## **The Third Act**



## **DECEMBER 2023**

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## President's Message

From Janese Lowe

Another U3A Redlands District year is over, and what a Year!

Our final celebration for the 25<sup>th</sup> Anniversary year, was cutting our birthday cake at the Annual General Meeting on Monday 4th December at the Donald Simpson Centre. Didn't I tell you that AGM's could be fun! So pleased to see a great roll-up to the meeting to acknowledge the commitment of the outgoing committee and to welcome our incoming committee for 2024.

Huge thanks for the contributions and support of the following retiring committee members: Elizabeth Jeffs, Tutor Liaison Academic; Edwina Potter, Catering Co-ordinator; and Julie Porteous, as an outstanding Vice President. So grateful of your support and we will miss all of you!

I will continue as President for a fourth consecutive year, and I welcome new Committee members Kaylene Lawson as Tutor Liaison Academic and Jeanette Hynes as Committee member.

I am also grateful for the support of the following returning committee members who did an amazing job this year: Trevor Charles Simmons, Secretary; De Wet, Treasurer; Mary Smith, Tutor Liaison Lifestyle; and Debra Mitchell, Office Coordinator. Liz Sanderson and Brenda Hazelwood will also join us again but will fill the roles of Vice President and Events Coordinator respectively. Based on their input this year, I know they will do a great job in these new positions.

Best wishes members for a very Merry Christmas and I look forward to seeing you all in the New Year.



## **Building Project Update**

Our vision is finally becoming a reality. We now have a slab, a frame, and a roof, as promised. Builders will restart in Jan 2024.



#### **OUR ROOF IS ON THANKS TO YOU**

Thanks to U3A groups, Alexandra Hills Mahjong \$1,200; Meditation \$750 and several generous members (to be acknowledged formally later), we can pay for our roof. As our builders are moving swiftly, U3AR will soon need to find a further \$22,000 (windows and doors) that we promised for Stage 3 lock-up. Please keep the excitement and the donations coming for our target of a complete building by October 2024.

Members, if your family is looking for Christmas gift ideas for you this year, suggest a tax-deductible donation in their name to the U3A Redlands Building Fund.

### **How You Can Donate:**

By Direct Deposit:

Bank of Qld BSB: 124025
Account: 23387501
Ref: Surname, Stage 3 Donation
By Credit Card: https://u3aredlands.com.au
Click Building Project at top right
Click Donate Here; Follow the prompts.
Or Phone Julie at the Office 3821 3888.

Donations to U3A Redlands Building Fund are tax deductible, per Sub 30-B 2.1.10 Tax Act. We appreciate your ongoing support.

## Meet our new U3AR 2024 Management Committee



L-R: Kaylene Lawson, Mary Smith, Debra Mitchell, Charles De Wet, Janese Lowe, Jeanette Hynes, Brenda Hazelwood, Liz Sanderson, Trevor Simmons.

Thankyou John Burt for being our official photographer for the AGM and many other events. Refer our Facebook page for more AGM photos. Thank you to Arthur Youngman for always being on hand to ensure smooth operation of the audio visuals.



Surprise 80<sup>th</sup> Birthday Morning Tea For retiring Vice-President Julie Porteous



### **U3AR 25th Annual General Meeting**

To mark the milestone of U3A Redlands District 25th Annual General Meeting, President Janese Lowe made presentations to five organisations that have partnered with U3A throughout our history: Cleveland District State High School; Donald Simpson Centre; Redland Museum; Redland City Council; and Redland District Committee on the Ageing. We would not be where we are today without the help of these community organisation partnerships developed over 25 memorable years.



L-R: CDSHS Principal Leonard McKeown, RCC Mayor Cr. Karen Williams, Redland Museum President Doug Alexander, President Janese Lowe, RDCOTA President Robyn Robinson, Board Chairman DSC Tony Christinson.



Please note that the U3A Redlands Office will close for the year at 12 noon on Friday, 8 December and reopen on Monday, 22 January 2024.



2024

DATE: TIME: VENUE: Friday, 19 January 2024 9.00am - 12.00 noon Cleveland Assembly Hall 46 Smith Street, Cleveland (NOTE NEW VENUE)

# All are welcome – bring your friends.

Come and learn more about the wide range of classes being offered by U3A in 2024. Talk to the Tutors.



Refreshments available Bring CASH for great Raffle Prizes



Save time, enrol and pay online at home. Need help to renew? Bring your Member Number and Password.

Check the website for January updates: www.u3aredlands.com.au



## Whatever happened to Janis?



Pre-2021 members, have you wondered what Janis Emadian is doing now and can you spot her in this festive photo? For those who joined after 2021, Janis was our U3A Redlands Office Administrator and part of the U3A family for 12 years.

Janis is thoroughly enjoying being a member of Redland Rhapsody Chorus, which has guite the reputation. This year the group took out overall Sweet Adelines place at Competition (4 part acapella), won most improved chorus and 3<sup>rd</sup> in 50+ members division. The group will be off to compete in Fremantle in May 2024 and closer to home, will be holding their 'Friends and Family Concert' in April 2024 at the Wynnum State High Star Theatre. Keep an eye out for the details closer to the time.

