



### **President's Message**

*From Janese Lowe*

Term three started off with our Tutors and Volunteers Forum on Friday 15 July at Thorneside Community Hall. We chose a different venue this year and it proved to be a very successful day attended by around forty members.

Tutor Liaisons Mary Smith and Liz Jeffs prepared a great program with several Tutors giving very interesting talks about their respective classes. Member Gail Schurer commented to me later, that she was full of admiration for their talent, their enthusiasm and commitment. "What a terrific bunch of Tutors, Co-ordinators and Volunteers, and we are so fortunate to have them here in our U3A". I couldn't agree more, and I always feel proud when everyone pitches in and supports one another to deliver a successful event. Full credit to my Committee, the Tutors and Co-ordinators and all who volunteered on the day.



Ian and I took the rest of July off to meet up with friends caravanning in West Australia.

We picked up a campervan from Perth to join them at Carnarvon, where we visited the Carnarvon Blowholes.

Isn't it wonderful to catch up with friends and family? After a three-year absence, it will be great to see our son and his partner, who will be visiting from Canada during August.



### **Building Project Update**

A BOF Building Project update by President Janese Lowe was enthusiastically received by all who attended the Tutor and Volunteers' forum in July.

Debra Barker from the Fundraising Sub-Committee announced that they were planning a Spring Soiree on 10 September at the Smith Street Memorial Hall. Check the newsletters for more details.

Jules Coleman and Sally Roth are looking for items for a Trash and Treasure on 15 October with venue yet to be confirmed.

Rose Reidlinger's Mahjong group have been paying a little extra each week to make regular deposits to the building fund.

Gail Schurer's Contemplative Meditation group announced that their members had already raised and deposited \$500 towards the building fund.

*Thank You Everyone!*



It is with sadness that we acknowledge the passing of

## **John Butters**

**Thursday, 28 July 2022**

John was the Inaugural President and trail blazer of U3A Redlands.

With a very small team of passionate Tutors, John was instrumental in forming U3A Redlands District Inc. Setting up a constitution and established U3A Redlands as an independent body in 1998.

We will be forever grateful for his vision, dedication and commitment, and also for finding us a base. With the help of long-term friend Paul Bancroft, the then Principal of CDSHS, an office was established at the Cleveland District State High School and after 23 years we still enjoy an office at the school and have become part of the school community. We also continue to have a wonderful working relationship with the current Principal Leonard Mc Keown and the school community is very respectful of our presence. John was very supportive of our new building project to be erected at the Redlands Research Facility.

John was President for five years, and has always encouraged and continued to support all the Presidents that have followed.

John was a regular attendee at Life in Australia, now known as Life Matters.

He will be sorely missed and I am only sorry that he will not be able to witness the completion of our new U3A Redlands Centre at the Research Facility, which will begin the next chapter for U3A Redlands District.

*Ian and I extend our deepest sympathies to Merle and their family.*

*Rest In Peace John*



## **Jean Perlin**

**25 July 2022**

A valued Tutor for one of U3A Redlands' Book Discussion groups, Jean Perlin passed away on Monday, 25 July 2022.

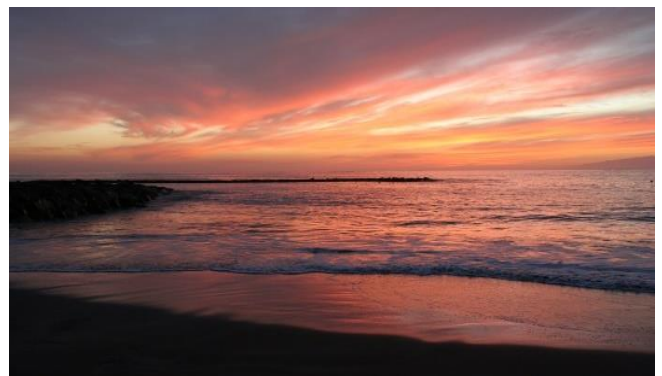
In her indomitable way Jean fought a private battle with cancer.

She will be sorely missed in the Book Discussion group but also in her involvement in a range of other U3A Redlands courses.

Jean will also be remembered for her Zoom sessions during COVID outlining her amazing travels through the Himalayas.

An intrepid traveller, a tennis and golf player, a highly accomplished pianist and a deep thinker, Jean had such a fulfilling life and we are fortunate to have shared some of it with her.

*Rest In Peace Jean*





Blow out the Candles,  
Wish away,  
you are the  
superstar of the day.  
**HAPPY BIRTHDAY!**

*U3A Redlands members  
celebrating a Birthday in  
August*



## PETANQUE GROUP CELEBRATE BASTILLE DAY

Eighteen members of the Petanque group recently recognised the French origins of their game by celebrating the French National holiday Bastille Day.

