The Third Act



JULY 2023

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President's Message

From Janese Lowe

U3A Redlands has been a hive of activity since our

June Committee meeting in preparation for our 25 Year Exhibit in June/July, Trivia Night 15 July, and Mahjong Madness on 17 August. Thank you to everyone for your efforts in preparation for these events.

'Shining a Light on Learning', U3A Redlands Silver Anniversary Exhibition opened at the Redland Museum on 7 June and will remain on display until 31 July.

The exhibit is the culmination of nine months of careful planning; researching; photo/item gathering by 25 sub-Year committee members, tutors and ordinators. Special thanks to this hardworking team and to sub-committee chair Colin Sutcliffe OAM and sub-committee secretary Beryl Sutcliffe OAM who deserve extra credit. Their dedication to the task and attention to detail to both the exhibit and the official opening event was outstanding.

The official opening which was held on 17 June was enjoyed by around 70 people. Thank you to the Redland Museum's Rick Thomason OAM for his excellent work curating the static exhibition; to Tara Young for her work in organising the opening event; and to receptionist Jo for managing the bookings. Their professionalism was exceptional. We were also appreciative of all the wonderful museum volunteers who ensured that the event ran so smoothly.



Building Project Update

We've obtained detailed plans; will be announcing our preferred builder July/August and are extremely grateful to Julie & Mwrd Apologies for an email newsletter any corrections.

the Council who have approved grants totalling \$60k to date.

I had hoped that we would have turned the soil by now, but we have been told that with the current lack of availability of tradespeople and materials, the start of our project could be delayed until early 2024.

One thing I can show members, is a model of our proposed new U3A Redlands Centre, which was produced in collaboration with the teacher and students of the 'Speed Design and Prototyping Group' at the Cleveland District State High School and delivered in time for our exhibit.



The positives are that we have more time for fundraising and donations to our building fund are tax deductible!

BOQ BSB 124025; Account 23387501 Ref: Name and Donation

Donations over time

So grateful to our groups:

For one-off or regular ongoing donations: U3AR Tues Mahjong/Rose Reidlinger \$753 U3AR Mon.Fri Mahjong/Anne Odgers \$700 U3AR Contemplative Meditation \$ 1,250 U3AR Garden Group/Murray Porteous \$100 U3AR Patchworking/Sylvia Bridge \$82

Donations since last newsletter

A huge thank you to members:

Anonymous \$100

Margaret Ward \$500

Julie & Murray Porteous \$1,000

Apologies for any errors or omissions. Please email newsletter@u3aredlands.com.au with any corrections.

Official Opening of 25 Year Exhibit





U3A Redlands District celebrated its Silver Anniversary with an official opening of our 25 Year Exhibit entitled 'Shining a Light on Learning' at the Redland Museum on the 17 June. The guests were greeted with a welcome drink and chatted while pianist Marguerite Giovannini delighted attendees with lively background music.

The MC Colin Sutcliffe OAM then commenced the program by welcoming the invited guests and then introduced the following speakers: Patron and Mayor Karen Williams; Redlands Museum President Bruce Smith; Tutor Liaison Academic and Poet Elizabeth Jeffs; U3AR President Janese Lowe; and Vice President Julie Porteous.

The unveiling of the framed 25 Year Logo was performed by U3A Network Qld President Rhonda Weston AM and assisted by long-term member Sylvia Laycock. The program finished with a vote of thanks by U3AR Past Presidents June Busfield and Debra Barker.

Other distinguished guests were Councillors Wendy Boglary, Adelia Berridge and Tracey Huges, President RDCOTA Robyn Robinson, Past Principal Cleveland District State High School Paul Bancroft OAM, Shane Holborn, Facility Manager, DAF and U3A Brisbane President Gabriele Power West. So pleased to see most of our U3AR Life Members who are named in the photo below.

After the formalities all were invited to take a tour of the exhibit and to enjoy nibbles, a drink and fellowship. Members and friends reminisced in friendly companionship and there was positive feedback for the exhibition, and all agreed it was a very successful and enjoyable evening.



Tutor Helen Neate, Marguerite G, Publicity Officer Liz Sanderson



Life Members L-R: June Busfield, Julie Porteous, Margaret Ward Iris Murray, Heidi Kirsch, Laraine Gon Chee, Freda Charles



Councillor Tracey Huges & President Janese Lowe



Councillor Adelia Berridge, Paul & Gloria Claus



U3A Pres Janese Lowe, Vice Pres Julie Porteous Museum Pres Bruce Smith & Cr Wendy Boglary



Iris Murray, Carolyn West, Janese & Ian Lowe, Denise Lee



Mayor Karen Williams and Beryl Sutcliffe OAM



Julie Porteous & Rhonda Weston AM



Nicole West, Cheryl Christie, & Liz Sanderson



Paul & Elizabeth Jeffs & Colin Sutcliffe OAM



Joy Buhmann



It is with sadness that we acknowledge the passing of U3A Redlands number one member Joy Buhmann on Saturday 17 June.

Joy was one of the first three co-ordinators of U3A Redlands before independence from U3A Brisbane in 1989. She set up the office procedures and tutored three courses, Book Discussion, Classical Music and Botany in the Bush.

