learn the answers to these and many other questions at this interactive session

**17 October:** Geoff Crane  
Tropical Meteorologist

*TOPIC: Tropical Cyclones*  
Geoff is well qualified to share with us about tropical cyclones. He spent 8 years in Darwin working in tropical meteorology. Eventually he moved to Brisbane and was head of the Brisbane Tropical Cyclone Warning Centre for 12 years. He later worked on setting up tsunami warning systems in Australia and several other countries.

**24 October:** Amanda Harvey  
QR Business Development  
*TOPIC: Qld Rail Travel & Holiday Packages*

**All are welcome at these informative sessions.**



## Redlands U3A Trash 'n' Treasure

As part of our Fundraising venture, U3A Redlands is holding a **Trash 'n' Treasure** on **Saturday October 15**, in **Cleveland!**

At this point we just ask that you hold onto any donations, and we will let you know closer to the time where we'd like them to go. We have one storage garage for clothes only, and one for everything else.

**Donations** could be:

- Clothes (including children's)
- Household items (including electrical)
- Craft objects
- Books
- Toys
- Any trash 'n' treasure that you can think of – but not furniture please! Small items are OK, but as we need to clear everything on the Saturday afternoon, we really don't need tables, chairs etc.



Please mark your calendar with **Saturday October 15**, and come along and join the fun. Hoping for big things from this fundraiser!

## U3A Redlands Activities during OCTOBER SENIORS MONTH



### U3A Redlands GOLF DAY

**Monday, 17 October 2022**

U3A Redlands Seniors Month Golf Day at Carbrook Golf Course, 653 Beenleigh Redland Bay Road, Carbrook.

Meet for lunch (burger) before the game and tee off at 12.15pm for 18 holes in carts.

A trophy for best player plus lots of other prizes.

Cost: \$30 for Carbrook Club Members

\$55 for Non-members.

(Limit of 50 people)

Please RSVP to Randolph Story:

Ph: 3821 2498 or M: 0437 273 348

Email: [rand.story@outlook.com](mailto:rand.story@outlook.com)

## Keep your brain working with U3A Solo Cards

***If you are looking for a pleasant afternoon amongst a friendly crew - don't look any further.***

At **SOLO CARDS** you can select to play each hand with a partner or go it alone, depending on how the cards are dealt out.

We run a learning group so you can start as an amateur at this fascinating game.

**TIME:** 12:30 – 4pm each *Wednesday*

**PLACE:** Star of the Sea Hall  
Passage Street, Cleveland.

**COST:** \$5 includes afternoon tea.

For more details contact:

Hazel: 3824 7450 or 0402 489 030

John: [tranterjohn@hotmail.com](mailto:tranterjohn@hotmail.com)

0408 505 679



## ENJOYING POETRY

For those of you who have enjoyed poetry before or maybe never connected with it, here is your chance to sit back, relax and be entertained. Hear about 5 major 20th century Australian Poets in a power point presentation with Anne McBurnie.

*"Come and see what it's all about  
You'll enjoy it without a doubt  
It's good for the brain  
To stimulate and stay sane!  
You can just sit and see  
Or write, or speak,  
Or listen to poetry.*

*Even if you never liked it at school,  
Now you may find it really cool  
With poetry as another expressive tool!*

- **Every second Tuesday from 11 October**
- **9:30-10:30am - Cleveland Library**

If you would like to join this course, please contact the office 3821 3888 or email

[admin@u3aredlands.com.au](mailto:admin@u3aredlands.com.au)

For further course information:

Phone: Anne McBurnie 0422 916 526

Email: [annemcbur@bigpond.com](mailto:annemcbur@bigpond.com)



## 2023 Online Renewals Open Wednesday, 1 October 2022

**CURRENT or \*FORMER MEMBERS**

If you have a U3A Redlands Membership Number you are classed as **"already a member"**, \*regardless if you are a current member or not.

### RENEWALS TIPS

1. From the U3A Redlands home page, select the "Membership" icon from the top ribbon. Login to your account and select "Renew membership 2023" and follow the prompts.
2. When **couples** renew, please note that one member of the couple must pay a **"Full"** membership **and** complete the renewal process entirely. The other member can then renew by selecting the **"Cpl"** membership option, include the number of their partner. (They will receive the discounted membership fee).
3. After renewing your membership, you must enrol in your class. This is not automatic.