Petanque is a bowling game, played with metal balls (boules) and a jack (called a cochonnet).



It started in 1910 in the Provence area of southern France and is now played in many countries. Anyone can play this social and enjoyable outdoor activity.

The group plays at William Taylor Sportsground in Thorneside and Tutor Terry Murray can be contacted by:

**Email: [ti-murray@bigpond.com](mailto:ti-murray@bigpond.com)**



Front Row: Nicky Brien, Patricia Simmons, Carol Clarke, Marie Sullivan and Shirley Watney  
Back Row: Tutor Terry Murray, Ken Busfield, Cliff Hislop, Neville Knott, Chris Bernacki, John Sullivan, Graham Robbins, Paul Claus, Trevor Simmons, Brian Hudson, Ian Lowe, Iris Murray and Raymond Rowe



Front Row: Nicky Brien, Patricia Simmons, Carol Clarke, Marie Sullivan and Shirley Watney  
Back Row: Chris Bernacki, Iris Murray and President Janese Lowe

## RUN OUT SALE OF CYCLE SHIRTS



The last of the cycle shirts are now available at heavily discounted prices:

### Green Long Sleeve:

4 x Large. Were \$70, now \$30

### Green Short Sleeve:

3 x Large Were \$60, now \$25

3 x Small Were \$60, now \$15

4 x XSmall Were \$60, now \$10

### Red Short Sleeve:

1 x Small Was \$50, now \$10

The shirts are available in the U3A office. Please contact Jules on 38213888 or Charles on 0412 050 195.

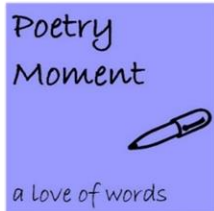
Payment can be by direct credit to:

**U3A Redlands**

**BSB: 124025 Acc: 10545277**

**Reference: Your name and "cycle shirt".**

Or by credit/debit card over the phone - contact Jules, or by cash in the office. Don't let this bargain pass you by.



## ENJOYING POETRY

For those of you who have enjoyed poetry before or maybe never connected with it, here is your chance to sit back, relax and be entertained. Hear about 5 major 20th century Australian Poets in a power point presentation with Anne McBurnie.

*"Come and see what it's all about  
You'll enjoy it without a doubt  
It's good for the brain  
To stimulate and stay sane!  
You can just sit and see  
Or write, or speak,  
Or listen to poetry.  
Even if you never liked it at school,  
Now you may find it really cool  
With poetry as another expressive tool!!"*

- Course starting in term 4.
- Every second week.
- Times and Venue to be advised.

If you would like to join this course, please contact the office 3821 3888 or email [admin@u3aredlands.com.au](mailto:admin@u3aredlands.com.au)

For further course information:

Phone: Anne McBurnie 0422 916 526

Email: [annemcbur@bigpond.com](mailto:annemcbur@bigpond.com)



## U3A REDLANDS VACCINATION POLICY

**PLEASE NOTE: There will be a COVID POLICY review in September 2022, with the consideration to open 1 October.**



### Flu Vaccinations:

Members are also encouraged to obtain a flu vaccination ASAP, to ensure the best protection at the peak of the season, which is usually between June and September.



## Writing for Pleasure

*The pen is mightier than the sword.*

Last month we lost one of our own.

**Ros Wight** was a lively member of our group and was also a dedicated life-long learner.

She went to the Conservatorium in her 50's, gained a Masters Degree (not her first) this year and had just started up a singing group for others. Poignantly, her last writing for our group was about writing.

**Rest In Peace Ros**

### Writing for Pleasure?

**By: Ros Wight**

**We sit, we read, we think, we write.**

**How difficult can it be?**

**We sit, we think, and write some more**

**Should be easy, surely?**

**We sit, we change the words a bit until we think it's right,**

**We say 'that's it for now,'**

**yet end up sitting there all night.**

**The words are hidden in my head, I'll soon dig up my treasure.**

**Oh yes, I know now what to say,**

**Writing is for pleasure.**



### ANYONE INTERESTED IN SWAPPING SOME JIGSAW PUZZLES?

*I have lots I'd like to swap - mostly 1,000 pieces.*

Contact: **Mai Crothers on 0439 669 762**



## U3A Redlands Craft Circle

New Social Group commencing Term 3 (which will include knitting, crocheting, sewing, embroidery, and many others!). This will be a fund raising project for our new U3A Building.

Work as a group or individually using your current skills, and perhaps learn new skills.

**COMMENCING:** 17 August 2022

**TIME:** 1:30 – 3:30pm

**VENUE:** Meeting Weekly at Jan's home  
For more information.

Contact: **Jan 0477 755 748**



## Armchair Travel

You are welcome to come along and enjoy Armchair Travel.

