



President's Message

From Janese Lowe

Between Omicron, the recent floods and the Russian Invasion, you could be forgiven for thinking that the world has gone crazy.

The good news for us is that masks will no longer be required in most settings, including schools, workplaces, hospitality venues and retailers from 6pm Friday, 4th March. That means that masks are not necessary at U3A Redlands' classes or activities, but if you feel more protected, you may continue to wear them.

Please note that if any of our venues still insist on masks then our members must adhere to their rules. Also, masks will still be required in medical settings, disability and aged care facilities, on planes and when riding public transport.

I hope that the majority of our members were not adversely affected when South-east Queensland was hit by severe weather conditions and flooding recently. Our house would never be flooded, but we had our share of leaks, which are annoying but easy to deal with.

You may have seen that we closed our U3A Redlands office because of the weather from 27-28 February. This was not due to any water problems, but rather due to the Cleveland District High School being completely closed on those days. Apologies for any inconvenience.

It has become an everyday occurrence to expect the unexpected. So, please keep an eye out on Facebook, Email or our U3A website for any last minute, cancellation or closure messages or for other important information.

On 7th March, it was pleasing to see a crowd of around fifty people attend Life Matters Group's first day back for 2022. All wished one another a 'Life Matters' Happy New Year. Those attending are to be congratulated for having their vaccination proof ready for Jackie from Donald Simpson Centre to check them into the premises.

I had arranged for a team of administration volunteers to be on hand for the morning to help process any outstanding memberships, but I believe they only served one customer. Thank you members, and thank you to our Admin team for the day - Sally Roth, Debbie Mitchell, Faye Kennedy and Jan Shaw. You gave willingly of your time and your attendance was greatly appreciated.

Any 'Life Matters' members who are yet to renew and require help, please contact the U3A office for assistance, as our Admin team is unable to attend the next 'Life Matters' day.

Our Social Dance Group is another group that is enjoying a good roll up of new and returning members, particularly now the mask mandate has ended. Great to see members reconnecting and enjoying good times together!





POEM

By: Quentin Turner-Smith

PERFECT BEACH PERFECT DAY

A perfect beach on a perfect day
 The white sand curling around the bay
 Continuing north all the way
 To Coffs Harbour and beyond
 The sight, my emotions respond
 This place, I am so fond
 Cobalt sky White clouds a few
 Atop the mountain range in view
 Wish I was at this time with you
 To see this sea a beautiful blue
 And take a photo or two
 Capturing the moment for me and you
 I won't forget this perfect day
 Emotional, what can I say
 With the calm sea, waves gently lapping on
 pure white sand
 Tanks on the border of Ukraine I can't
 understand
 How can that be?
 As I gaze out upon an azure blue sea
 Gentle waves lapping on this pure white sand
 It is a special time for me you will understand
 nature brings me wonder and emotional
 release
 the beauty, the blue sea, gives to me, an
 inner peace.



Writing for Pleasure

*The pen is mightier
 than the sword.*



March, being the month named after the Roman god of war (a bit ironic in these times) and having a dubious history in Literature: Ides of March murder and mad March hares, we present the darker side of passion for your enjoyment.

Objet d'Art by: Tricia Ketteringham

My psychologist often asks me why, as a successful landscape artist, I draw only male nudes, always on couches draped in silky, red-muted throw-overs. It is what I, as an artist, do best. Every line, angle and shadow is captured in my pursuit for perfection.

The body reclines on its back, one arm above its shaven head, the other reaching towards the floor. The throw-over lies, as if casually tossed, across the body. From the face eyes stare, and blood oozes from the red-gashed throat. My obsession for nude drawings began at my first live-model evening class. I sat with an uninterrupted view of the screen that hid the model's couch. A piece of material poked from beneath the screen. I was relieved the model would have some covering.

Marcos, the tutor, showed us how to sketch live models from diagrams on the blackboard. Pursue line, shape, angle, light and shadow. The face is the vessel for recognition, the pose the language of mood; the eyes reveal the innermost feelings. Checking our work, Marcos said, 'You can draw from the live model now.'

'Gordon,' he called, 'we're ready for you.' Gordon didn't answer.

'He must be held up. We can start with a mannequin on the couch.'

Screams. I look. One couch. One body. My screams. I know that body.

The police ask if I knew my husband was an artist's model. I claim innocence. Perfection is my driven force. I had joined that art class when I found Gordon was posing as a nude model and having an affair with an artist at the centre.

Another blank sheet. I begin to draw.





