



President's Message

From Janese Lowe

By the time you read this, our first ten week term will be behind us and most classes will be enjoying the end of term break. It was wonderful to see good numbers of double vaccinated members attending our first term classes. If you are enjoying the freedom of being able to attend classes, please tell any unvaccinated friends that it is not too late to get vaccinated. Our motto is 'Learn, Laugh, Live' and they really are missing out.

We were delighted to introduce a new Japanese language class for the first time in Term 1 and we also plan to start a Pickle Ball group during Term 2, if we can get enough interest. Details are advertised later in the newsletter. A big thank you to Deb and John Barker for being instrumental in organising the introduction of these two new offerings.

We have some exciting news for members which is to be announced on Wednesday, 27 April at 'Building Our Future' Morning Tea at the Redlands Research Facility, Delancey Street, Cleveland.
Proof of vaccination or exemption required. Looking forward to a good roll up, but numbers are limited to 80, so please don't forget to RSVP by emailing or phoning the office by 19 April.

Please note that the U3A Redlands office will be closed on Wednesday 27 April, to allow our Office Administrator Jules and the rostered office volunteer to attend the event.

Coming up later in Term 2 is the Annual Celebration of Volunteers Expo to be held on Saturday 14 May from 12pm to 5.30pm at Raby Bay Harbour Park in Cleveland.

U3A Redlands will have a stall again this year to promote our services and we would love you to drop by to say hello. We also need some helpers to man our stall, so please contact Sally Roth on 0427 916 109 if you can spare a couple of hours. It is always a lot of fun.

GAME, SET, MATCH. THANK YOU, ASH

A week before end of Term 1, sporting enthusiasts and tennis fans were shocked to hear that three-time Grand Slam Champion, Ashleigh Barty had announced her retirement from tennis at the age of just 25.

I am a huge fan of Ash and first heard the news on the radio and could not believe my ears. The entire nation was ecstatic when Barty won the Australian Open, which made her the first Australian woman to win the title in 44 years.

I agree with Tennis Australia CEO Craig Tiley's comments: *"Thank you Ash, you have made an invaluable contribution to tennis, both in Australia and around the world,"*. *"You leave a legacy of grace, composure, sportsmanship, humility and humanity that we can all learn from. For that and all the joy that you brought onto the court and into our lounge rooms we remain forever grateful"*.





Birthday Wishes to all U3A Redlands members celebrating a Birthday in April

Redlands Community Recovery Hub

Support for residents impacted by recent weather events

Available 7 days per week

Hub 68, 58-68 Delancey St, Ormiston

This hub is for residents to access support services if they were impacted by the recent severe wet weather event in SEQ. No appointment necessary – residents just drop in to



Hub 68, 58-68 Delancey St, Ormiston 4160 (Banners and signage on site guide people to the Hub).

- 7:00 am to 5:00 pm, 7 days (7pm Thursdays)

Types of supports available include:

- Support to apply for available grants (personal and business)
- Psychological, emotional, and personal support including counselling
- Financial and practical assistance
- Housing support
- Information to support clean up and recovery: flood-specific information about safe clean up, managing health concerns, and how to cope
- Information and referral to non-government organisations

Red Cross, Lifeline and Services Australian (Centrelink, Medicare) will be on site and a range of other service providers.

Outreach to impacted island communities is being delivered by Department of Communities. Residents can contact the **Community Recovery Hotline** on 1800 173 349 to find out if and when outreach might be available on their island.



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57 Wemyard St
CLEVELAND, QLD 4163
Australia

HELP!

We Need Mahjong Sets

Do you have a Mahjong set you no longer need?

Your donation for use by U3A players would be appreciated.

Writing for Pleasure



The pen is mightier than the sword.

Amid the disasters of 2022, the floods, cricketers dying, Putin's war, Covid 19 seems to have taken a back seat in our ever restless media, yet people are still dying in Queensland each and every day and the infection rate is rising.

This is not lost on our U3A Writers who spent some time in contemplation of Covid this month.

WE'RE WAITING FOR YOU

by: Nina Davey

We're waiting for you. We have waited for some time now. Seems like forever but in fact we have been waiting just two years for you to be safe.

We're waiting for you. You may not have noticed us, going about our lives, sticking to the rules, sometimes enforced but mostly self-imposed. You may think, lurking behind our masks, are self-righteous smiles, where instead are disguised the sad lines of worry, worry for you.

We're waiting for you. We have been the silent ones, the ones who have followed the advice of those who have the scientific knowledge and expertise.

We're waiting for you. In the belief we can only be truly safe when you can stand with us, clothed in face apparel, tiny swelling on your arm, to keep you, me, and all of us safe.

We're waiting for you.

6 Word Stories – COVID Anita Lazic.

Masks, jabs; Covid's arrived; uncertain times!

