The Third Act



JANUARY 2022

Home

About Us

Courses

Tutors

Membership

News & Media

Contact



President's Message

From Janese Lowe

I trust everyone had a very enjoyable festive season with family and friends.

A new year means a new chapter.

Unfortunately, that also means a new chapter of Covid-19 in the form of the Omicron variant, which is proving to be very contagious.

To protect our vulnerable (over 60s) membership and in line with Government guidelines, Conditions of Entry to U3A Redlands Admin Office and to all classes and events during 2022 will require every person to be fully vaccinated, or medically exempt.

For full details, please read our new Covid Vaccination Policy, which will be uploaded to our website as soon as possible. In the meantime, fully vaccinated is currently defined as having two doses of a TGA approved vaccine. We also encourage you to obtain or book in for a third booster, as soon as you are eligible and able.

NEWS FLASH!

The 2022 Information/Open Day to be held on Friday, 21 January at the Assembly Hall Smith Street, Cleveland has been CANCELLED. Given the ever-increasing number of Covid cases in Queensland, the Committee agreed that this event should be cancelled in view of the health risks.

Several Tutors have indicated that they wish to resume classes as planned from Monday, 24 January, but this will be at the discretion of the individual Tutors and <u>rules of the venues</u>. Tutors, who choose a delayed start

date, will advise you via email or phone, once you have enrolled in their class online. If you need help with online enrolment, please contact the Tutors direct.

Please note that Covid-safe plans at venues still apply. Also the additional risk mitigations will continue to apply to all members and volunteers for the foreseeable future. These include: continue to physically distance; implement good hygiene; use personal protective equipment such as masks or gloves or face shields as appropriate; and, do not attend if unwell.

May I finish with a message from little Jalayne Sutherland to "Keep Calm and Stay Safe".

Jalayne's mother received a letter from the Queen's lady in waiting:

"Her Majesty thought it kind of you to write to her, and The Queen was pleased to see the photograph of your daughter, Jalayne, in her splendid outfit."

UK Daily Mail 3 January 2022.

The palace then wished the Sutherland family happy holidays and included a very special Christmas present for Jalayne.



Best wishes to our U3A Redlands members celebrating a Birthday in January







A New Year, and a New Name for our group previously called 'Life in Australia'.

Programme will RESUME 7 MARCH

In view of the health risks and advice from the Premier about Covid peaks and the vulnerable staying home, the co-ordinators of our Life Matters group (formerly Life in Australia) decided to delay starting the Life Matters programme until 7 March 2022. The updated Life Matters programme will be advised in the February newsletter and will also be posted on the U3A Redlands website home page.

Donald Simpson Centre also has a fully vaccinated Covid Policy

RAMBLING IN THE REDLANDS

Term 1 Programme for Ramblers Walking Group:

FEB 10: Aquatic Paradise Park West. Birkdale **FEB 24:** Scribbly Gums Conservation Area.

MAR 10: Coochiemudlo Island

MAR 24: Terradarrapin Wetlands, Birkdale. Enquiries: Mary 0404 460 251

George 0409 727 300

Ramblers Group relaxing with morning tea at Oyster Point, Cleveland after the last walk for 2021.





CALLING OFFICE VOLUNTEERS!

U3A Redlands would not exist without its amazing volunteers and right now

we are looking for more helpers in our office.

Our office opens from 9am-12.00 noon Monday to Friday and we need members like you to assist by answering the many enquiries that reach us on a daily and weekly basis.

One morning a fortnight or one morning a week, whatever suits you, suits us. Our volunteers are a friendly group who have lots of fun, meet new friends and find rewarding positions to fill. There are many different tasks, and we are happy to train you if needed. We only work during term times.

Our new Office Volunteer Co-ordinator, Sally Roth is looking forward to hearing from you. Phone Sally on 0427 916 109 or email ccoordinator@u3aredlands.com.au



PROOF OF VACCINATION REQUIRED TO PARTICPATE IN U3A REDLANDS CLASSES AND EVENTS

COVID POLICY - NOT FULLY VACCINATED, NO CLASS

- 1. Must be fully vaccinated or have a medical exemption from vaccination.
- 2. Evidence of vaccination or medical exemption will be sighted at the first session of the class that you attend in the semester.
- 3. For events or irregular visits to the office, evidence will need to be sighted on each occasion.
- 4. U3A Redlands will not keep a record of class members' COVID-19 vaccination records, but instead will record your vaccination status.
- 5. There are two ways to show proof of your vaccination:
 - Your COVID-19 digital certificate which shows proof of only your COVID-19 vaccinations that you can add to a digital wallet.
 - Your immunisation history statement which lists your COVID-19 vaccinations and all other vaccinations.