### 'It's All an Act'



The Theatre Group, Jazz and Tap Group, and Scottish Country Dancers joined forces to perform a light-hearted look at life in the Theatre, entitled 'It's All an Act'.

Two shows (10am and 2pm) were staged at the Thorneside Community Hall on 30 November. Unfortunately, because everyone is so busy in the lead up to Christmas, audience numbers were down. All those who attended enjoyed the show.



## MEDITATION - CONTEMPLATIVE

All smiles at the Donald Simpson Centre on Monday, 20 November when President, Janese Lowe, popped in to accept a "cheque" for a \$750 donation to the Building Fund from our enthusiastic U3A Meditation Group.

This brings Meditation's total donation to date, to \$2,000 with another \$500 pledged by the end of term one next year.



**L-R:** Richard Philip, Tutor Gail Schurer, Arthur Youngman, Treasurer Olga Harris, all founding members of the Meditation Group.

President Janese Lowe accepting the cheque.



## Japanese -Beginners & Intermediate

Japanese Tutor Kathryn Tominaga, on our last day of class for 2023 creating some Japanese delicacies for us to enjoy.

These are takoyaki or octopus balls without any octopus. Oishii desu (delicious).

Kathryn works full time, and then tutors our class on Monday afternoons. Kathryn is always full of energy and enthusiasm.

We are so fortunate to have Kathryn.





## **Patchwork & Quilting**

The Patchwork and Quilting Group have been working on a project to create 17 beautifully crafted lap quilts that are the perfect size for patients in wheel chairs.

These quilts were recently delivered to the Spinal Unit of Princess Alexandra Hospital. Each member of the Patchwork & Quilting Group donated their own time and materials to produce these beautiful quilts for others to

enjoy.

Tutor, Sylvia Bridge was a patient in the spinal unit of the Princess Alexandra Hospital in



2020, and could see a need for such quilts. The warmth and privacy the customised quilts provide is much appreciated by the patients. Sylvia said that it touches your heart to see the joy such a gift brings, and is a treasure for the patients and staff to know someone cares.

Thank You Patchwork & Quilting members.



CHESS GROUP Friday 9:30-12:00 Cleveland Library

Would you like to learn to play Chess, then we are happy to teach you this timeless game of strategy. If you just enjoy the game and would like to play regularly, then we will welcome you into our friendly group who meet 9:30–12:00 each Friday at the Cleveland Library. There is no charge for financial members of U3AR. Come along and learn Chess and enjoy a morning of good company. Last meeting for 2023 will be Friday, 22 December. The group will commence again on Friday, 12 January 2024.

Tutor: Kathryn Barry - 0416 247 571





## **Writing for Pleasure**

## The pen is mightier than the sword.





Wishing you all a wonderful Christmas from Writing for Pleasure.

#### **LOOKING BACK AT CHRISTMAS**

by Patricia Ketteringham.

Looking back at Christmas all those years ago we weren't aware how things would change. How were we to know?

Connecting onto broadband we chat on Skype, it's free and text our friends on mobile phones with photos for all to see.

Today's a different story from Christmas way back when our cards came via the postman, and we listened to radio then.

And Christmas day excitement was roast and Christmas fare. The simple toy that gave us joy was just a teddy bear.

Looking back at Christmas.



### **NEW CLASSES FOR 2024**



## **Making Great Phone Videos for Beginners**

Would you like to turn your memories into great videos that others would like to watch? We can show you how. You don't need expensive equipment - just a digital camera or phone with a built-in camera and a computer or laptop. No prior knowledge needed. You'll learn ways to get better shots, how to edit your footage, improve the look and the sound of it. You will learn about adding titles and basic graphics and how to produce and share your masterpiece. We'll cover techniques and terminology of video making. Weekly sessions of three hours. Venue to be confirmed. For further information and expression of

interest contact Scott on 0438 127 488.

## **BASIC ITALIAN**

A new course in Basic Italian will commence in 2024 if there is enough interest.

It will be held fortnightly on a Tuesday morning. Venue to be confirmed.

Please register your interest by contacting Sue on 0477 036 381.



#### **BEADING & CRAFT**

Friday, 9:30-11:30 Capalaba Library

In 2024 'Fun with Jewellery' is changing to 'Beading and Craft'. We are inviting new members who have an interest in different crafts to join us for a morning of creativity. Come along with your latest project, share your craft knowledge and enjoy the company of other crafters.

We are also offering introductory lessons on how to make basic necklaces and earrings; all beads and equipment will be supplied free so there is no initial outlay for this craft.

Unfortunately, numbers are limited due to the size of the room.

Please contact Brenda on 0481 342 448 as soon as possible.

## **English Country Dancing Tutors retire after 26 years**

Chris and Betty Bowdler



On Thursday 7 December, it was my privilege to attend and take part in Betty Bowdler's final English Country Dance class for 2023.