World in fear, Covid is here.

Invisible enemy to earthlings, Covid rules

U3A Redlands Building Our Future



Big Announcement!

**Come for
Morning Tea**

**Wednesday, 27 April 2022
9.00 for 9.30 am**

**At Meeting Room
Redlands Research Facility
26 - 40 Delancey Street, Cleveland
Proof of vaccination or exemption
required.**

*For catering purposes
Please RSVP by Tuesday 19 April
To: admin@u3aredlands.com.au
or Phone: 3821 3888*



PLEASE NOTE
The U3A Redlands Office
at Room F5 CDSH School
will be closed for the day on
Wednesday 27 April
to attend the
U3A Morning Tea Event



Is it time to try something new?



Mahjong

**Thursday
Morning Group**

Always wanted to play Mahjong and groups are full?

Our Thursday Morning Group are looking for new members.

The group meets from 8:30 to 11:30am at the Lions Club Hall, 122 Shore Street Cleveland. (Group previously met at Mandalay Retreat Cleveland)

New members are welcome and Tutor Patricia Simmons is happy to accept and train beginners. Please call Patricia on 0407765678 to book your place.

U3A REDLANDS OFFERS A PICKLEBALL TRIAL!



Sunday, 29 May 11:00am – 12:30pm

Ormiston State School courts

Gordon Street, Ormiston

** Equipment provided**

** Wear comfortable clothes and shoes **

U3A R members \$5 session

INTERESTED?

Firstly: Phone or email Jules (3821 3888 / admin@u3aredlands.com.au) to register.

Secondly: Deposit \$5 into our bank account (BSB 124 025 Account 1054 5277) with your surname and "Pickleball" as reference.

NUMBERS ARE LIMITED!

For more information, please contact Deb Barker

barkerid77@gmail.com / 0438 781 648 or Jules



RSVP by 22.4.22 please!



Monday Water Exercise has some vacancies!

If you would like to join, Classes are from 11am - midday each Monday.

Contact: Lynda Sanderson on 0488 757 908



Basic Japanese Classes Now On

You are welcome to join the class held every Monday afternoon between 4:00 - 5:30pm. Cleveland District State High School, Cnr. Russell & Smith Street, Cleveland.

Contact: Kathryn Tominaga 0433 640 140



French Classes!

Do you speak **conversational** French with a **smattering of grammar**?

Would you like to improve your skills? If so, please phone Michael Hubert 3286 3314 for more information. C'est tout!



FINANCIAL LITERACY IN 2022

If you like financial discussions (*Superannuation, Aged Care, Aged Pensions, Retirement living options, cash flow and budgeting etc*), drinking tea or coffee, and a social outing at the same time.

First Tuesday of the month, **Carol Roberts** will run a **Coffee Q&A Financial Literacy** session from 9:00 to 11:00am at **Uncle Bobs Bakery Redland Bay**.

All welcome - No charge for U3A members and everyone buys their own coffee.

Please Note: *Carol does not give financial advice, just factual information.*

Please phone (3821 3888) or email (admin@u3aredlands.com.au) to express your interest!



Can you Help?

Armchair Travel 2022 - more adventures to come!

Would anyone like to provide back-up to Jennifer in the case of her being absent? Being an assistant is very easy, and you do get a good feeling for helping! Please talk to Jennifer if you are interested.

Armchair travel will be held in the Cleveland Uniting Church - Large Hall - on 1st Thursday of the month

Thursday, 7 April presentation - David Paul will be doing part 2 of his journey through the French and Belgium Battlefields.



MALE SINGERS WANTED!

Are you male, with a nice voice, and always wanted to perform? Come and join our existing singers (*male and female*), live your dream, and have some fun.

Saturday morning rehearsals.

Phone Cheryl on 0418 190 401 if you are interested!



SCRABBLE

Unfortunately, we did not have enough folk to warrant a Scrabble group, **HOWEVER**, if you are interested, please contact Jules (3821 3888 until 1pm, or (admin@u3aredlands.com.au) and we may have enough in the future!



PLAY READING GROUP - LOOKING FOR A TUTOR.

A small group of people who meet monthly on Tuesday mornings from 9:30 to 11:30 need a Tutor to lead their group. If you like play reading or know anyone interested, please contact me. This group finds new and well-known plays to read. Their long-term Tutor has retired due to ill-health, and it would be a shame to see this group fold.

Please contact Liz Jeffs (Tutor Liaison Academic) 0427 646 377 or email tutorliaisonacademic@u3aredlands.com.au



Monday at 9.00 for 9.30 am
Donald Simpson Community Centre
172 Bloomfield St, Cleveland

May 2022 Program

NOTE: Following Easter and a small break, Life Matters will resume again on Monday, 16 May 2022.