## 2023 Online Membership Open Wednesday, 1 October 2022

**NEW or \*FORMER MEMBERS  
Get 15 Months for price of  
12 Months  
When you join in October**

### TELL YOUR FRIENDS!

[www.u3aredlands.com.au](http://www.u3aredlands.com.au)

1. Click the Join online here button
2. Complete your details
3. Click Apply for Membership 2023
4. **Couples** please note Tip 2. Renewals

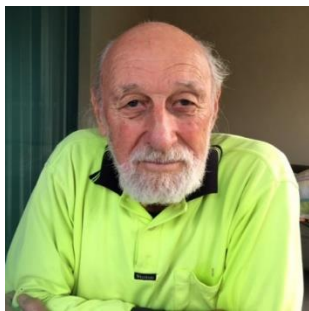
## U3A Redlands Announces Relaxed Covid Rules

**U3A Management Committee took a vote at the September Committee Meeting which agreed to the following:**

### U3A Redlands supports more relaxed Covid Rules.

- U3A Redlands members and visitors are no longer required to show proof of either full vaccination or medical exemption **to attend U3A office, classes, activities and venues.**
- Where venues that we use for U3A classes/activities, still require mask wearing and other Covid-safe practices, all U3A members must comply, so that those U3A classes/activities may continue.
- It is at the discretion of individual U3A Redlands Tutors, that if they prefer their class attendees to continue to be fully vaccinated, wear masks and practice other Covid-safe practices, **U3A Redlands will respect those wishes. However, please advise the office, so that your particular class list can be updated accordingly.**
- In general, all members should take responsibility to protect themselves and those around them by adopting Covid-safe practices; wear a mask when you feel at risk; and stay home if unwell.

## INTERVIEW WITH JOHN TRANTER – INTERMEDIATE FRENCH TUTOR



John Tranter is another of our valued long serving U3A volunteers who was recently acknowledged for his service as a French Tutor/co-ordinator. I recently spoke to John regarding his

experiences with Redland U3A. He is very proud to be member No 148.

**What was your occupation during your working life?**

I was a Composer in the printing trade, after which I joined the UK Navy and served in Cypress. After coming to Australia, I was a TAFE teacher teaching Graphic Arts and Management.

**What interested you in learning the French language?**

I initially learnt and was interested in French at school. When I was in the Navy in France, I attempted to say something in French and I caused a lot of laughter and I thought to myself *"I will have to do something about that"*

**Would you describe yourself as a francophone?**

Whatever that means I would say "yes". I am interested in the language, French culture, history and travel in France. I am not so much into correct grammar but more with the conversation and communication.

**How did you first acquire your knowledge of the French language and how did you maintain the language?**

I learnt French at my Grammar school in the UK. I was always interested, but I put it at the back of mind to pursue when I retired. I was one of the first members of Redlands U3A and joined the French class and the Solo cards groups.

**I understand that you have often travelled to France. Tell us a little about your experiences in France.**

I have travelled to France many times. For a number of years, I went every year for a month as an English teacher for a couple of French families. These were ordinary families who wanted to improve their English.

I was contracted by an Organisation in the first instance and was required to spend 15 hours per week teaching English. Later this became a private arrangement with two families. In return for teaching English, I was immersed in all the family activities, parties, picnics, cinema, and provided with accommodation and board in their home. My secondary interest was in ancient Roman architectural sites and I visited the amphitheatres at Nimes and Arles. I visited the cemeteries of the Somme from "Guerre Quatorze". All these places I visited on my bicycle and have ridden extensively in France. I have had many memorable experiences.

**Why did you decide to lead a French class for the Redlands U3A?**

The existing French teacher dropped out and it went from there.

**From your experience as a tutor what have you found to be the most common reason for your students to attend your class?**

I provided interesting topics for conversation and made sure that I was well prepared for each class. Obviously, students were interested in the French language. My classes catered for students who already had basic French language.

**What did you enjoy most about being a Tutor?**

Socialising and making new friends. Students who really appreciated my efforts such as Lyn who cooked up a French recipe for the class.

**What advice would you give to anyone who may be thinking of becoming a Tutor?**

Be prepared to be dedicated and to prepare thoroughly.