It was unfortunate that she was unable to attend the official opening of our 25th Anniversary Museum Exhibit, having been hospitalised just prior. Good friend Sylvia Laycock kindly took her place, as part of the opening ceremony.

Family and friends will celebrate Joy's life at a funeral service on Monday 10 July at 1.30pm at the Hemmant Crematorium.





CANASTA – JONOLA



New members are very welcome to join this group who enjoy playing every Thursday from 12:00 – 4:00pm at the Donald Simpson Centre, 172 Bloomfield Street, Cleveland.

Contact: Marcell Gorman - 0418 110 555



The Trivia night on Saturday, 15 July, is FULLY BOOKED

Thank you for your overwhelming response to our Trivia night.

Looking forward to seeing everyone for a great night of Fun.

REDLANDS MEMORIAL HALL 46 Smith Street Cleveland. DOORS OPEN - AT 6.00pm, TRIVIA STARTS AT 6.30pm

Remember to bring some gold coins for - GAMES PRIZES AND MULTI DRAW.

COMPLIMENTARY Tea, Coffee and Biscuits BYO Nibbles and Drinks for your table.



Armchair Travel

Cleveland Uniting Church – Large Hall. Passage St, Cleveland 1st Thursday of the month

August 3: Geoff Crane – Mystery City **September 7:** Paul Oates - India

CONTACT: *Jennifer Brew - 0403 835 895*



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MAHJONG MADNESS!



A little fundraising and a lot of fun for Mahjong enthusiasts

\$10 total cost, morning tea provided
Prizes & Raffles

Monday 14 August, 2023 (Redlands Show Day!)

Alexandra Hills Community Hall, Corner Finucane & Windermere Roads, Alexandra Hills (Parking on site)

Doors open at 8.30am for play at 9.00 sharp

Table Registrations essential – limited numbers registrations close on Monday 7th August

Please register & pay for table of 4 (or singles)

3821 3888 / admin@u3aredlands.com.au

Questions to Anne Odgers - Phone 0400 100 332



APPLICATIONS ARE OPEN FOR PAID EMPLOYMENT

Sadly, our Office Administrator, Jules has obtained casual employment elsewhere and we need to find a new paid employee.

During Term 3, Jules will attend on Tuesdays and Wednesdays only and our office volunteers will man the office on the other weekdays.

Volunteer Office Co-ordinator Debra Mitchell will organise the office volunteer rosters, and Jules will run training sessions with Debra and the volunteers when time permits.

THE OFFICE WILL CONTINUE TO OPERATE DAILY MONDAY TO FRIDAY FROM 9AM TO 12 NOON.

Finding a suitable replacement may take some weeks, so we would really appreciate your patience and any assistance that you can offer during this time.

YOU CAN HELP BY:

- Spreading the word: A neighbour, friend or family member may know someone interested in working within school hours. It would be ideal for a mother with school age children.
- Volunteering in the office: If you have previous office work experience and can spare 3 hours a fortnight or could be on call, please contact Debra Mitchell on 0402 083 189.

For those interested:

Part Time Office and Accounts Administrator - 9:00-12:00 Mon to Fri

- Job description can be found on our website www.u3aredlands.com.au
- Click on News and Events then follow the link.

https://u3aredlands.com.au/news/applications-open-for-paid-employment/

• Forward resume and contact details of referees to president@u3aredlands.com.au



Writing for Pleasure

The pen is mightier than the sword.

The colder mornings of winter must be a time for reminiscing. This July our writers remembered other winters long ago. They were given the start: It was a cold wintry morning.

Denis Kelly

It was a cold wintry morning when he walked to school. It was a ten-minute walk. However, this was the coldest day of the coldest winter in the little boy's life. It was 1947 and he was just six years old. Snow was deep across the path, filling his shoes, numbing his feet. He reached school in tears. A teacher spotted his distress and the cause. "Come with me little fellow". The boy was taken to the kitchen. Shoes removed and put next to the radiator. Warmth, kind words, warm feet. 75 years later, he remembers it well!



What's This U3A

by: Elizabeth Jeffs

What's this U3A, he asked clutching his vegemite and toast.

Something down at the school, she said – there's a sign I've seen on a post.

It can't be about the kids, or they'd have signs everywhere.

I often see people round our age walking around down there.

Look it up on Google Dear. With everything else you do.

And when you find out what it is, make sure you tell me too.

I will. But I see in the Redland City News, U3A is celebrating its 25th this year.

Now how did that escape our eagle eyes. We know everything that moves round here.

Ah there goes John, He'll tell us what's the go. What? Never heard of U3A, You two need a life, you know.

Every Monday for an hour, down at the DSC, You can hear great speakers and even have a cup of tea, or coffee. On other days you can feast on a wealth of activities and education

You can learn French, German, Italian, Japanese, or calm yourself with meditation.

If you have the urge to move, there's cycling, water aerobics and dance.

Go rambling in the Redlands or try your hand at, oo-la-la, Pentanque.

There's Arts and crafts of every type, Board games, Computers and Photography

Or you can travel the world from your armchair, or study History or Philosophy.

there's writing and there's poetry; reading a play or a book.