**Time:** 9:30–11:00am

**Venue:** Cleveland Uniting Church  
(Large Hall) 36 Passage St, Cleveland.

**4 August: Deidre Hargreaves**

Walking holiday in Scotland.  
Glasgow to Fort William

**1 September: Colin Sutcliffe**

Travel to India with Rotary to assist with Polio Immunisation in a Village.

**6 October: Anne & Francis McVurnie**  
Viking Cruise in Norway



## Basic Japanese Classes Now On

You are welcome to join the class held every Monday afternoon between 4:00–5:30pm. Cleveland District State High School, Cnr. Russell & Smith Street, Cleveland.

**CONTACT:** Kathryn Tominaga 0433 640 140



Monday at 9.00 for 9.30 am  
**Donald Simpson Community Centre**  
**172 Bloomfield St, Cleveland**

## **MASKS are mandatory in the DSC**

**8 August:** SHOW HOLIDAY for REDLANDS

**15 August:** Michele Wilkinson

*TOPIC: Laughter Yoga – Beneficial effects*

**22 August:** Prof. Colin Mackerras AM

*TOPIC: Update on Australian/China Relations*

**29 August:** Sandra Hogan - Writer

*TOPIC: 'With My Little Eye' - Books will be available for purchase.*

**5 September:** Claire Blake

*TOPIC: QIMR Berghofer Medical Research*

**12 September:** Mark Gallagher

Brisbane/Redlands Legacy

*TOPIC: Compensation & Wellbeing Advocate*

## **Please note COVID Vaccination DSC and U3AR Policies.**

**Per Donald Simpson Centre and U3A Redlands Vaccination Policies, you must be fully vaccinated to attend.**

**Please show proof of vaccination or medical exemption on entry.**



## **CHILDREN'S (INCLUDING BABIES') BEANIES FOR SALE!**

We have beautifully hand-knitted children's beanies in the U3A office, only \$5 each! Support our building fund, and purchase (*at least!*) one now.

**NEWS:** **We now have an EFTPOS machine in the U3A office!**

You can use it to buy your beanie.



## BRAKING THE CYCLE



**PCYC Braking the Cycle (BTC)** is a state wide volunteer driver mentor program designed to support disadvantaged youth without access to a supervisor or registered vehicle to complete their 100 driver logbook hours. As a volunteer in this program, you will enable these young people to achieve their Provisional Licence, Road Safety Education, community connection and increase employment opportunities.

If you are interested in volunteering as a Driver Mentor, please find a role description and an online application form in the following link: [Redlands](#)

- During their placement, Mentors will act as a role model, to build confidence and resilience in the young people participating in the program.
- Full training and orientation provided.
- An excellent opportunity to work within the local community.

<https://www.pcy.org.au/youth-and-community/personal-and-leadership-development/braking-the-cycle/>

The program operates on Monday, Tuesday and Wednesday from 8.30am to 4.30 pm. Please feel free to contact me during those hours if you require any further assistance with the application process or would like more information.

### **Solange Lipcin**

**BTC Coordinator Redlands**

**Email:** [solange.lipcin@pcyc.org.au](mailto:solange.lipcin@pcyc.org.au)

**M: 0472 587 568**

Capalaba Queensland Police-Citizens Youth Welfare Association



*U3A Redlands*

*Spring Soiree*

**Come and join the fun – bring your friends!**

The Memorial Hall, 28 Smith Street Cleveland.

Saturday 10th September - 3pm to 5:30pm.

**\$25 per person** – cheese, wine, beer and punch included

Our Festive Spring Soiree Auction includes:

- \* A weekend at a 2-bedroom Beachfront Unit at Kirra
- \* A numbered print by David Hart
- \* A complete set of cutlery by Stanley Rogers
- \* Two return tickets to Stradbroke from Sealink
- \* Other prizes, including mystery items!

Many other sensational open auction items have been generously donated by local businesses

**RSVP Friday 2nd September** 3821 3888 / [admin@u3aredlands.com.au](mailto:admin@u3aredlands.com.au)

**Bank Details: U3A Redlands**, BSB:124025 Account: 10545277 Ref: Your last name and initial. Proceeds towards "Building our Future" project



**"To brie or not to brie" – that is your question**



## COME AND TRY DAY

Come and Try Day will be on Wednesday, 19<sup>th</sup> October at the Victoria Point Community Hall.

**TUTORS:** We need you to come and display what you offer new members in your classes.

**MEMBERS:** Promote this day to your friends and the public in general.

**CONTACT:** Mary ([tutorliaisonleisure@u3aredlands.com.au](mailto:tutorliaisonleisure@u3aredlands.com.au)) or Liz ([tutorliaisonacademic@u3aredlands.com.au](mailto:tutorliaisonacademic@u3aredlands.com.au)) to register your interest in presenting on this day.

More to come in the September Newsletter.