Monday, 16 May

The Empire has an Answer: The Empire Air Training Scheme (EATS)

Dr Tony Brady, Recipient of RAAF Heritage Fellowship.

Introduced by Dr John Moss

Monday, 23 May

The Joy of Writing

Paul Bland, Retired Secondary School Principal and Priest.

Introduced by Brian Hedges

Monday, 30 May

Five Moons of Pluto – A film shot in the Redlands

Dr Graeme Dennis – Conductor, Redlands Sinfonia

Introduced by Olga Harris

**Please note COVID Vaccination
DSC and U3AR Policies.**

Per Donald Simpson Centre and U3A Redlands Vaccination Policies, you must be fully vaccinated to attend.

Please show proof of vaccination or medical exemption on entry.



STAR Community Services and Volunteering Redlands are celebrating **National Volunteer Week 2022**, and we invite the whole community to join our biggest ever **Celebration of Volunteers!**

When: Saturday, 14 May 2022

Time: 12pm - 5.30pm

**Where: 146 Shore Street West,
Raby Bay Harbour Park in Cleveland.**

Volunteers are the backbone of a strong and resilient community like ours. They freely give their time, energy, skills and experience and passion to support their local community. Let's get together and show how grateful we are of their contributions and also give them the thanks they truly deserve!

Come along to our **free event** to:

- enjoy a host of family friendly activities including laser display, live entertainment, food stalls and kids rides.
- cheer on the winners of the Volunteer of the Year Awards 2021-22
- explore the best volunteering opportunities in your local area and join the ever growing community of volunteers!
- have a great afternoon with your family and make some new friends!

There will be stalls hosted by many of our community organisations and not for profits. Feel free to drop by and chat with them about their services and about volunteering opportunities.





**Our Performing Arts groups
will combine their collective
talents to present**

U3A Variety Concert

**to be held
Thursday 21 July
2 Sessions: 10:00-11:30
2:00-3:30
Thorneside Community Hall**

***U3A Singers
*Starlite Dancers
*U3A Theatre Group
*Scottish Country Dancing
and more**

**Tickets \$10 per session
Includes
Morning/Afternoon Tea**



Prepare to be Entertained

**ARE YOU COMING TO THE
CONFERENCE?**



Wednesday 8th – Thursday 9th June 2022
North Lakes Hotel and Conference Centre
22 Lakefield Drive, NORTH LAKES
All conference activities at the one venue

Optional:

- Welcome canapes & drinks
- Conference dinner
- Choose your own adventure to explore the Pine Rivers area before or after the conference



Go to the website to register and find out more, including the exciting guest speakers.
Scan the QR code on the right to complete a survey.

<https://u3aqlconference.org>



CATEGORIES FOR 2022: PAINTING & DRAWING



Artwork by Heather Grebert, U3A Redcliffe.



Art Rose:
<https://pixabay.com/images/id-5874473/>

Theme: 'spread your wings'
Transcend your horizons through art

**FIRST PRIZE IN EACH CATEGORY: \$200.00
RUNNERS UP IN EACH CATEGORY: \$100.00**

**COMPETITION OPENS 1 MARCH 2022, CLOSES 29 MAY 2022
WINNERS ANNOUNCED AT NETWORK STATE CONFERENCE 8 JUNE 2022**

Entry forms and conditions of entry available at:
u3aql.org.au or email competitions@u3aql.com.au

In an EMERGENCY
dial TRIPLE ZERO
(000)



For NON-URGENT
Police contact call
POLICELINK
131 444

Crime Prevention Corner

QR Codes – what you need to know to stay safe

In Australia, QR codes are now widely used for things like placing orders at restaurants, accessing websites, registering for events, tracking parcels and much more. People have generally embraced the convenience of the QR code, and this presents ample opportunities for scammers to exploit unsuspecting users. The ACCC has advised that Australians should take note of several things after scanning a QR code:





- Always use the government check-in app to scan the QR code to reduce the risk of a fake or unofficial QR code directing you to a rogue webpage.
- After scanning a QR code, pay attention to the website it directs you to. If it looks suspicious, close the browser immediately.
- Do not download any application from QR codes. Always go to the official app store and check reviews before downloading.
- Be aware of any website asking for personal information. Protect yourself from identity theft.
- If you have a cryptocurrency wallet, NEVER provide the seed phrase to anyone. No one will give away free crypto.

<https://7news.com.au/technology/fbi-raises-alarm-over-use-of-fake-qr-codes-to-steal-login-information-money-c-5434287>

Bayside DCPC – ph 07 33088180 – email DCPC.Wynnum@police.qld.gov.au – blog www.mypolice.qld.gov.au/wynnum

Rev 1

U3A Redlands District Inc. 2022 Management Committee

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