And the survival skills like CPR, Tai Chi and learning how to cook.

If you think you have an inner Beethoven, there's piano, and Ukelele

If the outdoors and nature is your thing, there's gardening and Botany.

Whatever you would like to learn, there's something here to do.

And if you like to steal the show, then Theatre is for you.

But I must love and leave you. I've got Canasta and then Chess.

He's such a know all really. But we've got to admit he's right I guess.

Yes, I can't believe for 25 years I've lived here and didn't know.

That for just 5 bucks every Monday at U3A, I could have had a cuppa and a show.





ART DRAWING & WATERCOLOUR

The U3A Watercolour group were invited to display their art works at the Birkdale Multi Sports Club. The offer was a prominent wall in the Bistro area to create a visually interesting area for patrons to enjoy.



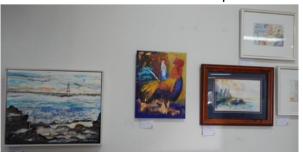
Over the past 18 months this group has provided a regular four monthly display, then a refreshed rotation of our artist's work.

A team of three from the group – under the leadership of June Phillips – are organisers of this activity. Many of our group artists attend our changeover visits, and we enjoy the fun and laughter as we play with making a good display of art works, which have various sizes, colours and subjects to deal with. This is usually followed by lunch at the Bistro and more chat and laughter.

Most members have exhibited over the past 18 months and we celebrated the sale of Margaret Inwood's painting "Green Cockerel", in August 2022.

It was with great enthusiasm that in June this year we hung a record number of paintings. This included a contribution of three paintings from our newest member.

We invite you and friends to make time to visit and view the display, as well as enjoy a meal or drinks at the Birkdale Multi Sports Club.



Fun With Jewellery





Our group meets every Friday at Capalaba Library from 9:30 – 11:30am

A vacancy exists for someone with some prior knowledge of jewellery making.

Our group works on individual projects but help each other from their accumulated experience.

Are you interested in learning how to weave seed beads? Elaine and Brenda have had some experience in specific seed bead stitches such as peyote, herringbone and brick stitch.

For further information or to enrol, contact:

Brenda: 0481 342 448 **Elaine**: 0418 716 934



Monday 9.00 for 9.30am
Donald Simpson
Community Centre
172 Bloomfield Street,
Cleveland

July 10: WHY ANIMALS DON'T NEED DATING APPS. Adrian Caneris

July 17: ALTERNATIVES TO VIOLENCE PROJECT QLD Marion James

July 24: AGED AND DISABILITY ADVOCACY

Naomi O'Neill

July 31: ASPECTS OF ENGLISH
Emeritus Professor Roly Sussex OAM MA

August 7: CENTRE FOR MARINE SCIENCE
Associate Professor Ian Tibbetts

August 14: REDLANDS HOLIDAY FOR EKKA

RESEARCH PARTICIPATION OPPORTUNITY



Participants wanted to help us improve memory programs!

Seeking Australians aged 50 and over for a research study on tools and methods to help with memory and thinking. In this study you will be asked some demographic information, basic questions about memory, and knowledge of tools to help with memory and thinking. You will also be asked about your memory satisfaction, aging concerns, and your emotions and well-being. We are looking to understand peoples' awareness of, interest in, and preferences for these tools (GU ref no:2023/371). You can enter the prize draw for a chance to win one of 6 x \$25 Coles vouchers as a token of appreciation for your time. Survey responses are anonymous and voluntary.

Please contact me at: shirly.sareyka@griffithuni.edu.au if you have any questions.

If you are interested in helping us with this project, we invite you to participate via

responding to this short 15–20-minute survey.

Please follow the link below or use the QR code:

https://researchsurvey.griffith.edu.au index.php/446527?lang=en



In an EMERGENCY dial TRIPLE ZERO (000)



For NON-URGENT Police contact call POLICELINK 131 444

Vehicle Security Tips for Families

- The majority of crimes reported in the bayside suburbs every week involve motor vehicles. Vehicles
 are either stolen or have valuables stolen from inside the vehicle. Vehicles parked in public places
 including streets and carparks at night are particularly vulnerable.
- Most of these crimes are committed by juveniles or young adult males.
- A significant factor why these crimes occur are that as many as one in seven (approximately 15%)
 of vehicles are left unlocked and / or insecure i.e.: valuables left in plain sight inside the vehicle.

Owners can minimise the risk of becoming victims of crime by taking some simple precautions.

- Lock it or lose it! Make sure your vehicle is secured and remove belongings when you leave it
 unattended right down to loose coins. GPS units, dash cameras, mobile phones, tablets are very
 popular with thieves.
- Keep your car keys out of sight inside your home not on the kitchen table. Often keys are stolen during house break-ins.
- Keep your garage door closed and secure at all times, even when you are at home.
- Lock your car when it is garaged and do not leave the key somewhere nearby.

Bayside DCPC - Ph 07 33088180 - email DCPC.Bayside@police.qld.gov.au - blog www.mypolice.qld.gov.au/bayside

U3A Redlands District Inc. 2023 Management Committee				
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