



President's Message

From Janese Lowe

Allez Australia! How many of you are gripped by Olympic

Fever, as I am?

The theatrical, innovative and very French Opening Ceremony set the scene. Then the competition started, and everyone got to enjoy all those sports that most of us only get to see once every four years.

Australia has been particularly successful at these Olympics, and we should all be so proud of the commitment of all our athletes.

I'd like to thank my committee for their unwavering commitment and support for the extraordinarily busy program U3A Redlands has had this year. So far, we have had an event every month except for July, and we are going to make up for that by having two events in August.

A big shout out to our Office Administrator Julie-Anne and her volunteers who have fully booked our High Tea with building tour on Monday 12 August. Meanwhile, our car boot sale is gathering sellers and hoping for lots of customers at Ormiston House on Sunday 25 August. See page 3 for details.



Building Project Update

Continuing with the Olympic theme, our building project can be likened to a marathon. It has been a long journey, and we are so close yet so

far.

Fundraising Update

Grants Update

Unfortunately, our grant application lodged 30 April with the Port of Brisbane Authority to fund \$12,000 for the verandah and ramp railings for our building was unsuccessful. Application to State Government

Our 7 May submission for funding to the State Dept of Seniors was unsuccessful with the disappointing response of 'there is nothing in the budget for U3A Redlands'.

We have registered to meet with Charis Mullen, Minister for Seniors and Disabilities at the Redlands Community Cabinet scheduled for 28 August at Victoria Point.

Donations since June newsletter:

We are so appreciative of the following:

Non-member Donations

Mark Robinson MP (Oodgeroo) \$1,000

Thank you to members:

		-		
Anonymous G	\$	100		
Anonymous L	\$	1,000		
J Moss	\$	1,000		
J Broadhurst	\$	500		
Christine	\$	100		
(last name please Christine?)				

Group Donations

Mon/Fri Mahjong \$300 (Tot to date \$2,200) Tues Mahjong \$87 (Tot to date \$1,820) Iphoneography \$200

Events Fundraising

Trivia Night 8 June \$ 3,000 Containers 4 Change (since Mar) \$ 87

Since the June newsletter, the Donations total \$4287 plus Events total \$3087 equals an overall boost of \$7,374 to our fundraising target.

We appreciate your ongoing support.

How To Donate:

By Direct Deposit: BOQ BSB 124025 Account 23387501 Ref: Surname, Donation By Credit Card: https://u3aredlands.com.au Click Building Project at top right Click Donate Here. Or Phone the Office: 3821 3888 Morning Tea & Tour of the Building Monday, 12 August 2024 From 9.30 am



At Meeting Room Redlands Research Facility 26 - 40 Delancey Street, Cleveland

Thanks to the overwhelming response by members This event is now FULLY BOOKED

For enquiries & payments contact admin@u3aredlands.com.au or Ph 3821 3888



Location of Morning Tea: Delancey Street, Cleveland



PARKING ON SITE There is plenty of parking available on site:



1. Enter from Delancey Street via main gate of the Research Station



2. Turn right to meeting room Car Park



 If Car Park is full, park on grass to right of the internal road.
Park nose in to line up with car park spaces, then leave spaces for next row.

For Car Boot Sellers at Ormiston House 277 Wellington St, Ormiston



U3AR Car Boot Sale Sunday 25 August 2024 10.00am – 2.00pm

If you want to know more Phone U3A Office 3821 3888

Email U3A Office <u>admin@u3aredlands.com.au</u> To register your site, and for more details

Site Cost: \$20 BYO Display Table or Tarp

All proceeds to U3A Redlands Building Fund

Car Boot Attendees U3AR Car Boot Event

We currently have 35+ cars registered to display their wares and we now need some customers who also enjoy a bargain with a touch of history.

Sunday 25th August 2024 -Ormiston House - 10am-2pm

- \$8 Entry (\$5 Child 5-12yrs) to Ormiston House includes a tour of the house.
- \$8 for Devonshire Teas on the Ormiston House verandah.
- Bring cash and tell your family and friends

Browse the bargains and stay for a bite to eat



How else can members support this event?