JAPANESE CLASSES

Such a beautiful setting for Japanese Classes. You are welcome to join the class held every Monday afternoon between 4:00 – 5:30pm. Cleveland District State High School Cnr. Russell & Smith Street, Cleveland. Contact: *Kathryn Tominaga: 0433 640 140.*



Back L-R: *Robyn; John; Barbara; Kathryn*
Front L-R: *Debra; Diana; Rhonda*

CARD MAKING

Would you love to wow your family and friends with handmade greeting cards instead of the store bought variety? Join my monthly card making class. You can choose from a selection of pre-cut kits which I guide you through. **The classes are held on the third Thursday of the month from 10:00 am to 12 noon.**

Contact: *Margaret Moroney – 0417 646 723*



DANCE-Country English/Australian Folk



You are welcome to join this happy group of Dancers.

English Country Dance is a very social form of dance intended as relaxation for the country folk of old England who danced to the music of fiddles, accordions and a tin whistle or two, in the local village halls. The early Australian Pioneers brought their own version to the Country Woolsheds and Picnic Race Day Balls.

There is little difference between dancing as a man or woman, it is really a case of pairing up.

The dances involve groups of people, rather than couples alone. You still have a partner, but you are part of a long set, a circle or a square, progressing to a new place in the set at each repetition. The patterns made, as varied sequences and movements come together to complete a dance, are very satisfying.

You are welcome to join this Group each Thursday, 9:30 – 11:30am at the Uniting Church Hall, Passage Street, Cleveland.

Contact: *Betty & Chris Bowdler – 3207 0389*

Play Reading Group



THIS GROUP IS LOOKING FOR A TUTOR

A small group of people who meet monthly on Tuesday mornings from 9:30 to 11:30 are in need of a tutor to lead the group.

If you like play reading and are interested or know anyone who is, please contact me. This group finds new and well known plays to read. It would help them to continue.

Thank you.

Liz Jeffs (Tutor Liaison Academic)

0427 646 377

tutorliaisonacademic@u3aredlands.com.au

**SHARE
YOUR
ENTHUSIASM**

U3A Warwick



Photo by Bob Wilson: U3A Warwick birdwatchers at Storm King Dam Excursion

'FRIDAY ON MY MIND' – SPREADING THE WORD ABOUT U3A

An Extract by Bob Wilson. February 25, 2022

One of the positives in retirement is that it allows one to volunteer with valuable community organisations like U3A. It's not that uncommon to meet people who have never heard of the University of the Third Age (U3A), an international organisation with broad aims of helping educate and entertain its 450,000 members, who are now in their 'Third Age' of life.

U3A originated in France in 1973 as an extramural university activity. This was significantly modified in the UK where it was recognized that most people of retirement age have something to contribute. The UK model, which Australia has adopted, emphasises sharing without formal educational links, that is, 'study' without the pressure of homework or exams. Membership is open to people who are winding down to retirement or are already retired.

Australia's first U3A began in Melbourne in 1984 and has grown to 250 U3As with about 100,000 members. These metropolitan, regional and rural chapters develop programmes of teaching and learning over a wide range of subject areas, dependent upon the membership's own expertise, knowledge and skills.

https://en.wikipedia.org/wiki/University_of_the_Third_Age#Australia

I was recently talking to a younger friend in Brisbane (late 40s) and mentioned U3A. He had not heard of the organisation but after I gave him an overview, he said it sounded like something his Mum would enjoy.

U3A members are from all different backgrounds, but it is not uncommon to meet people who have had a university education and a professional career.

As for volunteering in general, I recommend it for older people (70+) as a way of keeping your brain sharp and sharing your life experience with others. I started volunteering in 2021 as an occasional tour guide at Glengallan Homestead, a grand country home from the 1870s that was rescued from ruin. Then I joined a local refugee support group and along the way stepped up my involvement with U3A. In a way, volunteering is like one of the main aims of community organisations – to encourage people to try something new.

As for my peers, you don't have to just sit there and watch daytime TV or play Solitaire on your computer. Go for a regular walk, join a seniors' gym class, interact with grandchildren and look into U3A. Do as I say, not as I do (says he, flexing his ab). As they say, physical and intellectual activity can enrich and prolong life in one's later years – just ask me.

(Many thanks Bob for giving us permission to print this extract. Thanks also to your friend and U3A Redlands member Jenny Worling who alerted us to your blog.)



OFFICE REMINDER FROM JULES

Members yet to Renew
When renewing online, please put
U3A REDLANDS

Unfortunately, a few folk have just put **U3A** and ended up becoming members of U3A Brisbane. www.u3aredlands.com.au

STARLITE DANCERS

U3A's own Jazz and Tap dance troupe



L-R: Di Huth, Jenny Gibbs, Terri Story, Wendy Ainsworth, Angela Grunwell, Anne Wilson, Cheri Campbell, Cheryl Banner, Jan Wright

In conjunction with the Theatre Group, the 2021 program included the Purple People Eater (pictured), a favourite with dancers and audiences alike. In between COVID lockdowns, we were also able to take our routines to a residential aged care facility to bring a smile to the faces of those without the option of going out.