Betty, with husband Chris on the music, has been operating classes for the University of the Third Age (U3A) for the last 26 years. The first year as a U3A Brisbane sub-branch class and then another 25 years of classes, as U3A Redlands District Inc.

Betty commented that she wanted to focus on her memories of the last 26 years of classes, rather than on the final class.

All raised a glass to toast this amazing achievement of one of the longest-running U3AR class. The Bowdlers shared a lovely lunch prepared by their enthusiastic group of students, which was followed by Secret Santa gifts.

A framed Certificate of Appreciation was presented in acknowledgement of their commitment and dedication to dance, as well as to their years of service as a U3A Redlands District volunteer Tutor.

Amazing effort and very much appreciated! Janese Lowe



English Country Dance Group Christmas Party and Farewell

## **Annual Tutor and Volunteer Christmas Party**

There was a lovely convivial atmosphere at the Tutors and Volunteers Christmas party on Friday 24 November, despite only a small number of attendees.

It was a great chance for the committee to say thank you to our volunteers and to catch up with friends while enjoying a drink and some Christmas treats.

President Janese Lowe gave a short address and announced the following longevity achievements for the year:

### **26 Years Service**

Betty Bowdler - English Country Dancing

#### 20 Years Service

Ken Busfield - Cycling

### 10 Years Service

Len and Nina Davey – Camera Group Lyn Roberts – Botany in the Bush Robert Haworth – Mahjong



Thank you to long-term Tutor John Tranter for agreeing to deliver Bob Haworth's 10 Years Service certificate the next day.

We are grateful to all our volunteers, including Tutors, office volunteers, events assistants and caterers who give selflessly of their time to assist with the running of our organisation.



#### LIFE MATTERS CHRISTMAS TREAT



U3A Singers led by Cheryl Christie on piano

On 27 November, the Life Matters group was treated to a lively morning of Christmas entertainment by the U3A Singers and the U3A Writers Group.

Tutor Liz Jeffs and her Writers' Group recited their version of stories that started with 'Twas the Night Before Christmas'.

Tutor Cheryl Christie and the U3A Singers' performance included carols, jokes, quizzes, and bellringing, plus some audience participation.

It was a delightful morning with everyone enjoying the Christmas fun. All left with a smile on their face and a spring in their step.

#### **Office Volunteers Lunch**



L-R: Janese, Sally, Mai, Deb M., Julie, Laraine, Deb B. and Susan

Volunteering is a good way to meet people. Our Office Volunteers enjoyed a great catchup and Christmas lunch on 8 December at Indigiscapes.

If you can spare 3 hours, once or twice a month, to help in our U3A Office, why not consider volunteering. Phone Julie on 38213888 or email the office at <a href="mailto:admin@u3aredlands.com.au">admin@u3aredlands.com.au</a> to register your interest for 2024.

## 2024 Renew Membership TIPS

https://u3aredlands.com.au/



Existing members DO NOT need to JOIN U3A Redlands again, select "RENEW MEMBERSHIP".

- 1. Click on "MEMBERSHIP" (at the top).
- 2. RENEW MEMBERSHIP
- 3. Member Login

(If you cannot remember your password, use the "Forgot password" button).

- **4.** Follow the prompts to make a payment by Credit or Debit Card. Receipt is emailed.
- 5. Payments can also be accepted via EFT to:

ACC: University of the Third Age Redlands District Inc.

BSB: **124025** Account: **10545277** 

Reference: **Surname, initials and membership number.** 

**6.** Process for **Couples** as "Renewing memberships".

One member of a couple renews/joins as a "FULL" member. Take note of the membership number provided.

Remaining partner is then able to renew/join as a "COUPLE" then provide the partner member number and pay the reduced membership fee.

Once you have renewed, you are able to enrol in classes by following the prompts at the bottom of account page.

You must re-enrol for 2024 classes.

In an EMERGENCY dial TRIPLE ZERO (000)



For NON-URGENT Police contact call POLICELINK 131 444

### **Crime Prevention Corner**

### 'Tis the season - to look out for each other

We are about to enter the festive season; a time when we shop, party and many of us take leave. It is also a time when we need to be 'on guard' for our personal safety and security. Please consider the following during the holiday season:

- Be constantly aware of scams email, internet, mail and in person. Check the website www.scamwatch.gov.au
- Home security always keylock entry doors and lock and secure all windows.
- Card Fraud do not provide card details to unsolicited requests or give your card to anyone.
- Personal Safety be aware of your surroundings, especially when in public when using your phone.
- Vehicle Security lock it or lose it! Ensure your vehicle is secured and remove belongings when leaving
  it unattended.
- Boating Safety ensure the right equipment is on board and easily accessible.
- Garages always keep your garage door closed and secure.
- If going away, arrange for neighbours to clear your letterbox and keep an eye on your home.

### Above all - stay safe and enjoy this festive time of year.

#### **OFFICIAL**

 $\textbf{Bayside DCPC-email } \underline{\textbf{DCPC.Bayside@police.qld.gov.au}} - \textbf{blog } \underline{\textbf{www.mypolice.qld.govau/bayside}}$ 

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