REMINDERS

U3A REDLANDS OFFICE

Reopens on 24 January at 9.00am

Conditions of Entry for all members including volunteers and visitors:

- Show proof of Double Vaccination;
- Sign into Qld Check-in App;
- Wear a mask and follow Covid-safe rules.

U3A CLASSES

U3A Classes at Cleveland District State High School, including Computing, German Advanced and Be Connected.

U3A Classes at the many venues throughout the Redlands.

Conditions of Entry:

- Show proof of Double Vaccination;
- Sign into Qld Check-in App;
- Wear a mask and follow Covid-safe rules.

LIFE MATTERS (Life in Australia) – DELAYED START BACK First day back is 7 March.

Donald Simpson Centre also has a fully vaccinated Covid Policy.

U3A INFORMATION DAY HAS BEEN CANCELLED

The 2022 Information/Open Day to be held on Friday 21 January at the Assembly Hall Smith Street, Cleveland has been cancelled. It is with regret, that we have had to cancel our Open Day again this year. Thanks to those Tutors and Volunteers who had agreed to participate and may have made preparations. Apologies to all members who will miss this very social day on the U3A calendar. Please note that U3A Redlands Covid Policy Conditions of Entry will also apply to any events that may be conducted throughout the year.

Have You Renewed Yet?



Follow Renew or Join Tips for MyU3A

- 1. Access the U3A Redlands home page at https://www.u3aredlands.com.au/
- 2. Select the 'Renew and Join online here' button which will allow you to pay by credit or debit card



If you have a U3A Redlands membership number you must choose the 'Already a member' button. Enter your Member ID (Your U3A Membership number) and your password.

(If you have forgotten your password select the "Forgot password" button. Your password will be emailed to you).

- 3. From your Membership status page select 'Renew membership 2022' and follow the prompts.
- 4. You may be directed to update your details such as year of birth, emergency contact details and change of address or phone number.
- When couples renew, please note that one member of the couple must pay a 'Full' membership and complete the renewal process entirely. The other member can then renew by selecting the 'Cpl' membership option, include the number of their partner. (They will receive the discounted membership fee).

Do not contact the U3A Redlands office if you have forgotten your password, please use the 'Forgot password' function.

If you have any problems joining or renewing your membership, please contact enquiries@u3aredlands.com.au

REMEMBER YOU CANNOT ENROL IN CLASSES UNTIL YOU HAVE JOINED OR RENEWED!

ENROL IN A CLASS

Follow Class Tips for MyU3A

- Access the U3A Redlands home page at https://www.u3aredlands.com.au/
- · Click on 'Renew and Join online here' button or Membership Login
- · Click on 'Already a member' button.
- Enter your Member ID and password and you will see your Membership status page
- At bottom of page select 'Classes 2022 button' to go to All Classes 2022
 Screen (see below)
- Scroll down to find your classes listed alphabetically
- Tick the Request box of the classes you want to join
- If no box on the left and it says 'Office Only' at far right, contact office
- If you have any problems enrolling in classes, please contact enquiries@u3aredlands.com.au



REMEMBER YOU CANNOT ENROL IN CLASSES UNTIL YOU HAVE JOINED OR RENEWED

In an EMERGENCY dial TRIPLE ZERO (000)



For NON-URGENT Police contact call POLICELINK 131 444

Assessing your home security



There are some simple steps you can take to maximise the security of your home. This video will step you through a layered security assessment approach. www.youtube.com

https://www.youtube.com/watch?v=IYoNgI4wSuQ&t=44s

- **Layer 1** External perimeter includes surrounding environment; vehicle and pedestrian access; fencing and boundaries; external grounds; and visibility.
- Layer 2 External walls and access includes exterior design; doors; windows; roof; and visitor access.
- Layer 3 Internal walls includes internal security measures, and visibility.
- Layer 4 Interior areas includes design and layout, observation and detection.
- **Layer 5 Property** includes property security; property identification; asset design and management.
- Layer 6 People includes personal safety awareness; procedures and behaviours; guardianship.

Apply this method to identify the most appropriate layer/s to address the problem or risk.

Bayside DCPC - ph 07 33088180 - email DCPC.Wynnum@police.qld.gov.au - blog www.mypolice.qld.gov.au/wynnum

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