Please help as a Volunteer

- Gate Attendants x 2
- Parking Attendants x 4
- Stall sellers x 4
- BBQ team of cooks/servers
- Drink sellers x 2

Phone Brenda on 0481 342 448

Enjoy yourself at this wonderful venue while supporting U3AR Building Fund

Writing for Pleasure

The pen is mightier than the sword.



Recently we had fun attempting to mimic Shakespeare's style, but when asked to start a short piece with the words: "She always knew this day would come", one of our writers chose a concept Shakespeare never anticipated.

Space By: Maureen Maxwell

She always knew this day would come, when she would sit atop the Earth's most powerful rocket. Next stop - the International Space Station.

Celeste had trained and studied for years with the sole aim of reaching the stars. She had a Doctorate in Mechanical and Aerospace Engineering from a leading USA university.

Lengthy periods of serving in a naval submarine had acclimatised her to living in a small space. Weightlessness had been a huge adjustment as she learned to cope differently with life's normal situations and habits.

The rocket engines roared into life, with a rumble and roar on the instruction of the ground crew. Celeste had mixed emotions, ranging from unaccustomed nerves to sheer elation. This day of climbing into orbit had been long in coming. Then came the call. Houston - we have lift off!





Monday 9.00 for 9.30am Donald Simpson Centre 172 Bloomfield St, Cleveland COST: \$5 includes Tea & Biscuit

AUGUST 12: Building Tour & Morning Tea – U3A Members only.

AUGUST 19: A LOCAL HISTORY MYSTERY: THE LEGEND OF THE SPANISH GALLEON Presenter: Georgia Bennett-Cleveland Library

AUGUST 26: Presenter: **GUIDE DOGS** Jeremy Hill

SEPTEMBER 2:

SUBMARINES, SATELLITES AND OUR COST OF LIVING

Presenter: Annette Brownlie & Ross Gwyther

SEPTEMBER 9: Presenter: **RANGER STACEY** Stacey Thomson



Enjoy the fun of learning from Guest Speakers (9.30–10.30). Stay for a cuppa (10.30-11.00).



Armchair Travel

Travel the world in the comfort of your seat. Different destinations are discussed each meeting on

the first Thursday of the month, at the Uniting Church Hall, 36 Passage Street Cleveland.

Come along on Thursday 5 September, and enjoy an interesting presentation by Anne McBurnie and Francis Gosling, which is about 'Cruising the Mediterranean'.



Freda will welcome you at the door and you are welcome to stay on for a cuppa and a chat organised by Marj & Jamie.

John Kolcze

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Gold Medals at the Paris Olympics for Three Inspiring Australians



Cam McEvoy, Saya Sakakibara and Kaylee McKeown led an Australian gold rush on Saturday morning at the Paris Olympics.

Cam McEvoy is the first Australian to win the men's 50m freestyle

After heartbreak in his three previous Games, Cam McEvoy, the Australian physics and maths graduate, designed a radical new training program that delivered 50m gold.

Following Tokyo, McEvoy took almost a one-year break from swimming while he contemplated his options. He decided he would return to the sport, but with a new training program that focused on more strength and resistance training than laps of the pool.

It paid off, and he won the gold by just five one-hundredths of a second from the silver medallist. The 50m field is very competitive and he is not ready to retire just yet.

Kaylee McKeown won the Women's Backstroke Double-Double

Kaylee McKeown is just the second female swimmer in Olympic history to complete the 'double double' after she won the 100m-200m Backstroke titles in Tokyo and now in Paris. Kaylee won gold in the backstroke double for the second consecutive Games. That's an amazing four gold medals in backstroke.

Saya Sakakibara won an historic BMX gold medal

This is Saya Sakakibara's first Olympic BMX gold medal, which is Australia's first gold medal in the history of the event.

The past four years have been an emotional journey for Saya, who considered retiring after crashing out of the Tokyo Olympics and suffering multiple concussions. Her support for her brother, Kai, after his life-altering brain injury in 2020, has been unwavering.

She produced an inspirational performance to top the podium in the women's BMX racing.



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