## Interview with Barbara Wyllie – retired Play Reading Tutor



Recently Redlands U3A has acknowledged the contribution of our longest serving volunteers. Barbara Wyllie was one of these special Tutors. Barbara led a group for Play Reading for 20 years until she recently retired. I spoke to Barbara at her home.

### ***Were you a member of the U3A before you decided to become a Tutor?***

Yes, I attended and enjoyed classes such as ancient history, water aerobics and the U3A singers

### ***What influenced and decided you to become a Tutor in Play Reading?***

It happened by chance really. The Tutors for that group were leaving and there was no one else willing to take over, so I decided "I could do that"

### ***Did you have a background in the theatre or in literature?***

No, not at all, I had never been in the theatre or on the stage. After I was married, I did not work outside the home. I spent my time home-making and bringing up our three children. I have always been a keen library user though and a lover of books and literature.

### ***How did you develop an interest in Play Reading?***

My interest grew as I received a number of books of Plays from the Cleveland High School. Many were multiple copies which made it much easier for our group. Early on we had about 10 people in our group including Margaret, a published author and another teacher who was very interested in poetry. I became interested in exploring second-hand bookstores in search of suitable plays.

The U3A office, also the Local Member of Parliament's office helped us with photocopying at times.

### ***What preparation did you have to do for your students?***

I chose plays which were suitable for our group and decided who would possibly read the different parts. I was always looking for books of Plays. People would also give me their old plays and I had quite a collection of books when I retired. I have handed these all on. As I held our play readings at my home, I also prepared morning tea for our members.

### ***How did you choose your Plays for reading?***

This was determined by availability, the number of roles and the suitability for our group. Some of the group were a little shy at first but as our friendship developed so did people's confidence. We did not have a specific genre of Play and sometimes we would read Plays that members would bring along.

### ***Do you have a favourite Play or Playwright ?***

Not really, but the Australian playwright John Williamson was always popular. We read a different Play each week except if it was a very long play. Occasionally we would reread a Play.

### ***What was the best thing about being the Tutor for Play Reading?***

I really enjoy reading them and would have read them on my own if I didn't have this group. My sister influenced me greatly in my love of reading. I like the variety and it is a great shared interest with my sister and our Play reading group.

### ***Would you encourage others to become a Tutor or a leader for a group of U3A seniors?***

If anyone expressed an interest, I would encourage them as I really enjoyed being a Tutor. I am happy to have given away my collection of books so others can enjoy them as well. It was a very worthwhile role.

*Thank you Barbara for giving me your time to talk about your experiences of being a Tutor in the Redlands U3A.*

*Christine Fletcher  
U3A Publicity Officer*

In an EMERGENCY  
dial TRIPLE ZERO  
(000)



For NON-URGENT  
Police contact call  
POLICELINK  
131 444

## Crime Prevention Corner





### Security Awareness - Cyber security during tax time

Tax time is a prime time for cybercriminals trying to get their hands on your money and personal details. There are some simple things you can do to apply good cyber security practices and avoid tax time scams.

- Always log into myGov to check your tax messages – scammers often impersonate the ATO or myGov to threaten people to pay fake tax debts.
- Add multi-factor authentication to your myGov account – security code is on and have a strong password.
- Don't disclose personal information without validating the source – keep your personally identifying information private.
- Think before you click – emails could contain ransomware attachments or phishing links.
- Verify the identity of the person you are talking to - don't respond to numbers directly from an email or SMS.
- Be careful what you post on social media – minimise personally identifiable data.
- Be aware of public Wi-Fi – ensure your home Wi-Fi has a strong password.
- Keep your devices updated – make sure to have security updates to automatically instal where possible. Delete any apps no longer used to minimise personal information kept on the device.

Bayside DCPC – ph 07 33088180 – email [DCPC.Wynnum@police.qld.gov.au](mailto:DCPC.Wynnum@police.qld.gov.au) – blog [www.mypolice.qld.gov.au/wynnum](http://www.mypolice.qld.gov.au/wynnum)

#### U3A Redlands District Inc. 2022 Management Committee

President	Janese Lowe	<a href="mailto:president@u3aredlands.com.au">president@u3aredlands.com.au</a>
Vice President	Julie Porteous	<a href="mailto:vicepresident@u3aredlands.com.au">vicepresident@u3aredlands.com.au</a>
Secretary	Joan Johnstone	<a href="mailto:secretary@u3aredlands.com.au">secretary@u3aredlands.com.au</a>
Treasurer	Charles De Wet	<a href="mailto:treasurer@u3aredlands.com.au">treasurer@u3aredlands.com.au</a>
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Newsletter Contributions	<b>Next Cut off: Monday, 5 September</b>	<a href="mailto:newsletter@u3aredlands.com.au">newsletter@u3aredlands.com.au</a>
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