**What do you think of the importance of volunteering in the 3<sup>rd</sup> stage of life?**

Terribly important because of all the anxieties in the world now. We need the enthusiasm and experience of older people to get more satisfaction in life.

Volunteering helps older people to get to know others, to keep an open mind and to be active in both mind and body. I feel a great deal of anxiety and frustration in that the younger retirees are not so open to volunteering these days. Perhaps it is the increasing red-tape such as Workplace Health and Safety issues, insurance and lately Covid, which may also impact this.



## Grey Medallion Course

*Peter Marshall; Jann Marshall; Jenny Lewis; Dave Bowtell; Participant; Wendy Anderson; Chris Gildersleeve; Desleigh Johannsen; Bev Newton*

Over two day in August, a group of thirteen U3A Redlands members were privileged to meet with Bev Newton for our Royal Lifesaving Grey Medallion certificate course (a water safety and lifesaving skills program) run at the Plantation, Gumdale.

Practical, 'hands on activities' in the shallow pool, included personal water safety and rescue techniques. Day two involved the use of life sized adult, child & baby training manikins for CPR practice.

Bev's leadership of the course and her use of short video clips, certainly reduced any learning challenges that Seniors may feel they have. I know that my knowledge of First Aid has been significantly updated and I would recommend this course to other U3A members.

The workbook, completed in class, summarises the course content, and will be a handy reference. It would be reassuring to know that any member of any of our U3A classes could be safely cared for, until professional assistance arrived. Bev also discussed treatment for minor first-aid events that happen in daily life.

The course finished with Bev running a short Aqua Aerobics session to show us how to best exercise all our muscle groups and to keep enjoying pool time! We thank Bev very much for her interest in facilitating this opportunity, and her brilliant & personable delivery of the content.

*Jenny Lewis, and the Grey Medallion participants*



**U3A REDLANDS**  
**Live...Laugh...Learn**

**Come and Try Day**  
**Wednesday, 19<sup>th</sup> October 2022**

**Bring a Friend ... Free Activities**

- Experience Mah-jong, Scrapbooking, Ukulele, Tai Chi, Dancing, and so much more
- Our Rambler Walkers will bring a friend for a short walk culminating at the Come and Try venue, where you will also be able to chat with some of our Cycling group members, who will arrive by pedal power
- Enjoy our Singers, Dancers, and many other displays on the day
- Talk to current Tutors and Members about our courses and activities – Academic, Recreational, and Physical
- Join and Renew Membership on the day – bonus membership applies!



9:00 am to 1:00 pm **Victoria Point Community Hall**  
200 Link Road, Victoria Point Complimentary tea / coffee and biscuits.

**This is a Seniors Month Activity**

**U3A (University of the Third Age) Redlands**

Cleveland District State High School Phone: 3821 3888

Room F5, Russell Street

Cleveland 4163

Email: [admin@u3aredlands.com.au](mailto:admin@u3aredlands.com.au)

Website: [www.u3aredlands.com.au](http://www.u3aredlands.com.au)

## THESE CLASSES HAVE VACANCIES!

### **SOLO CARDS**

Contact **Hazel 3824 7450** or **0402 489 030**, or  
**John Tranter 0408 505 679** for more details

### **PLAY READING**

Contact **Margaret Dakin 0481 188 800** for details.

### **CANASTA**

Contact **Marcell Gorman 0418 110 555** for details.

### **MAH-JONG**

Contact **Rose Reidlinger 0413 309 808** for details.

### **WATER AEROBICS**

Contact **Marlene Favot 0438 195 001** for details.

### **FRENCH (INTERMEDIATE)**

Please contact **Mike Hubert 0438 009 566** for more details.



## Call for Committee Members

Positions on the Management Committee of U3A Redlands 2023 will be open for nomination from all members prior to the **Annual General Meeting on 28 November 2022.**

Our AGM is a little earlier this year, so please give this some thought now and submit **nominations** to our Secretary, **by no later than 14 November** (per our Constitution).

We welcome your talents and enthusiasm, to ensure your U3A continues as a vital and vibrant group of seniors in the Redlands. Our membership is 30% male/70% female – it would be wonderful to have your Committee with the same representation.