The Group is currently working on new routines for 2022 and we cater for all ability levels. So if you've ever wanted to give dance a try, or would like to rekindle your childhood love of dance, we'd love you to join the group.

Each Wednesday: 8:30 - 10:30am
Venue: Thornlands Dance Palais
87 Cleveland Redland Bay Rd.
Thornlands
Contact: Nicole West - 0457 028 479



DATE CLAIMER U3A Redlands Building Our Future



Big Announcement!
Come for
Morning Tea
Wednesday, 27 April 2022
9.00 for 9.30 am
At Meeting Room
Redlands Research Facility
26 - 40 Delancey Street, Cleveland



CATEGORIES FOR 2022: PAINTING & DRAWING



Artwork by Heather Grebert, U3A Redcliffe.



Art Rose:
<https://pixabay.com/images/id-5874473/>

Theme: 'spread your wings'
Transcend your horizons through art

FIRST PRIZE IN EACH CATEGORY: \$200.00
RUNNERS UP IN EACH CATEGORY: \$100.00

COMPETITION OPENS 1 MARCH 2022, CLOSES 29 MAY 2022
WINNERS ANNOUNCED AT NETWORK STATE CONFERENCE 8 JUNE 2022

Entry forms and conditions of entry available at:
u3aqlld.org.au or email competitions@u3aqlld.com.au

BOWLS

Looking for something new to challenge your skills, then come along and learn to Bowl.



Bowls for Beginners

Bowls is a social sport and is suitable for all levels of fitness and offers the following benefits.

1. Easy to learn
2. Very Social
3. Keeps you Fit and Healthy
4. Competitive & Fun
5. Enhances Mental Wellbeing
6. Improves Cognitive Function
7. Cheap to Play

The U3A Bowls Experience

About the Course

Cleveland Bowls Club will be running a 6 week coaching clinic for U3A members starting soon which provides participants the opportunity to see if they would like to take up bowls as a pastime. We know you'll all enjoy the experience.

What Happens once the Course is Finished

Once you finish the course and if you would like to continue in the sport at our club, we provide you with a Buddy (club member) and ongoing coaching. This ensures you will get to meet fellow members of the club much quicker.

Cost

The cost of the course is only \$60 for the 6 weeks and the club provides all the coaching, equipment and bowls. **HOWEVER.....**

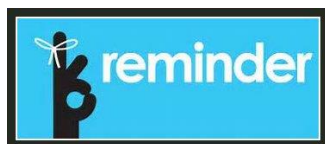
YOU MUST BE DOUBLE VAXXED TO BE ELIGIBLE TO ENROL.

ENQUIRIES: Just phone Des Hedger on 0412 767 565 or email Des at: hedgerd@bigpond.com



We look forward to seeing you on the green.

CLEVELAND BOWLS CLUB
164 Middle Street, Cleveland



NEWSLETTER CONTRIBUTIONS

Next Cut Off will be Monday, 4 April 2022

Please send your contributions to the email:
newsletter@u3aredlands.com.au



U3A REDLANDS GARDEN GROUP HAS A NEW MULCHER



Photo by Andrew Laming: Clockwise from Left: Tom, Geoff, Murray, Janese, Julie, and Marlene

Many thanks to Andrew Laming, Federal Member for Bowman for supporting U3A in our application for a federal government Volunteer Grant which allowed us to make the lives of our volunteer gardeners a little easier.

They now have the use of a motorised rather than electric mulcher, which is more practical given the size of their well-tended garden area at the Redlands Research Station.



You may have also seen the new U3A Garden Group sign which we posted on our Facebook Page on 18 February.

<https://www.facebook.com/www.u3aredlands.com.au/>

DON'T MISS OUT ON NEWS:

Regularly check U3A Redlands Facebook page for all sorts of news and Important Notices eg. Office closures etc.

If you don't know how to use Facebook, just contact the office for assistance admin@u3aredlands.com.au or contact bcproject@u3aredlands.com.au and book into our FREE 'Be Connected' group sessions to ask one of our Digital Mentors.



Monday at 9.00 for 9.30 am
Donald Simpson Community Centre
172 Bloomfield St, Cleveland

Monday 14.03.22

Under the Lino: Caylie JEFFERY

What would you do if you found three 1940/50s bankbooks and money during the renovation of your 1912 house in Milton, Brisbane? Would you chuck them out with the rest of the rubbish you'd found while renovating? Would you frame them? Would you get them valued, and then insure them and frame them under lock and key? Would you get them valued and sell them? Would you consider it a finder's keepers' scenario? **or** Would you start to look for the original owners with a view to giving it back to the rightful heirs? All of these questions ran through Caylie's mind when she discovered them hidden under the lino of her 1912 Queenslander in Milton. So, what did she do? Join Caylie as she shares about the incredible community detective story.

Monday 21.03.22

Small Steps Along the Way: Paul OATES

In 1969, Paul joined a small group of young Australian men who were sent to pre-independent Papua New Guinea to work as Patrol Officers, or Kiaps as they were known in the local lingua franca, Tok Pisin. Numbering only in their hundreds and working on remote outstations, often as the lone white man, they were the back bone of the Australian administration in Papua New Guinea. Their extraordinary experiences and achievements are little known in Australia. The sheer scale of what they did is still only poorly understood. They suffered the same death rate as Vietnam Veterans yet they have never been adequately acknowledged in Australia. Paul will share with us his experience as a Kiap and of Papua New Guinea.

Monday 28.03.22

The Redland Museum:
Rick THOMASSON, OAM

Redland Museum has been in existence for over fifty years and is entirely the result of volunteer work and community support. The Rotary Club of Cleveland founded Redland Museum as a club project in 1968, opened it to the public in April 1970 and in June 1972 Rotary gifted the Museum and contents to the people of the Redlands.

Over the years the Museum has grown from a small building costing less than \$5000 to erect, to a large professionally run museum. A dedicated band of volunteers continually push the Museum onto greater heights. Rick will share about the history and the contents of the Museum and how it will celebrate its Golden Anniversary.

NOTE: *life matters* will resume again on Monday, 16 May 2022

Monday 04.04.22 and 11.04.22 are School Holidays;
 Monday 18.04.22, 25.04.22, 02.05.22 are Public Holidays
 Monday 09.05.22 has a prior booking by the Donald Simpson Centre.

Come along ... enjoy the fun of learning. Bring along your friends and encourage them to join.

No 23 CITY OF BRISBANE SQUADRON ASSOCIATION
COMMEMORATES THE
CENTENARY OF THE RAAF 1921-2021

DINNER AND SHOW

PREFLIGHT CHECK LIST	
VENUE	HANGER 5, QANTAS AVENUE, ARCHERFIELD AIRPORT
DATE	7 MAY 2022
DRESS	FORMAL / LOUNGE SUIT / COCKTAIL
START	1800 HOURS
COST	\$123.00 PER PERSON
CATERING BY MY CATERING CLUB	3 COURSE MEAL

NEW DATE

BOOKINGS ESSENTIAL
trybooking

www.trybooking.com/BSPEZ
 Call :Terence 0413286006
 Jon 0407694574

LIMITED TO 300 TICKETS

Supported by: Brisbane City Council, Archerfield Airport Corporation

Sponsored by: Queensland Government

In an EMERGENCY
dial TRIPLE ZERO
(000)



For NON-URGENT
Police contact call
POLICELINK
131 444

Crime Prevention Corner

Motorcycle fatalities are preventable





Last February saw 1/5th of all motorcycle fatalities of 2021. There were 13 motorcyclists' lives lost in that month alone. This February let's not let this be repeated. Many deaths are from obvious disregard for road rules by inexperienced riders resulting in "at fault" rider deaths. Many deaths are from a single act of inattention or attempting a manoeuvre to fast. These deaths ARE preventable.

To help educate drivers:

- The quality of the motorcycle helmet fitted correctly determines how effectively it can reduce the impact of a collision.
- Head and chest injuries are common causes of death – both of which can be essentially prevented by good safety gear.
- Drivers of motorcycles travelling at speed will die hitting another vehicle, the road or objects.
- Whilst there may be an increase in motorcycle registrations, 50% deaths at fault so far are deliberately unlicensed / unregistered.

Bayside DCPC – ph 07 33088180 – email DCPC.Wynnum@police.qld.gov.au – blog www.mypolice.qld.gov.au/wynnum

U3A Redlands District Inc. 2022 Management Committee

President	Janese Lowe	president@u3aredlands.com.au
Vice President	Julie Porteous	vicepresident@u3aredlands.com.au
Secretary	Joan Johnstone	secretary@u3aredlands.com.au
Treasurer	Charles De Wet	treasurer@u3aredlands.com.au
Tutor Liaison Leisure	Mary Smith	tutorliaisonleisure@u3aredlands.com.au
Tutor Liaison Academic	Elizabeth (Liz) Jeffs	tutorliaisonacademic@u3aredlands.com.au
Office Co-ordinator	Sally Roth	coordinator@u3aredlands.com.au
Publicity Officer	Christine Fletcher	publicity@u3aredlands.com.au
Events Catering	Edwina Potter	events@u3aredlands.com.au
	3821 3888	 PO Box 1231, Cleveland QLD 4163
	admin@u3aredlands.com.au	 www.u3aredlands.com.au

Newsletter Contributions	Next Cut off: Monday, 4 April	newsletter@u3aredlands.com.au
Newsletter Editor	Denise Lee	newsletter@u3aredlands.com.au