**Please** consider this opportunity to make a difference and nominate for a committee position.

**Discuss** your interest with a current committee member - details are at the end of this newsletter.

**Contact:** Janese Lowe  
[president@u3aredlands.com.au](mailto:president@u3aredlands.com.au) to register your interest.



## Friends of the Committee

As a Not for Profit, U3A relies on our amazing volunteers to assist with the day to day running of our programs and events.

Volunteering is a great way to meet new people with similar interests, give you a feeling of community and to help develop a solid support base.

If the committee is not for you, there are many other ways that you could help and you can nominate your availability, (say a few times a year or for particular events):

- Set up: kitchen & serving staff
- Events: Tea & Coffee helpers
- Bunnings BBQs
- Theatre ticket and raffle sales
- Expos to promote U3A

If you have offered to volunteer in the past and you were not contacted, perhaps you need to re-register your interest.

If you can help in any way, please contact Jules at: [admin@u3aredlands.com.au](mailto:admin@u3aredlands.com.au) and ask to be included on the Friends of the Committee Volunteer List.



**Road Safety Week has passed, however, I am sure you will find this information very relevant.**

In an EMERGENCY  
dial TRIPLE ZERO  
(000)



For NON-URGENT  
Police contact call  
POLICELINK  
131 444

*Crime Prevention Corner*





**ROAD SAFETY WEEK 22<sup>nd</sup> – 28<sup>th</sup> August 2022**

**Road Safety starts with me:**

- A little courtesy on the road goes a long way to improving safety, whether you're on 2 wheels, 4 or more, or on 2 legs – we are all responsible for keeping each other and ourselves safe on the road.
- When you are behind the wheel, driving safely should be the number one priority. You might be surprised to know that dangerous habits like tailgating, not giving way and running red lights, contribute to half of all serious crashes in Queensland.
- When approaching a roundabout, you must give way to all vehicles already on the roundabout.
- When the speed limit is 60km/h or under, motorists must leave a gap of at least 1 metre between their vehicle and bicycle riders when passing. When the speed limit is over 60km/h the gap must be at least 1.5 metres.
- *Your keys to driving in Queensland* publication is the road rules handbook for all drivers, including learner drivers. It contains essential information about the Queensland driver licensing system and road rules.
- Test yourself with a road rules refresher quiz at [www.qld.gov.au/transport/safety/rules/road](http://www.qld.gov.au/transport/safety/rules/road)

Bayside DCPC – ph 07 33088180 – email DCPC.Wvnnnum@police.qld.gov.au – blog www.mvnpolice.qld.gov.au/wvnnnum

**U3A Redlands District Inc. 2022 Management Committee**

|  |  |  |
|--|--|--|
| President  | Janese Lowe  | <a href="mailto:president@u3aredlands.com.au">president@u3aredlands.com.au</a>                       |
| Vice President   | Julie Porteous   | <a href="mailto:vicepresident@u3aredlands.com.au">vicepresident@u3aredlands.com.au</a>               |
| Secretary  | Joan Johnstone   | <a href="mailto:secretary@u3aredlands.com.au">secretary@u3aredlands.com.au</a>                       |
| Treasurer  | Charles De Wet   | <a href="mailto:treasurer@u3aredlands.com.au">treasurer@u3aredlands.com.au</a>                       |
| Tutor Liaison Leisure  | Mary Smith   | <a href="mailto:tutorliaisonleisure@u3aredlands.com.au">tutorliaisonleisure@u3aredlands.com.au</a>   |
| Tutor Liaison Academic   | Elizabeth (Liz) Jeffs  | <a href="mailto:tutorliaisonacademic@u3aredlands.com.au">tutorliaisonacademic@u3aredlands.com.au</a> |
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| Publicity Officer  | Christine Fletcher   | <a href="mailto:publicity@u3aredlands.com.au">publicity@u3aredlands.com.au</a>                       |
| Events Catering  | Edwina Potter  | <a href="mailto:events@u3aredlands.com.au">events@u3aredlands.com.au</a>                             |
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|--------------------------|--|--|
| Newsletter Contributions | <b>Next Cut off: Monday, 3 October</b> | <a href="mailto:newsletter@u3aredlands.com.au">newsletter@u3aredlands.com.au</a> |
| Newsletter Editor        | Denise Lee                             | <a href="mailto:newsletter@u3aredlands.com.au">newsletter@u3aredlands.com.au</a> |